

KYIV INTERNATIONAL SCHOOL

KOZAK KORNER

Friday, Jan 10, 2020

Newsletter Issue #19



Knowledge • Integrity • Service



KYIV INTERNATIONAL SCHOOL

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January

8: Term 2 Begins

11: Weekend Preschool/Elementary Activities

13-17: Multi-Story Theater

13, 15, 18: KCA Basketball Tournament

17: Sec STUCO Winter Clash of Classes

20: MAP Testing Begins

22-23: MS Drama Performances

24: Family Movie Night

27: Kozak 45 Signups for Session III

31: Parent Teachers Conferences

31: Senior Portraits

February

4: Kozak 45 Session III Begins

LOOKING FORWARD TO A NEW DECADE

Happy New Year! I want to wish you all a wonderful 2020. It has been interesting to look back at the past decade and think of the many amazing things that have happened around the world, here in Ukraine, and also at KIS. Generally, a new year is always exciting to me, as the reflective component produces an "it's a new year, and it's going to be a new me" mentality. This year, however, a few things of importance have stood out. Instead of writing a giant article talking about all of them, I am splitting this article into 4 different parts that look at 4 different mindsets.



Mindset #1: Stress Mindset

Stress seems to be a major topic in the world...maybe it always has been, but more and more the conversation has been moving towards more systematic change. Perhaps you have been reading more articles concerning shorter work weeks, the value of holiday time, more mental health support, and gyms seem to be popping up everywhere.

Last school year, at KIS, we changed our Middle School and Secondary schedules and added the Kozak 30 time in an effort to try and change our students' day to be less hectic and reduce stress. This school year we added a Health and Wellness policy for staff that promoted taking some time in the day to exercise, destress, as well as an email policy that reduced evening and weekend work emails. Beyond some of these systematic changes, there may be value in changing our mindset when it comes to how we view stress. Kelly McGonigal, a Stanford psychologist, discusses how stress is our body's way of helping us grow and that some of these feelings are pushing us towards building relationships and seeking out support from those who care about us.

https://www.ted.com/talks/kelly_mcgonigal_how_to_make_stress_your_friend/discussion

So, what type of stress will we experience this year? How does our mindset concerning stress impact our health? Who are the people that care about that our stress is pushing us to reach out to? Many of the answers to those questions are personal, but when it comes to the stress that you might feel in regards to your child's education, I hope you don't hesitate to reach out to us throughout the year. Reach out, but also keep in mind that stress is good for us, it is good for our children, but only if we have a healthy perspective towards it. Consider the power and growth that comes from being resilient to stress, instead of trying to be resistant. It may be a common mistake for us to try and protect our children from all forms of stress, and instead, help equip them with a mindset and perspective that embraces it.

Welcome back, and I hope 2020 brings us all sorts of wonderful stresses and fantastic failures that help us grow and become better.

Mr. Luke Woodruff
Director



KYIV INTERNATIONAL SCHOOL SCHOOL SECURITY

Kyiv International School strives to provide your children with a safe and positive educational environment at all times. Our facilities are meant to be for students, staff, and parents to build school community and promote student and community activities. In alignment with the school's Child Protection Policies and Procedures, CEESA guidelines, and updated Middle States Accreditation requirements, KIS would like to inform everyone of the following campus safety and security regulations:

ENTRANCE TO KYIV INTERNATIONAL SCHOOL

Essentially, we always want to know WHO is on campus and WHY. KIS Security will open the inner door for those who have the appropriate ID or have checked in. This door is and should be locked at all times.



CAR ACCESS STICKERS

For cars to access the territory in the morning for drop off and pick up, you must have a parking sticker for the current school year. These stickers are available at reception. Security will only be allowing cars with these stickers onto the campus.



SCHOOL ID – WEAR THIS AT ALL TIMES

All adults planning to be on campus must have an ID or Visitor's Badge. If you do not have one already, please arrange to register for one from reception, and wear it at all times while at the school. The school must know who is on our campus and why at all times. KIS Security has been asked to have those without an ID badge to go through the check-in process.



CHECK-IN AT GUARD STATION (VISITOR'S BADGE)

Those who do not have a school ID or are visiting the campus will need to check-in at the guard station and get a visitor's badge. These need to be returned once an individual leaves the campus. There is a visitor's agreement on the back of every badge explaining some guidelines while on campus.

After School and Weekends

There are many activities going on at KIS, in the evenings and on the weekend. The entrance procedures are the same. Those who are not parents at KIS will need to check in at the guard station and receive a visitor's badge.



Student ID Cards

High School and Middle School students will be issued Student ID cards in order to access the campus on the weekends. Any groups planning to use facilities must coordinate this with a staff supervisor.

Easy Way to Show & Go!

It can be difficult to keep track of your ID card and just in case you leave it at home. Take a picture of it and always have it on your phone. This way you can easily Show it to security. We will be asking our middle school and secondary students to always have a picture of their ID on their phone.



Closed Campus

Kyiv International School is a closed campus. Once on campus, students are not permitted to leave the campus without parental permission and office approval before 3:35pm. Parents are asked to contact the divisional office managers if their child plans to leave school early. If a student feels unwell at school, the office staff will notify their parents and arrangements will be made to leave school. Students are not permitted to leave campus without prior parent written notification. Any students who leave campus will not be permitted to return on the same day without specific approval and permission.

Picking Up Students in the Middle of the Day

Parents and caregivers should go to reception to notify the school that they are picking up any student(s) and wait in the lobby while reception calls the teacher or department. School staff will escort the student to the lobby for pick up, if needed. An exit slip will be issued to show security when leaving early. In an effort of accountability, this helps the school to better know who is on and off campus at all times, each day.

Security Cameras

KIS has a video surveillance system on the campus, in order to safeguard its students, staff, parents, and others on campus. Video from the cameras are kept for 2–4 weeks. There are no cameras in private areas, such as bathrooms or changerooms, so we encourage all individuals to be extra careful with their belongings in these areas. If at any time, there may be a reason for the school to watch video from previous days, we ask you to consult school administration.

Video Recording in the Classroom

There are no cameras in any classrooms and students and parents are not permitted to take video of classrooms or lessons.

Theft and Missing Items

There are many people who access our campus throughout the day (students, staff, parents, drivers, nannies, teams from other schools, and other outside guests. For this reason it is extremely important to take care of your own personal items at all times. Most of the time, when an item goes missing, it is later found by the individual. However, at times there have been items taken by someone. If you are concerned about a missing item, please contact school administration to help look for it or look at our video surveillance.

KIS Appreciates Your Support & Cooperation

UPCOMING EVENTS



Kyiv International School is excited to welcome actors Bill Buffery and Gill Nathanson with the UK-based **Multistory Theatre Company** January 13-17. Students of all ages will attend performances, and many will also participate in drama and storytelling workshops. The actors will also present a special evening performance for the entire KIS community on Tuesday, January 14, so save that date! Here is an overview of this very exciting week at KIS:

Monday, January 13

Morning performance of **Twelve Wild Ducks** for students ages 2-8. Afternoon performance of Twelve Wild Ducks for students ages 9, 10, 11, and 12.

Tuesday, January 14

Morning performance of **Pandora** for 13 year olds and all secondary students. Afternoon workshops with 11 year old students. Evening performance of Pandora.

Wednesday, January 15

Morning workshops with Secondary I students. Afternoon workshops with 13 year old students..

Thursday, January 16

Morning workshops with 9 and 10 year old students. Afternoon workshops with Secondary I students.

Friday, January 17

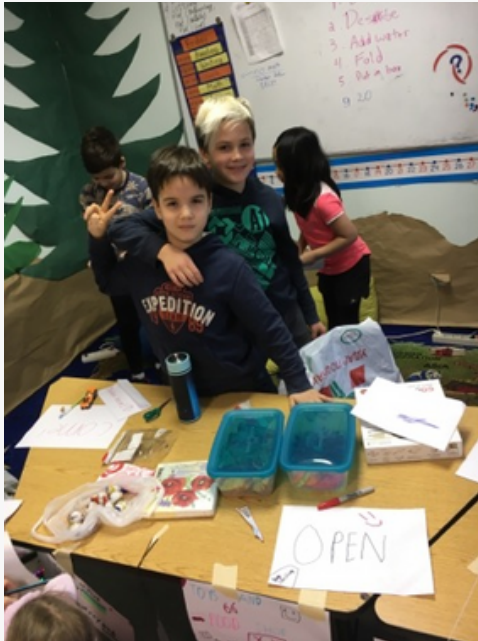
Morning workshops with secondary literature students. Afternoon workshops with secondary drama students.

ELEMENTARY



ELEMENTARY WINTER CONCERTS

The last couple of weeks before winter break was very busy for all Elementary classes' music students. WHY???? The entire Elementary had Winter Concerts and they were fabulous! 7 and 8-year olds started the Elementary music festival day with the program "Catch the Holiday Spirit". The audience was delighted as the student showed off their performing skills with dance, playing xylophones and recorders, singing and moving along with cheerful winter songs. 9 and 10-year olds continued the festivities by presenting their "Swinging Holiday" show. Pop, jazz and blues styles were all mixed up and performed by outstanding groups of singers and dancers. Students showed their skills on the recorder, ukulele, flute and saxophone. 6-year olds completed the Elementary music festival with their "Crazy New Year" concert. They demonstrated their talents to play on desk bells, rhythms sticks, maracas, and to sing and dance along with winter songs medley.



SCHOLAR DOLLAR

As you walk in the main entrance to KIS, above the doors you see the motto "Success For All." Our goal as teachers at KIS is to promote student success in every subject that we teach. The Eight-Year-Old Classes have worked together to create a program that promotes positive behavior in the classroom as well as a variety of additional important life skills.

The program is called Scholar Dollars. Students earn "points" by demonstrating their use of the Success Orientations in class. This can be anything from completing homework on time, to being kind and polite by helping someone in need. The points are collected over a number of weeks after which they are converted into Scholar Dollars. Three times a year, students can use these dollars to buy trinkets and toys from their classmates.

Just before the break we had our first sale. Students from 8B sold homemade cookies, handmade drawings and origami figures, salt dough Christmas ornaments, foods from their home countries, pencils, toys, etc. One student even sold "tickets" to use his drone for five minutes. All four classrooms were full of kids who had prepared hand-made items to sell to their friends. At the end of the day, their earnings were deposited into the Scholar Dollar Bank to be used at the next sale.

Not only does this activity promote positive behavior, it pairs well with our Math and Economics units. Students learned to be producers and consumers as they prepared and purchased their items. They thought through the "opportunity cost" of buying certain items instead of others. They practiced math skills as they made change for their peers.


The day ended with a floor full of excited students who had successfully demonstrated mastery of a variety of skills, while going home with bags of goodies.

KCA Invitational

The High School Girls Basketball Team and the JV Boys Basketball team are excited to participate in the KCA Invitational during the week of January 13th. Good Luck Kozaks.

Good Luck to the High School Boys team in Lviv! #kozak nation

Next week Middle School Schedule:



Tuesday	January 14	PSI A	KIS A	MSB	15:45	PSI
Tuesday	January 14	PSI B	KIS B	MSB	16:45	PSI
Tuesday	January 14	KIS B	PSI B	MSG	16:00	KIS
Tuesday	January 14	KIS A	PSI A	MSG	17:00	KIS
Tuesday	January 16	KIS	Avangard	MSG	16:45	KIS

THE YEAR AT A GLANCE



KYIV INTERNATIONAL SCHOOL 2019-2020 SCHOOL CALENDAR

August 2019 1

S	M	T	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September 2019 2

S	M	T	W	Th	F	Sa
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2019 3

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November 2019 4

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December 2019 5

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January 2020 6

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February 2020 7

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March 2020 8

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15	16	17	18	19	20	21
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29	30	31				

April 2020 9

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May 2020 10

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31						

June 2020 11

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28	29	30				

July 2020 12

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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
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First Day of Each Term
First Day of School - August 22nd
 Term 1: 22 Aug - 13 Dec
 Term 2: 8 Jan - 27 Mar
 Term 3: 30 Mar - 19 June
Last Day of School - June 19

First day of Quintile
 Quintile 1: 22 Aug - 11 Oct
 Quintile 2: 21 Oct - 11 Dec
 Quintile 3: 12 Dec - 2 Mar
 Quintile 4: 3 Mar - 22 Apr
 Quintile 5: 23 Apr - 19 June

School Holidays
26 Aug - Independence Day
14-18 Oct - Fall Break
16 Dec - 7 Jan - Winter Break
17-21 Feb - Ski Week
9 Mar - Int'l. Women's Day
27 Apr - 1 May - Easter/Labor Day
11 May - Victory Day