




# SFASD MONTHLY MEAL PLANNER : April 2021 Grades 1 thru 4

Food Service Director: Scott Orsini

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>	Depot Schedule for March will remain the same. Distribution will be on Mondays, Wednesdays & Fridays . Locations will be at Limerick <u>and</u> 5,6,7 Building . Depot times will be from 4:15 to 6:00. . If you have any questions please contact Scott Orsini at sorsiiic@spring-ford.net  <div style="border: 1px solid black; padding: 5px;"> <p><u>Mondays Distribution</u> Meal #1 Tuesdays menu / Meal #2 Wednesdays menu <u>Wednesdays Distribution</u> Meal #1 Thursdays Menu / Meal #2 Fridays Menu <u>Fridays Distribution</u> Meal #1 Mondays Menu / Meal #2 Requested Weekend meals</p> </div>				
<b>WEEK 2</b>		<b>6</b> Waffles W/ Sausage  with <u>VEG Of The Day</u> Hash Browns <u>Fruit of the Day</u> Sliced Oranges	<b>7</b> Cheese Ravioli w/ Marinara Sauce & Bread stick  with <u>VEG Of The Day</u> Broccoli <u>Fruit of the Day</u> Cupped Fruit	<b>8</b> Oven Baked Chicken Patty Sandwich  with <u>VEG Of The Day</u> French Fries <u>Fruit of the Day</u> Cupped Fruit	<b>9</b> Double Play Dog Day  with <u>VEG Of The Day</u> Mac & Cheese <u>Fruit of the Day</u> Fresh Strawberries
<b>WEEK 3</b>	<b>12</b> French Toast Sticks Served w/ Sausage  with <u>VEG Of The Day</u> Hash Browns <u>Fruit of the Day</u> Cupped Fruit	<b>13</b> Twin Tacos  with <u>VEG Of The Day</u> Southwest Corn <u>Fruit of the Day</u> Sliced Oranges	<b>14</b> Sweet & Sour Chicken  with <u>VEG Of The Day</u> Fried Rice <u>Fruit of the Day</u> Cupped Fruit	<b>15</b> Hamburgers or Cheeseburgers  with <u>VEG Of The Day</u> French Fries <u>Fruit of the Day</u> Cupped Fruit	<b>16</b> Tony's Deep Dish Pizza  with <u>VEG Of The Day</u> Smiley Tots <u>Fruit of the Day</u> Fresh Strawberries
<b>WEEK 4</b>	<b>19</b> Pancakes W/ Sausage  with <u>VEG Of The Day</u> Hash Browns <u>Fruit of the Day</u> Cupped Fruit	<b>20</b> Spaghetti W/ Meatballs  with <u>VEG Of The Day</u> Fresh Broccoli <u>Fruit of the Day</u> Sliced Oranges	<b>21</b> Cheesy Mashed Potato w/ Popcorn Chicken  with <u>VEG Of The Day</u> Corn <u>Fruit of the Day</u> Cupped Fruit	<b>22</b> Mac & Cheese  with <u>VEG Of The Day</u> Green Beans <u>Fruit of the Day</u> Cupped Fruit	<b>23</b> Pizza Sticks  with <u>VEG Of The Day</u> Celery Sticks w/ Dip <u>Fruit of the Day</u> Fresh Strawberries
<b>WEEK 5</b>	<b>26</b> Waffles W/ Sausage  with <u>VEG Of The Day</u> Hash Browns <u>Fruit of the Day</u> Cupped Fruit	<b>27</b> <u>Soup &amp;</u> <u>Sandwich Day</u> Toasted Grilled Cheese  with <u>VEG Of The Day</u> Tomato Soup <u>Fruit of the Day</u> Sliced Oranges	Hamburgers or Cheeseburgers  with <u>VEG Of The Day</u> Peas <u>Fruit of the Day</u> Cupped Fruit	<u>Loaded Nacho</u> <u>Day</u>  with <u>VEG Of The Day</u> Rice & Beans <u>Fruit of the Day</u> Cupped Fruit	Big Daddy's Pizza  with <u>VEG Of The Day</u> Sweet Potato Fries <u>Fruit of the Day</u> Fresh Strawberries



**Breakfast Weekly Menu**

Monday— Assorted Cereal w/ Graham Crackers  
 Tuesday— Chocolate Chip Muffins  
 Wednesday— Egg Sandwich on English Muffin  
 Thursday— Bagel & Cream Cheese  
 Friday — Assorted Cereal Bars w/ Animal Crackers

**Each item will be served along with :**  
**Fruit of the day,**  
**Flavored milk,**  
**Flavored 4oz juice.**



**Alternative Daily Hot Entrée Items**

Chicken Nuggets –w/Vegetable & Fruit choice  
 Cheese Pizza–w/Vegetable & Fruit choice (**Vegetarian**)  
 Spring-Ford Salad - w/Fruit choice (**Vegetarian**)

**Alternative Cold Lunch Menu**

Monday— Turkey & Cheese hoagie  
 Tuesday— Garden salad  
 Wednesday— Buffalo Chicken Wrap  
 Thursday— Caesar salad  
 Friday — Ham & Cheese served on a club roll

**Alternative Daily Fruit & Vegetable**

Bagged Carrots w/ Dip  
 Sliced Apples





# What's Going on for April



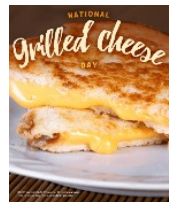
April 7 is world health day. We will have handouts available for the students to learn how the food we eat effects our health.



April 9 will be Baseball opening day . We will be serving double dog day to celebrate Americas favorite past time.



April 22 is earth day. We will have coloring sheets to hand out that are informative and fun.



April 27 is National Grill Cheese day. We will be offering the cheesiest grill cheese for the Spring -Ford students.

**As spring in in the air we hope that all enjoy the upcoming warm weather and most of be safe in your travels and activities.**

*Scott Orsini*  
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