

Maryville Girls Volleyball for Upcoming Grades 6, 7, and 8 Open Gym and Tryout Information for the Fall 2021 Season

Thank you for your interest in the Maryville Volleyball program. Because we will begin game play as soon as school begins in the fall, tryouts and practices will take place this spring. Included in this packet are the open gym and tryout schedule, player expectations, participation form, and emergency treatment form.

OPEN GYM SESSIONS for upcoming 6th, 7th, and 8th graders (current 5th, 6th, and 7th graders)

Instruction and practice with skills that will be evaluated during tryouts. Attendance is optional, but highly encouraged.

March 30 (Tuesday) FOR CGIS GIRLS ONLY @ Coulter Grove - 3:40 - 5:40 pm

April 7 (Wednesday) FOR MRIS GIRLS ONLY @ Montgomery Ridge - 3:40 – 5:40 pm

TRYOUTS – Week of April 12 (Monday) @ Maryville Junior High School – 3:45 – 5:45 pm

The first day of tryouts will be April 12, and we will make cuts each day that week until the final teams are selected. Athletes participating in spring sports may try out—please let the coaches know if there is a conflict with the tryout dates so that arrangements can be made. MJHS Spring sport athletes who make the team will join volleyball practices once their other seasons are complete. Our volleyball season runs from August through October (ending just before Fall break). Bus transportation is available from the intermediate schools to MJHS if needed—MRIS students may ride bus #62 and CGIS students may ride bus #14 to MJHS.

Prospective players will be evaluated on their demonstration of fundamental volleyball skills as well as their overall work ethic, hustle, enthusiasm, and positive attitude. We will select approximately 20-25 girls, which will make up our Varsity team and Junior Varsity team. Once the teams are finalized, we will begin practicing at Maryville Junior High School in order to prepare for the fall season. Practices will be after school each day from 3:45-5:45 p.m.

COVID-19 DISCLAIMER

Though the district and supervising staff will work hard to implement and abide by guidelines set out to avoid COVID-19 related risks, there is no guarantee participants will be kept from possible exposure. By allowing your daughter to participate in volleyball open gyms, tryouts, and practices, you understand that your daughter's attendance will require her to physically interact with MCS staff and other MCS students and possible exposure to COVID-19 is unavoidable. With this knowledge, you assume all related risks and agree to hold harmless the District from any and all liability, claims, and demands of any kind which may arise from your child's voluntary participation.

REQUIRED PAPERWORK

If your daughter is interested in participating in the open gym sessions and/or tryouts, **please complete the Participation Form and the Emergency Treatment form (the last 2 pages of the packet)** and have her return these to the coaches the first day she attends. Also, please read the information and expectations included in this info packet. This information is provided so that you can understand the commitment involved in being involved with athletics at the Junior High level and can ensure that your family is able to honor this commitment if your daughter is selected for the MJHS team.

Thanks again for your interest in the MJHS volleyball program. If you have further questions, please contact us.

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Maryville Junior High Volleyball Information for Potential Players

The following information applies to girls selected for the MJHS Volleyball Team. It is provided in an effort to be clear of what the expectations will be if you make the team. If you cannot make these commitments, please do not proceed with tryouts.

Time Commitment and “Team” Mindset

Being a member of the volleyball team requires a substantial time commitment. Players are expected to attend all practices and games. During spring practice (April 19 - May 13), we will practice Mon-Thurs from 3:45-5:45 pm. In the fall, we will practice Mon-Fri at the same times. In the past, both the JV and Varsity teams play two nights a week and play a couple of matches each of these nights. Matches take place at the Club Unite Volleyball Facility in Knoxville. Placement on the Varsity or JV team will occur at a later date. If there is a conflict with a *school-sponsored event/organization*, we can work with you to find a compromise. Should there be extenuating circumstances when a player must miss a practice or a match, she should communicate with the coaches as soon as possible. While in season, volleyball should take precedence over any non-school event or team. In addition, players are expected to have a positive, team-oriented attitude and accept whatever role they have during any given situation of a practice or a match—whether it is as a starter, a sub, or supporting/cheering from the bench. “Team” players do whatever it takes to put the team first and individual wants and beliefs second.

Physicals

Team members must turn in a completed physical form to the coaches by April 22. Physicals are valid for one year, so a physical used for another sport can be used if it is still valid. Keep in mind that walk-in clinics such as Walgreen’s and CVS often have longer hours (even weekends) and can allow you to get an appointment on short notice without missing school or practice.

Summer Workouts, Team Camp, and Practices

Once this school year is over, we will take a break from volleyball for the rest of May and all of June. During this time, all team members should stay active by completing workouts distributed by the coaches. Team members will also be given instructions on skills and drills that can be completed individually at home. Starting in July, we will offer several practice opportunities over the summer. Players are strongly encouraged to attend if they are in town, but will not be penalized for missing summer practices or camp.

Required Equipment and Attire

Please do not purchase volleyball equipment until tryouts are completed and we can discuss further. When spring practices begin, court shoes (not necessarily volleyball shoes) are required. (Running shoes have too much thickness in the heel and may result in ankle injuries.) Knee pads and ankle braces are also required equipment for players. Ankle braces will not guarantee that there is never an ankle injury, but they can minimize the injury when it occurs. In the fall, team members will need to purchase a pair of solid black spandex to be worn with the jersey (which is provided) on game days.

Participation Fee

There is a participation fee for each player. This fee helps defray the cost of league and tournament fees, officials, various equipment needed throughout the season (volleyballs, nets, etc.), and uniforms. We will know more once we learn what the league fees will be this year, but expect each player’s participation fee to be less than \$100.

PARTICIPATION FORM

BY SIGNING AND DATING THIS PARTICIPATION FORM, YOU GIVE CONSENT FOR YOUR CHILD TO PARTICIPATE IN ALL VOLLEYBALL ACTIVITIES THROUGHOUT THE YEAR AND ACKNOWLEDGE HAVING READ AND UNDERSTOOD ALL OF THE TERMS AND CONDITIONS RELATED TO COVID-19 EXPOSURE RISKS AND RELEASE OF LIABILITY. YOU AFFIRM THAT YOUR CHILD DOES NOT HAVE ANY PHYSICAL CONDITION THAT WOULD PROHIBIT HER SAFE PARTICIPATION IN THESE ACTIVITIES. YOU ALSO ACKNOWLEDGE THAT YOU ARE AWARE OF AND ARE ABLE TO HONOR THE LEVEL OF COMMITMENT THAT BEING PART OF THE MJHS VOLLEYBALL TEAM INVOLVES.

Please complete this participation form and the Emergency Treatment Form and return it to the coaches. If your daughter makes the team, please turn in a completed physical by April 22. (Physicals are good for one year from the date signed by the physician and should cover the player through October 2021.)

Please list any medical/health information (if applicable): _____

Parent/Guardian signature

Emergency contact numbers

Student name

Current School

Current Grade

I. EMERGENCY TREATMENT

To All Parents:

Since the malpractice question has come to the forefront, many hospitals and doctors will not treat a child without parent's consent (unless a matter of life or death). It is requested that you complete the information below so that if your child requires a visit to the hospital while under the supervision of the school, this will allow the hospital to treat the injury.

EMERGENCY INFORMATION

Name: _____ Sport: _____ Sex: M _____ F _____

Grade: _____ Age: _____ Date of Birth: ____/____/____

Parent's Name: _____

Work Address: _____

Phone Number: _____

Home Address: _____

Phone Number: _____

Another Person to Contact: _____

Relationship: _____ Phone Number: _____

Insurance Name: _____

Policy and Group Numbers: _____

ALLERGIES: _____

Consent Statement: Authorizing Treatment

Parent's Signature: _____

Student's Signature (if over age 18): _____

II. PARENT'S CONSENT

I hereby give my consent for _____ (Name of Student) to represent Maryville Junior High School in the sport of Volleyball.

Date: _____

Signature: _____