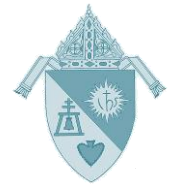


# Office of Catholic Schools

## Diocese of San Bernardino



**DR. SAMUEL TORRES**  
Superintendent

**MARIBEL ARGUELLES-ORTIZ, M.A.Ed.**  
Associate Superintendent

**DR. AUSTIN CONLEY III**  
Director of Advancement

March 24, 2021

Catholic School Communities,  
Happy Easter and may the peace of the risen Christ be with you.

Below are the links to the traveling guidelines from CDC. Let us all be vigilant in following Diocesan protocols to ensure that we are not contributing to any undue outbursts of the virus, nor positivity case expansion at our places of employment, parishes, or schools.

It is not entirely clear as to how effective the existing vaccines are against the new variants. It is strongly advised that even those who are vaccinated, continue to practice Covid-19 protocols, and only socially gather with others who have received the full vaccines with only up to a maximum of three households. Remember, it does take several weeks after the second dose for the vaccines to become 95% effective.

We remind you of the travel advisory and travel guidelines issued in January by the California Department of Public Health. The January travel advisory, the last one issued by the State, is attached. New travel restrictions were issued in January due to the new strains of the virus, and the very high rates of virus here in California, as well as Texas, Arizona, and Florida.

The CDC recommends that you do not travel at this time. Delay travel and stay home to protect yourself, your family, and others from Covid-19. If you must travel:

- If you are traveling, get tested with a viral test 1-3 days before your trip. Make sure you have the results of your negative test before you travel. Keep a copy of your results with you during travel; you might be asked for them.
- **Do not travel if you test positive.** Immediately isolate yourself, and follow public health recommendations.
- Get tested again with a viral test 3-5 days after your trip and stay home and self-quarantine for a full 7 days after travel, even if your test is negative. If you do not get tested, stay home and self-quarantine for 10 days after travel.

In addition, the Diocese has maintained its 'self-quarantine' time of 14 days, rather than the 10-day minimum, to absolutely ensure that there is no risk to virus erupting. This applies to travel outside of California and out of the country, as well.

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html>

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/after-travel-precautions.html>

[https://www.cdc.gov/coronavirus/2019ncov/travelers/pdf/TESTING\\_FLYER\\_8.5x11\\_ENGLISH-p.pdf](https://www.cdc.gov/coronavirus/2019ncov/travelers/pdf/TESTING_FLYER_8.5x11_ENGLISH-p.pdf)

Peace and Blessings,

*Dr. Samuel Torres*

Dr. Samuel Torres  
Superintendent of Catholic Schools

