



PK-12 Athletics Health and Safety Plan Template

The decision to resume sports-related activities, including conditioning, practices and games, is within the discretion of a school entity's governing body. Each school entity must develop and adopt an Athletics Health and Safety Plan aligning to the PDE Preliminary Guidance for Phased Reopening of Pre-K to 12 Schools prior to conducting sports-related activities with students. The plan must include the provisions of this guidance, be approved by the local governing body of the school entity, and be posted on the school entity's publicly available website. School entities should also consider whether the implementation of the plan requires the adoption of a new policy or revision of an existing policy.

Each school entity should continue to monitor its Athletics Health and Safety Plan throughout the year and update as needed. All revisions should be reviewed and approved by the governing body prior to posting on the school entity's public website.

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Athletics Health and Safety Plan: Marple Newtown School District

All decision-makers should be mindful that as long as there are cases of COVID-19 in the community, there are no strategies that completely eliminate transmission risk within a school population. The goal is to keep transmission as low as possible to safely continue school activities. All school activities must be informed by [Governor Wolf's Process to Reopen Pennsylvania](#). The administration has categorized reopening into three broad phases: red, yellow, or green. These designations signal how counties and/or regions may begin easing some restrictions on school, work, congregate settings, and social interactions:

- Red Phase: Schools remain closed for in-person instruction and no sports are allowed in counties designated as being in the Red Phase.
- Yellow Phase and Green Phase: Schools may resume sports-related activities after developing a written Athletics Health and Safety Plan, to be approved by the local governing body (e.g. board of directors/trustees) and posted on the school entity's publicly available website.

Use this template to document your LEA's plan to bring back student athletes and coaching staff, how you will communicate the type with stakeholders in your community, and the process for continued monitoring of local health data to assess implications for school sports-related activity operations and potential adjustments throughout the school year.

Your school entity should account for changing conditions in your local Athletics Health and Safety Plan to ensure seamless transition from more to less restrictive conditions in each of the phase requirements as needed. Depending upon the public health conditions in any county within the Commonwealth, there could be additional actions, orders, or guidance provided by the Pennsylvania Department of Education (PDE) and/or the Pennsylvania Department of Health (DOH) designating the county as being in the red, yellow, or green phase. Some counties may not experience a straight path from a red designation, to a yellow, and then a green designation. Instead, cycling back and forth between less restrictive to more restrictive designations may occur as public health indicators improve or worsen.

Resuming PK-12 Sports-Related Activities

Key Questions

- How do you plan to bring student athletes and staff back to physical school buildings, particularly if social distancing is still required?
- How did you engage stakeholders in the decision to resume sports-related activities, including try-outs, conditioning, practices, and games?
- How will you communicate your plan to your local sports and school communities? We will put it on our website, email it out and have a zoom meeting to cover plan just like when we had the voluntary plan rolled out and same that fall sports followed.
- Once you resume sports-related activities, what will the decision-making process look like to prompt a school closure or other significant modification to sports activities? The CCHD and school nurse, and now Carol Sue Caldwell who is in charge MNSD Co-Vid 19.

Summary of Responses to Key Questions:

Anticipated launch date for sports related activities **March 8th practices, scrimmages/games March 13th**

Primary Point of Contact

Each school entity must designate a primary point of contact with defined roles and responsibilities for health and safety preparedness and response planning for sports-related activities. The point of contact will be responsible for responding to all questions related to COVID-19. All parents, student athletes, officials, and coaches must be provided the person's contact information.

Point of Contact Name	Position of Point of Contact	Contact Information
Chris Gicking and Julie Rufo	Athletic Directors	cgicking@mnsd.org jrufo@mnsd.org

Key Strategies, Policies, and Procedures

Use the action plan templates on the following pages to create a thorough plan for each of the requirements outlined in the [Pennsylvania Guidance for All Sports Permitted to Operate During the COVID-19 Disaster Emergency](#).

For each domain of the Athletics Health and Safety Plan, draft a detailed summary describing the key strategies, policies, and procedures your LEA will employ to satisfy the requirements of the domain. The domain summary will serve as the public-facing description of the efforts your LEA will take to ensure health and safety of every stakeholder in your local education community. Thus, the summary should be focused on the key information that staff, students, and families will require to clearly understand your local plan for the phased reopening of schools. Use the key questions to guide your domain summaries.

For each requirement within each domain, document the following:

- **Action Steps under Yellow and Green Phase:** Identify the discrete action steps required to prepare for and implement the requirement under the guidelines outlined for counties in yellow or green. List the discrete action steps for each requirement in sequential order.
- **Lead Individual(s) and Position(s):** List each person responsible for ensuring the action steps are fully planned and the system is prepared for effective implementation.
- **Materials, Resources, and/or Supports Needed:** List any materials, resources, or supports required to implement the requirement.
- **Professional Development (PD) Required:** Identify the training or professional development that will be provided to staff, students, families, and other stakeholders to implement each requirement effectively.

In the following tables, an asterisk (*) denotes a mandatory element of the plan. All other requirements are highly encouraged to the extent possible.

Cleaning, Sanitizing, Disinfecting, and Ventilation

Key Questions

- How will you ensure the athletic facilities are cleaned and ready to safely welcome coaching staff and student athletes? Please see chart below
- How often will you implement cleaning, sanitation, disinfecting, and ventilation protocols/procedures to maintain coaching staff and student athlete safety? Please see chart below
- What protocols will you put in place to clean and disinfect throughout the day? Please see chart below
- Which stakeholders will be trained on cleaning, sanitizing, disinfecting, and ventilation protocols? When and how will the training be provided? How will preparedness to implement as a result of the training be measured? Please see chart below

Summary of Responses to Key Questions:

For both yellow and green:

Clean and disinfect frequently touched surfaces and objects within the school and on school buses at least daily, including door handles, sink handles, and drinking fountains.

Ensure ventilation systems operate properly and increase circulation of outdoor air by opening windows and doors when possible. Change and clean filters on a quarterly basis.

Take steps to limit or prohibit the use of communal drinking fountains and provide safe alternatives for providing water when possible.

Provide hand sanitizers in all hallways.

Normal routine cleaning with soap and water will decrease how much of the virus is on surfaces and objects, which reduces the risk of exposure.

Disinfection using EPA-approved disinfectants against COVID-19 can also help reduce the risk. Frequent disinfection of surfaces and objects touched by multiple people is important.

When EPA-approved disinfectants are not available, alternative disinfectants can be used (for example, 1/3 cup of bleach added to 1 gallon of water, or 70% alcohol solutions).

Normal routine cleaning with soap and water removes germs and dirt from surfaces. It lowers the risk of spreading COVID-19 infection.

Disinfectants kill germs on surfaces. By killing germs on a surface after cleaning, you can further lower the risk of spreading of bacteria. disinfectants on this list are in short supply, alternative disinfectants can be used (for example, 1/3 cup of bleach added to 1 gallon of water, or 70% alcohol solutions).

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
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<p>* Cleaning, sanitizing, disinfecting, and ventilating spaces, surfaces, and any other areas used by student athletes and sporting activities (i.e., restrooms, drinking fountains, locker rooms and transportation)</p>	<p>For both yellow and green:</p> <p>Clean and disinfect frequently touched surfaces and objects within the school and on school buses at least daily, including door handles, sink handles, and drinking fountains.</p> <p>Ensure ventilation systems operate properly and increase circulation of outdoor air by opening windows and doors when possible. Change and clean filters on a quarterly basis.</p> <p>Take steps to limit or prohibit the use of communal drinking fountains and provide safe alternatives for providing water when possible.</p> <p>Provide hand sanitizers in all hallways.</p>	<p>Jake Gallagher Director of Facilities</p> <p>Dan McCormick Coordinator of Facilities</p> <p>Elementary supervisor Glenn Sharp</p> <p>Middle School supervisor Al Dryer</p> <p>High School supervisor Mike Facciolio</p>	<p>Follow CDC Guidelines</p>	<p>Yes</p>
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<p>Other cleaning, sanitizing, disinfecting, and ventilation practices</p>	<p>Normal routine cleaning with soap and water will decrease how much of the virus is on surfaces and objects, which reduces the risk of exposure.</p> <p>Disinfection using EPA-approved disinfectants against COVID-19 can also help reduce the risk. Frequent disinfection of surfaces and objects touched by multiple people is important.</p> <p>When EPA-approved disinfectants are not available, alternative disinfectants can be used (for example, 1/3 cup of bleach added to 1 gallon of water, or 70% alcohol solutions).</p> <p>Normal routine cleaning with soap and water removes germs and dirt from surfaces. It lowers the risk of spreading COVID-19 infection.</p> <p>Disinfectants kill germs on surfaces. By killing germs on a surface after cleaning, you can further lower the risk of spreading of bacteria. disinfectants on this list are in short supply, alternative disinfectants can be used (for example, 1/3 cup of bleach added to 1 gallon of water, or 70% alcohol solutions).</p>	<p>Jake Gallagher Director of Facilities</p> <p>Dan McCormick Coordinator of Facilities</p> <p>Elementary supervisor Glenn Sharp</p> <p>Middle School supervisor Al Dryer</p> <p>High School supervisor Mike Facciolio</p>	<p>Follow CDC guidelines</p>	<p>Yes</p>
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Social Distancing and Other Safety Protocols

Key Questions

- How will conditioning, practice, and game spaces be organized and scheduled to mitigate spread? When at practice or in competition, any unnecessary contact should be avoided such as handshakes, high fives.
- How will you group student athletes with coaches to limit the number of individuals who come into contact with one another throughout the conditioning, practices, meetings, team meals, games, etc.? Student athletes, coaches, and staff will use masks when in all indoor and outdoor spaces. This is inclusive of the athletic training rooms and weight rooms.
- What policies and procedures will govern use of other communal spaces (locker rooms, restrooms)? Student athletes, coaches, and staff will use masks when in all indoor/outdoor spaces. This is inclusive of the athletic training rooms and weight rooms.
- How will you utilize indoor space to meet social distancing requirements? We will maximize all indoor space to spread out, utilize pods for conditioning and practice, and when doing any vigorous-intensity exercise when possible stay at least 6 feet away from other participants. Masks will be worn by student athletes in accordance to state law.
- What hygiene routines will be implemented? All drinking fountains will be closed and mouthpieces taped. Bottle fillers will be in use where applicable. Each closed fountain will be flushed at the end of each day.
- How will you adjust student transportation to meet social distancing requirements? Adjusting transportation schedules and practices to create social distance between students.
- Which stakeholders will be trained on social distancing and other safety protocols? When and how will the training be provided? We will follow CDC, state, county, and MNSD guidelines. We will do zoom meetings, have our plan on our website.
- **Summary of Responses to Key Questions:**
- For purposes of implementing and enforcing the MNSD Athletic Plan the Athletic Directors will oversee this plan with the support and guidance of the Pandemic Team coordinators.
- All in season workouts are open.
- While there is still an inherent risk of infection for those participating, everyone in attendance should be actively working towards decreasing the risk of transmission to others by adhering to the MNSD procedures set forth in this plan.
- Everyone should arrive and leave at the scheduled time to avoid overlap in groups and minimize the number of occupants.

- Scheduled times will not overlap so there is time for the prior group to leave and allows sufficient amount of time for the next group to arrive. For example, if Varsity girls lacrosse ends at 5:45pm, varsity boys lacrosse will start at 6:00pm.
- All athletes should clean individual equipment (personal and school-issued) and clothing after every use. Coaches will clean all team/shared equipment after every use.
- There is to be no unnecessary physical contact at this time of any kind such as no handshakes, fist-bumps, high-fives, etc.
- All organized workouts MUST be cleared and scheduled with the Athletic Department.
- Athletic Directors will present, explain, and inform coaches through zoom to go over all of these details. Coaches will then do the same with their individual teams.
- Conditioning, Individual Drills, and Group Drills
- Workouts should be contained in pods. These pods remain together for all activity and intermingle with other pods as little as possible.
- Limit group huddles.
- Instruction can be given in a physically distant manner.
- Stretching, warmups, and cool downs can be done in a physically distant manner.
- No locker room use except where changing clothes is necessary to protect student health and safety. Guidelines regarding masking, distancing, limited occupancy, and cleaning will be followed for any use of locker room facilities.
- Restrooms should be used one at a time if needed.
- Fitness Center activities should be limited to those that allow for physical distancing (side-spotting should be utilized when needed) and equipment will be sprayed down and wiped after each use. The Fitness Center will also be deep cleaned by custodial and/or coaching staff at the conclusion of each day.
- Athletes should take frequent breaks for hand-washing or hand sanitizer use.
- Facial coverings are required for all coaches. Masks will be worn by student athletes in accordance to state law.
- Limit shared objects to those required for sport only (i.e, balls/sticks, etc.).
- Athletes must bring their own water supply and avoid sharing towels, pinnies, or any other items.
- Team equipment will be cleaned at the conclusion of each session by coaching and/or custodial staff and individual clothing or equipment (team issued or personal) should be cleaned at the conclusion of each session by participant.
- Team meetings will be down in a physically distant way.

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Protocols for social distancing student athletes and staff throughout all activities, to the maximum extent feasible	Staggered schedules, start and end times to limit crowds.	Chris Gicking/Julie Rufo AD's and Bryan Mizell athletic trainer		
* Procedures for serving food at events	We will follow CDC, state, county, and MNSD guidelines just like outdoor restaurants.			
* Hygiene practices for student athletes and staff which include the manner and frequency of hand-washing and other best practices	Players should refrain from high fives, handshake lines and any excessive physical contact outside the field of play with teammates, opposing players, coaches, game officials and fans. A "tip the cap" can be used following the game or activity in lieu of the handshake line.			
* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs	Signage will be consistent within all school district building and posted in the same locations in each building.			

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Identifying and restricting non-essential visitors and volunteers	Volunteers will have to fill out appropriate paperwork. Visitors will be permitted to use certain outdoor facilities, such as, for example, tennis courts and track, during non-school hours. All visitors must wear masks and observe social distancing. The District has the sole discretion to determine which facilities will be open to visitors and the dates and times of availability and reserves the right to prohibit or limit all non-essential visitors for any reason. The District also has the right to request that any visitor not in compliance with the District's health and safety protocols immediately leave the premises.			
Limiting the sharing of materials and equipment among student athletes	We will limit sharing of materials and equipment as best as possible and will clean them frequently.			
Staggering the use of communal spaces (i.e., locker rooms, weight rooms, etc.)	We will have small assigned groups in weight room/locker room etc. to limit the amount of people all together. We will limit the number of people in locations in accordance to state occupancy limits.			
Adjusting transportation schedules and practices to create social distance	We will follow CDC, state, county and MNSD guidelines.			
Limiting the number of individuals in athletic activity spaces, and interactions between groups of student athletes	We will limit the amount of student athletes at the same time.			

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
Other social distancing and safety practices	Students and staff who are at risk are not required to participate on campus, but will be asked to participate via other means.			

Monitoring Student Athletes and Staff Health

Key Questions

- How will you monitor student athletes, coaches, and others who interact with each other to ensure they are healthy and not exhibiting signs of illness? Please see chart below
- Who will be responsible for monitoring? Please see chart below
- Where will the monitoring take place? Please see chart below
- When and how frequently will the monitoring take place? Please see chart below
- What is the policy for quarantine or isolation if a coach, student athlete, or other member of the school community becomes ill or has been exposed to an individual confirmed positive for COVID-19? What conditions will a coach or student athlete confirmed to have COVID-19 need to meet to safely return to sports activities? Which staff will be responsible for making decisions regarding quarantine or isolation requirements of coaches or student athletes? Please see chart below (Carol Sue Caldwell)
- When and how will families be notified of confirmed coach or student athlete illness or exposure and resulting changes to the local Athletics Health and Safety Plan? Please see chart below
- Which stakeholders will be trained on protocols for monitoring student athlete and staff health? When and how will the training be provided? Please see chart below

Summary of Responses to Key Questions:

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
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<p>* Monitoring student athletes and staff for symptoms and history of exposure</p>	<p><u>Screening Procedure</u></p> <ul style="list-style-type: none"> ● Screening survey should be completed the same day as practice/game and athlete and coach may not remain on campus if the screening survey is not completed. ● Athletes should complete screening in consultation with parents. ● Screening Survey Questions: <ul style="list-style-type: none"> ○ In the past 72 hours, have you or anyone in your household experienced symptoms of acute respiratory illness, such as: a fever of 99.5°F or higher, fatigue, body aches, cough, shortness of breath, sore throat, runny/stuffy nose, chills? ○ In the past 14 days, have you had close contact (i.e. within 6 feet for more than a few minutes) with anyone who tested positive for COVID-19 (AKA coronavirus), is in the process of being tested for COVID-19, is isolating <p>as a result of a suspected COVID-19 infection, or is experiencing acute symptoms of COVID-19?</p>	<p>Bryan Mizell Athletic trainer</p> <p>Chris Gicking and Julie Rufo Athletic directors</p>		
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- If 'yes' to either question or you are concerned that you may be ill, remain home.

- An athletic trainer will contact parents of athletes who have answered 'yes' to any questions.

- At a minimum, students (and any members of their household) will need to be withheld from all activities in accordance with state and local health guidelines. Additionally, students may need to be cleared by a physician to return depending on severity and length of symptoms.

- Athletes who previously were diagnosed with COVID-19 and have since recovered should receive clearance from treating health care provider and notify coaches and athletic trainers so an appropriate return to play plan can be established.

- If anyone tests positive for COVID-19 who was at a workout within 14 days, appropriate notification and tracing will be initiated.

<p>* Isolating or quarantining student athletes, coaching staff, or visitors if they become sick or demonstrate a history of exposure</p>	<p><u>Screening Procedure</u></p> <ul style="list-style-type: none"> ● Screening survey should be completed the same day as practice/game and athlete and coach may not remain on campus if the screening survey is not completed. ● Athletes should complete screening in consultation with parents. ● Screening Survey Questions: <ul style="list-style-type: none"> ○ In the past 72 hours, have you or anyone in your household experienced symptoms of acute respiratory illness, such as: a fever of 99.5°F or higher, fatigue, body aches, cough, shortness of breath, sore throat, runny/stuffy nose, chills? ○ In the past 14 days, have you had close contact (i.e. within 6 feet for more than a few minutes) with anyone who tested positive for COVID-19 (AKA coronavirus), is in the process of being tested for COVID-19, is isolating as a result of a suspected COVID-19 infection, or is experiencing acute symptoms of COVID-19? 			
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	<ul style="list-style-type: none"> ● If 'yes' to either question or you are concerned that you may be ill, remain home. <ul style="list-style-type: none"> ○ An athletic trainer will contact parents of athletes who have answered 'yes' to any questions. ○ At a minimum, students (and any members of their household) will need to be withheld from all activities in accordance with state and local health guidelines. Additionally, students may need to be cleared by a physician to return depending on severity and length of symptoms. ● Athletes who previously were diagnosed with COVID-19 and have since recovered should receive clearance from treating health care provider and notify coaches and athletic trainers so an appropriate return to play plan can be established. ● If anyone tests positive for COVID-19 who was at a workout within 14 days, appropriate notification and tracing will be initiated. 			
<p>* Returning isolated or quarantined</p>	<p><u>Screening Procedure</u></p> <ul style="list-style-type: none"> ● Students who were 			

<p>coaches, staff or student athletes, to school and/or athletics</p>	<p>isolated and returning to school must have been free of symptoms and fever for 24 hours (and 10 days since symptoms first appeared) along with a clearance note from their doctor.</p> <p>Students awaiting test results will be excluded from school.</p> <p>If an individual is not tested, they may return to school within the time frame set by applicable health guidelines.</p> <p>Chester County Health Department should be notified along with district physician. They will review the guidelines for return with the nurse and principal and Pandemic Coordinator. Current guidelines must be reviewed, for changes may be frequent.</p> <p>24 hours with no fever and improvement in symptoms and 10 days since symptoms first appeared</p> <p>Consider the emotional needs of this student who is returning along with the other students and staff to address their concerns</p>			
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- If 'yes' to either question or you are concerned that you may be ill, remain home.

- An athletic trainer will contact parents of athletes who have answered 'yes' to any questions.

- At a minimum, students (and any members of their household) will need to be withheld from all activities in accordance with state and local health guidelines. Additionally, students may need to be cleared by a physician to return depending on severity and length of symptoms.

- Athletes who previously were diagnosed with COVID-19 and have since recovered should receive clearance from treating health care provider and notify coaches and athletic trainers so an appropriate return to play plan can be established.

- If anyone tests positive for COVID-19 who was at a workout within 14 days, appropriate notification and tracing will be initiated.

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
Notifying coaching staff, families, and the public of cancellation of sports-related activities, school closures and other changes in safety protocols	Notification will be provided through email, social media, and the district website.			
Other monitoring and screening practices				

<p>Return of students and staff who were not diagnosed with COVID-19 to school</p>	<p>Follow current district guidelines: absent three days must have a doctor's note.</p> <p>Need 24 hours after diagnosis and initiation of the appropriate treatment to return to school</p>	<p>Follow current district guidelines: absent three days must have a doctor's note.</p> <p>Need 24 hours after diagnosis and initiation of the appropriate treatment to return to school</p>	<p>Nurse</p> <p>Human Resources</p>	<p>Parent / Student Handbook</p> <p>Guidelines from Human Resources</p>
<p>Positive COVID-19 PCR test without symptoms</p>	<p>An individual may return to school 10 days after the PCR test was collected. If symptoms develop during that time, he or she must follow return to school guidance for Positive COVID-19 PCR Test with symptoms.</p>	<p>An individual may return to school 10 days after the PCR test was collected. If symptoms develop during that time, he or she must follow return to school guidance for Positive COVID-19 PCR Test with symptoms.</p>		

<p>Travel history without symptoms</p> <p>Areas with travel restrictions</p>	<p>May return to school in accordance with applicable health guidelines after return to Pennsylvania from travel</p>	<p>May return to school in accordance with applicable health guidelines after return to Pennsylvania from travel</p>		
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<p>Close contact with symptoms</p>	<p>Individuals should be tested for COVID-19. Individuals awaiting test results will be excluded from school.</p> <p>If test results are negative, the person may return to school in accordance with applicable health guidelines.</p> <p>If test results are positive, follow return to school guidance for Positive COVID-19 PCR test with symptoms.</p>	<p>Individuals should be tested for COVID-19. Individuals awaiting test results will be excluded from school.</p> <p>If test results are negative, the person may return to school in accordance with applicable health guidelines .</p> <p>If test results are positive, follow return to school guidance for Positive COVID-19 PCR test with symptoms.</p>
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<p>Close contact without symptoms</p>	<p>Students and or staff may return to school in accordance with applicable health guidelines following last exposure to the person with COVID-19.</p> <p>If symptoms develop during the 14 days, follow return to school guidance for Close Contact with symptoms.</p>	<p>Students and or staff may return to school in accordance with applicable health guidelines following last exposure to the person with COVID-19.</p> <p>If symptoms develop during the 14 days, follow return to school guidance for Close Contact with symptoms.</p>
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Other Considerations for Student Athletes and Staff

Key Questions

- How will you determine which coaches and other athletic staff are willing/able to return? How will you accommodate staff who are unable or unwilling to return? Survey sent out to coaches, coaches unwilling to return will have to file paperwork with HR per HR email 6-18-20 (Coronavirus Response Act)
- How will you determine which student athletes are willing/able to return? How will you accommodate student athletes who are unable or unwilling return? Anyone that is unwilling will fill out a form.
- What is the local policy/procedure regarding face coverings for all coaches and athletic staff? What is the policy/procedure for student athletes? State, local or school entity guidelines for cloth face coverings may be strictly followed. Face coverings will be worn by student athletes, coaches, advisors, officials, trainers, judges, media, etc., in accordance with state law, including Pennsylvania Governor Wolf's Order Requiring Universal Face Coverings, and applicable health guidance. What special protocols will you implement to protect student athletes and staff at higher risk for severe illness?

- How will you address coaches and other athletic staff who are ill, or who have family members who have become ill? We will follow the same protocols and procedures that the student athletes will be following. Please see attached and link from PIAA per the Return to Competition Guidance.
http://www.piaa.org/assets/web/documents/Return_to_Competition_Spring_Final.pdf
- How will you manage teams in the event of coaching staff illness? Do you have substitute coaches available? We will have another coach step in.

Summary of Responses to Key Questions:

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Protecting student athletes and coaching staff at higher risk for severe illness	Face coverings will be worn by student athletes, coaches, advisors, officials, trainers, judges, media, spectators, etc in accordance with state law, including Governor Wolf’s Order Requiring Universal Face Coverings, and applicable health guidance.,	Bryan Mizell, Chris Gicking and Julie Rufo Trainer and AD’s		
* Use of face coverings by all coaches and athletic staff	Face coverings will be worn by student athletes, coaches, advisors, officials, trainers, judges, media, spectators, etc in accordance with state law, including Governor Wolf’s Order Requiring Universal Face Coverings, and applicable health guidance.			
* Use of face coverings by student athletes as appropriate	Face coverings will be worn by student athletes, coaches, advisors, officials, trainers, judges, media, spectators, etc in accordance with state law, including Governor Wolf’s Order Requiring Universal Face Coverings and applicable health guidance.			

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
Unique safety protocols for student athletes with complex needs or other vulnerable individuals	Face coverings will be worn by student athletes, coaches, advisors, officials, trainers, judges, media, spectators, etc in accordance with state law, including Governor Wolf's Order Requiring Universal Face Coverings and applicable health guidance.			
Management of Coaches and Athletic Staff	Face coverings will be worn by student athletes, coaches, advisors, officials, trainers, judges, media, spectators, etc in accordance with state law, including Governor Wolf's Order Requiring Universal Face Coverings and applicable health guidance.	Bryan Mizell, Chris Gicking and Julie Rufo		

Coaches' Responsibilities

- Coaches are required to review the CDC guidelines for Youth Sports to educate themselves on the symptoms of COVID-19 as well as methods to mitigate the spread.
- Coaches will review a daily Athlete Pre-Screening by logging in all athletes and completing the NFHS Monitoring Form prior to the start of the voluntary workout. Any student that answers "yes" to any of the questions will not be allowed to participate, be isolated from the group, and sent home. The Athletic Director should be notified immediately.
- All Coaches will be required to wear face coverings at all times, in accordance with state law and applicable health guidance.
- Coaches are expected to wash their hands and/or use hand sanitizer prior to practice.
- Team meetings should continue to be conducted in a physically distant manner.
- Coaches will work with the Supervisor of Athletics, strength trainer, and/or an Athletic Trainer for guidance on adhering to guidelines and recommendations.
- Coaches will seek guidance from health officials and/or athletic trainers on educational strategies for student-athletes.
- Each coach will review with their own team/organization details for their own workouts.
- Coaches will design activities that focus on increasing risk mitigation strategies to include proper hygiene and physical distancing, etc. Small groups are highly encouraged.
- Coaches will design activities to resume in a gradual fashion to avoid overuse injuries and exertional/heat-related illnesses.
- Coaches will consider that all athletes have some level of detraining and may not be returning at the same fitness level; therefore, activities may need to be adjusted accordingly.

- Coaches must consider more break times for student athletes. Break time will need to be increased and/or staggered to accommodate physical distancing, proper hygiene such as hand washing, and avoiding shared hydration sources.
- Coaches must follow all employee guidelines in the MNSD Reopening Guide for Staff when finalized and Board approved.
- Coaches will physical distance before, during, and after the workout.
- Coaches are required to bring their own water/Gatorade for workouts and these items will not be shared with others.
- Coaches must make sure all athletes leave immediately after the workout is finished. Social congregating is not permitted.
- Coaches must stay until all members of their team have left MNSD campus.

Athletes' Responsibilities

- No athlete should come to the workout if he/she does not feel comfortable or if their families/guardians have any reservations regarding the plan.
- Athletes will complete a daily Athlete Pre-Screening Self-Assessment by logging in and prior to the start of the workout. Any student that answers "yes" to any of the questions will not be allowed to participate, be isolated from the group, and sent home. The Athletic Director should be notified immediately.
- Athletes must communicate all health and fitness-related concerns with coaches and athletic trainers immediately.
- Each athlete must have his/her own face covering/mask which must be worn in accordance with state law and applicable health guidance.
- Athletes should arrive dressed and prepared to participate and avoid socially congregating before the workout. Locker room use is not permitted unless it is necessary to change clothes and no more than 5 athletes will be permitted in the locker room at a time.
- Athletes should leave immediately following the workout. Social congregating is not permitted.
- Parent/Guardians are expected to drop off and not remain in the parking lot so occupancy can be used for the athletes and participants involved in the voluntary workouts.
- Athletes must follow physical distancing rules before, during, and after the voluntary workout. Athletes are to leave immediately after the workout is finished and will not be permitted to socially congregate.
- There is to be no physical contact at this time of any kind such as no handshakes, fist-bumps, high-fives, etc.
- Each athlete must have their own personal water bottle, which may not be shared. No coolers or hydration stations will be available at this time.
- Athletes should be aware that equipment will be disinfected before and after any practice session.
- Athletes should shower immediately after returning home and should wash daily practice gear.

The MNSD daily self-assessment must be turned in daily by every athlete prior to workout -<https://forms.gle/tig7HA55JXr72ysFA>

Athletics Health and Safety Plan Professional Development

The success of your plan for resuming sports-related activities safely requires all stakeholders to be prepared with the necessary knowledge and skills to implement the plan as intended. For each item that requires staff training, document the following components of your professional learning plan.

- **Topic:** List the content on which the professional development will focus.
- **Audience:** List the stakeholder group(s) who will participate in the learning activity.
- **Lead Person and Position:** List the person or organization that will provide the professional learning.
- **Session Format:** List the strategy/format that will be utilized to facilitate professional learning.
- **Materials, Resources, and or Supports Needed:** List any materials, resources, or support required to implement the requirement.
- **Start Date:** Enter the date on which the first professional learning activity for the topic will be offered.
- **Completion Date:** Enter the date on which the last professional learning activity for the topic will be offered.

Topic	Audience	Lead Person and Position	Session Format	Materials, Resources, and or Supports Needed	Start Date	Completion Date
Paperwork required	Coaches/parents/student athletes	Chris Gicking/Julie Rufo AD's	Zoom	All physical paperwork and survey	3-8-21	ongoing
Pre Screening	Coaches/parents/student athletes	Chris Gicking/Julie Rufo AD's	Zoom	All physical paperwork and survey	3-8-21	ongoing
Voluntary Workouts	Coaches/parents/student athletes	Chris Gicking/Julie Rufo AD's	Zoom	All physical paperwork and survey	3-8-21	ongoing
Workouts	Coaches/parents/student athletes	Chris Gicking/Julie Rufo AD's	Zoom	All physical paperwork and survey	3-8-21	ongoing
Communication	Coaches/parents/student athletes	Chris Gicking/Julie Rufo AD's	Zoom	All physical paperwork and survey	3-8-21	ongoing
Schedules	Coaches/parents/student athletes	Chris Gicking/Julie Rufo AD's	Zoom	All physical paperwork and survey	3-8-21	ongoing

Topic	Audience	Lead Person and Position	Session Format	Materials, Resources, and or Supports Needed	Start Date	Completion Date

Athletics Health and Safety Plan Communications

Timely and effective family and caregiver communication about sports-related health and safety protocols and schedules will be critical. Schools should be particularly mindful that frequent communications are accessible in non-English languages and to all caregivers (this is particularly important for children residing with grandparents or other kin or foster caregivers). Additionally, school entities should establish and maintain ongoing communication with local and state authorities to determine current mitigation levels in your community.

Topic	Audience	Lead Person and Position	Mode of Communication	Start Date	Completion Date
Effective communication	Student athletes/parents/coaches	Chris Gicking/Julie Rufo and Bryan Mizell	Email/team communications (email/texts)	3-8-21	TBD
Athletic, Health and Safety Plan	Student athletes/parents/coaches	Chris Gicking/Julie Rufo and Bryan Mizell	Email/team communications (email/texts)	3-8-21	TBD

Athletics Health and Safety Plan Summary: **Marple Newtown School District**

Anticipated Launch Date: **March 8th for practices, March 13th for scrimmages/games**

Use these summary tables to provide your local education community with a detailed overview of your Athletics Health and Safety Plan. School entities are required to post this summary on their website. To complete the summary, copy and paste the domain summaries from the Athletics Health and Safety Plan tables above.

Facilities Cleaning, Sanitizing, Disinfecting, and Ventilation

Requirement(s)	Strategies, Policies and Procedures
<p>* Cleaning, sanitizing, disinfecting, and ventilating learning spaces, surfaces, and any other areas used by students (i.e., restrooms, drinking fountains, locker rooms, and transportation)</p>	<p>Normal routine cleaning with soap and water will decrease how much of the virus is on surfaces and objects, which reduces the risk of exposure.</p> <p>Disinfection using EPA-approved disinfectants against COVID-19 can also help reduce the risk. Frequent disinfection of surfaces and objects touched by multiple people is important.</p> <p>When EPA-approved disinfectants are not available, alternative disinfectants can be used (for example, 1/3 cup of bleach added to 1 gallon of water, or 70% alcohol solutions). Normal routine cleaning with soap and water removes germs and dirt from surfaces. It lowers the risk of spreading COVID-19 infection.</p> <p>Disinfectants kill germs on surfaces. By killing germs on a surface after cleaning, you can further lower the risk of spreading of bacteria. disinfectants on this list are in short supply, alternative disinfectants can be used (for example, 1/3 cup of bleach added to 1 gallon of water, or 70% alcohol solutions).</p>

Social Distancing and Other Safety Protocols

Requirement(s)	Strategies, Policies and Procedures
<p>* Protocols for social distancing student athletes and staff throughout all activities, to the maximum extent feasible</p> <p>* Procedures for serving food at events including team meetings and meals</p> <p>* Hygiene practices for student athletes and staff including the manner and frequency of hand-washing and other best practices</p> <p>* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs</p> <p>Identifying and restricting non-essential visitors and volunteers</p> <p>Limiting the sharing of materials and equipment among student athletes</p> <p>Staggering the use of communal spaces (i.e., locker rooms, weight rooms, etc.)</p> <p>Adjusting transportation schedules and practices to create social distance between students</p> <p>Limiting the number of individuals in athletic activity spaces and interactions between groups of student athletes</p> <p>Other social distancing and safety practices</p>	<ul style="list-style-type: none"> We will follow CDC, state, county, and MNSD guidelines. <p>Players should refrain from high fives, handshake lines and any excessive physical contact outside the field of play with teammates, opposing players, coaches, game officials and fans. A "tip the cap" can be used following the game or activity in lieu of the handshake line.</p> <p>Signage will be consistent within all school district building and posted in the same locations in each building.</p> <p>Volunteers will only be allowed outside the building. Visitors will be permitted to use certain outdoor facilities, such as, for example, tennis courts and track, during non-school hours. All visitors must wear masks and observe social distancing. The District has the sole discretion to determine which facilities will be open to visitors and the dates and times of availability and reserves the right to prohibit or limit all non-essential visitors for any reason. The District also has the right to request that any visitor not in compliance with the District's health and safety protocols immediately leave the premises.</p> <p>We will limit sharing of materials and equipment as best as possible and will clean them frequently.</p> <p>We will have groups in weight room/locker room etc. to limit the amount of people all together.</p> <p>Depending on the level of community transmission, we will limit the amount of student athletes at the same time.</p> <p>We will follow CDC, state, county and MNSD guidelines.</p>

Monitoring Student Athletes and Staff Health

Requirement(s)	Strategies, Policies and Procedures
<p>* Monitoring student athletes and staff for symptoms and history of exposure</p> <p>* Isolating or quarantining student athletes, coaching staff, or visitors if they become sick or demonstrate a history of exposure</p> <p>* Returning isolated or quarantined coaching staff, student athletes, or visitors to school</p> <p>Notifying coaching staff, families, and the public of cancellation of sports-related activities, school closures and other changes in safety protocols</p>	<p>Screening Procedure</p> <ul style="list-style-type: none"> ● Screening survey should be completed the same day as workout and athlete and coach may not remain on campus if the screening survey is not completed. ● Athletes should complete screening in consultation with parents. ● Screening Survey Questions: <ul style="list-style-type: none"> ○ In the past 72 hours, have you or anyone in your household experienced symptoms of acute respiratory illness, such as: a fever of 99.5°F or higher, fatigue, body aches, cough, shortness of breath, sore throat, runny/stuffy nose, chills? ○ In the past 14 days, have you had close contact (i.e. within 6 feet for more than a few minutes) with anyone who tested positive for COVID-19 (AKA coronavirus), is in the process of being tested for COVID-19, is isolating as a result of a suspected COVID-19 infection, or is experiencing acute symptoms of COVID-19? ● If 'yes' to either question or you are concerned that you may be ill, remain home. ○ An athletic trainer will contact parents of athletes who have answered 'yes' to any questions. ○ At a minimum, students (and any members of their household) will need to be withheld from workouts for 72 hours. Additionally, students may need to be cleared by a physician to return depending on severity and length of symptoms. ● Athletes who previously were diagnosed with COVID-19 and have since recovered should receive clearance from treating health care provider and notify coaches and athletic trainers so an appropriate return to play plan can be established. ● If anyone tests positive for COVID-19 who was at a workout within 14 days, appropriate notification and tracing will be initiated.

Other Considerations for Student Athletes and Staff

Requirement(s)	Strategies, Policies and Procedures
<p>* Protecting student athletes and coaching staff at higher risk for severe illness</p> <p>* Use of face coverings by all coaches and athletic staff</p> <p>* Use of face coverings by student athletes as appropriate</p> <p>Unique safety protocols for student athletes with complex needs or other vulnerable individuals</p> <p>Management of Coaches and Athletic Staff</p>	<p>Face coverings will be worn by student athletes, coaches, advisors, officials, trainers, judges, media, spectators, etc in accordance with state law, including Governor Wolf's Order Requiring Universal Face Coverings and applicable health guidance.</p> <p>Baseball/Softball players during competition will have masks on in dugouts, during competition the catcher will have a splash shield, the first basemen will have a mask in their pocket for when a runner is on first base.</p> <p>Tennis will have masks on during doubles competition but not on during singles competition.</p> <p>Track will wear masks but not when in competition.</p> <p>Girls lacrosse will wear masks at all times.</p> <p>Boys lacrosse will wear splash shields at all times</p>

Athletics Health and Safety Plan Governing Body Affirmation Statement

The Board of Directors/Trustees for **(INSERT NAME OF LEA)** reviewed and approved the Athletics Health and Safety Plan on **(INSERT DATE AS MONTH, DAY, YEAR)**.

The plan was approved by a vote of:

_____ **Yes**

_____ **No**

Affirmed on: **(INSERT DATE AS MONTH, DAY, YEAR)**

By:

(Signature of Board President)

(Print Name of Board President)