




SFASD MONTHLY MEAL PLANNER : April 2021 *Grades 5, 6, 7, 10, 11, and 12*

Food Service Director: Scott Orsini

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Depot Schedule for March will remain the same. Distribution will be on Mondays, Wednesdays & Fridays . Locations will be at Limerick <u>and</u> 5,6,7 Building . Depot times will be from 4:15 to 6:00. . If you have any questions please contact Scott Orsini at sorsiiic@spring-ford.net <div style="border: 1px solid black; padding: 5px;"> <p><u>Mondays Distribution</u> Meal #1 Tuesdays menu / Meal #2 Wednesdays menu <u>Wednesdays Distribution</u> Meal #1 Thursdays Menu / Meal #2 Fridays Menu <u>Fridays Distribution</u> Meal #1 Mondays Menu / Meal #2 Requested Weekend meals</p> </div>				
WEEK 2		6 Waffles W/ Sausage with <u>VEG Of The Day</u> Hash Browns <u>Fruit of the Day</u> Sliced Oranges	7 Cheese Ravioli w/ Marinara Sauce & Bread stick with <u>VEG Of The Day</u> Broccoli <u>Fruit of the Day</u> Cupped Fruit	8 Oven Baked Chicken Patty Sandwich with <u>VEG Of The Day</u> French Fries <u>Fruit of the Day</u> Cupped Fruit	9 Double Play Dog Day with <u>VEG Of The Day</u> Mac & Cheese <u>Fruit of the Day</u> Fresh Strawberries
WEEK 3	12 French Toast Sticks Served w/ Sausage with <u>VEG Of The Day</u> Hash Browns <u>Fruit of the Day</u> Cupped Fruit	13 Chicken Nugget Day with <u>VEG Of The Day</u> Smiley Tots <u>Fruit of the Day</u> Sliced Oranges	14 Sweet & Sour Chicken with <u>VEG Of The Day</u> Fried Rice <u>Fruit of the Day</u> Cupped Fruit	15 Hamburgers or Cheeseburgers with <u>VEG Of The Day</u> French Fries <u>Fruit of the Day</u> Cupped Fruit	16 Tony's Deep Dish Pizza with <u>VEG Of The Day</u> Carrot Sticks w/ ranch <u>Fruit of the Day</u> Fresh Strawberries
WEEK 4	19 Pancakes W/ Sausage with <u>VEG Of The Day</u> Hash Browns <u>Fruit of the Day</u> Cupped Fruit	20 Spaghetti W/ Meatballs with <u>VEG Of The Day</u> Fresh Broccoli <u>Fruit of the Day</u> Sliced Oranges	21 Cheesy Mashed Potato w/ Popcorn Chicken with <u>VEG Of The Day</u> Corn <u>Fruit of the Day</u> Cupped Fruit	22 Mac & Cheese with <u>VEG Of The Day</u> Green Beans <u>Fruit of the Day</u> Cupped Fruit	23 Pizza Sticks with <u>VEG Of The Day</u> Celery Sticks w/ Dip <u>Fruit of the Day</u> Fresh Strawberries
WEEK 5	26 Waffles W/ Sausage with <u>VEG Of The Day</u> Hash Browns <u>Fruit of the Day</u> Cupped Fruit	27 <u>Soup &</u> <u>Sandwich Day</u> Toasted Grilled Cheese with <u>VEG Of The Day</u> Tomato Soup <u>Fruit of the Day</u> Sliced Oranges	Hamburgers or Cheeseburgers with <u>VEG Of The Day</u> Peas <u>Fruit of the Day</u> Cupped Fruit	<u>Loaded Nacho</u> <u>Day</u> with <u>VEG Of The Day</u> Rice & Beans <u>Fruit of the Day</u> Cupped Fruit	Big Daddy's Pizza with <u>VEG Of The Day</u> Sweet Potato Fries <u>Fruit of the Day</u> Fresh Strawberries



Breakfast Weekly Menu

Monday— Assorted Cereal w/ Graham Crackers
 Tuesday— Chocolate Chip Muffins
 Wednesday— Egg Sandwich on English Muffin
 Thursday— Bagel & Cream Cheese
 Friday — Assorted Cereal Bars w/ Animal Crackers

Each item will be served along with :
Fruit of the day,
Flavored milk,
Flavored 4oz juice.



Alternative Cold Lunch Menu

Monday— Turkey & Cheese hoagie
 Tuesday— Garden salad served with roasted chicken strips
 Wednesday— Buffalo Chicken Wrap
 Thursday— Caesar salad served with roasted popcorn chicken
 Friday — Ham & Cheese served on a club roll

All sandwiches will be served with Bagged carrots and fruit of the day.
All salads will be served with fruit of the day.





What's Going on for April



April 7 is world health day. We will have handouts available for the students to learn how the food we eat effects our health.



April 9 will be Baseball opening day . We will be serving double dog day to celebrate Americas favorite past time.



April 22 is earth day. We will have coloring sheets to hand out that are informative and fun.



April 27 is National Grill Cheese day. We will be offering the cheesiest grill cheese for the Spring -Ford students.

As spring in in the air we hope that all enjoy the upcoming warm weather and most of be safe in your travels and activities.

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