



ROYAL
HOSPITAL
SCHOOL

SAILING ACADEMY

SAILING SCHOLARSHIPS



Recognised Club



SAILING SCHOLARSHIPS

A Sailing Scholar at RHS stands out within their peer group as a talented and committed sailor, capable of handling an appropriate size of boat in a racing environment in most weather conditions and aspiring to become the best sailor they can be.

The aim of the Sailing Scholarship programme is to reward and acknowledge sailing ability and provide an Elite Sailors Programme to support the development of individual excellence.

PRIOR TO APPLYING, SCHOLARSHIP APPLICANTS SHOULD, AS A MINIMUM:

- Be able to sail efficiently on a variety of points of sail paying due regard to the 5 Essentials.
- Have experience of racing competitively at a club level.
- Be able to rig a simple sailing dinghy without assistance (Topper, RS Tera, RS Feva).
- Hold a minimum of RYA Stage 4 (not a requirement but a guide, equivalent ability or better is acceptable).
- Be confident sailing an appropriate size of dinghy in Force 4 wind.

SCHOLARSHIP ASSESSMENTS USUALLY TAKE THE FORM OF:

- Follow the leader exercise.
- Tacking on the whistle.
- Gybing on the whistle.
- Starting exercise.
- Short fleet races.

Scholarship assessments can be undertaken using video evidence for overseas students.

NAVIGATING SUCCESS



ASSESSMENTS ARE USUALLY SAILED IN:

- Year 7 entry – RS Tera
- Year 9 entry – Topper or RS Tera
- Year 12 entry – ILCA (was Laser)

BENEFITS OF A SCHOLARSHIP:

- Reduction of school fees.
- Sailing sessions offered in all games periods with at least two coached sessions per week on the water all year round (3 for those in years 7 and 8).
- Access to high level coaching from RYA Advanced Instructors and Level 3 Race Coaches.
- Access to a wide range of boats to support transition choices and wider sailing development.
- Opportunity to use RHS boats for training and competition outside of school.
- After school clinics in a range of subjects: racing rules, tactics, strategy, boat setup, coastal sailing.
- Member of the Talent Performance Group.
- Access to strength and conditioning support including a personalised programme and allocated time in the Strength and Conditioning Suite.
- Access to nutrition advice.
- Access to RYA training and Instructor development.
- 1:1 mentoring with support in goal setting and action planning.
- Access to help with boat preparation and modification.
- Storage of boat and equipment in boat compound at school (own boats can be used during training sessions if stored at Alton Water at own expense).
- High level peer group competition to accelerate development.
- Event support – before, during and after.
- Using the latest technology to support performance development including drone footage.
- Access to exclusive deals from the marine trade.
- GPS and drone video analysis.
- Competition training.
- Termly review of progress with feedback via Reporting System.
- Face to face meetings at Parents Meetings.





EXPECTATIONS OF A SCHOLAR:

- To be committed to sailing at RHS throughout the year and for the duration of the school career.
- To prioritise sailing over any other co-curricular activities.
- To represent RHS at inter-school events.
- To attend after school theory and fitness sessions as requested by the Director of Sailing.
- To compete on the national circuit of a British Youth Sailing Recognised Class at a minimum of 3 events per year.
- To enter all external events under the name of "Royal Hospital School".
- To support the promotion of sailing at RHS as requested by the Director of Sailing.
- To provide the name and contact details of external coaches with whom there is regular contact so that RHS sailing programmes can be complimentary and the Scholar's development best supported.
- To be an ambassador for the school at all sailing events.
- To maintain levels of academic studies, catching up on all work missed due to sailing activity.
- To attend representative weekend competitions on at least five weekends per year.
- To be motivated and aspire to succeed at a higher level.
- To be a role model in terms of attitude, diligence, appearance and performance.
- To contribute to the development of the sport in the lower school.
- No red Attitude to Learning indicators.

CONTACT

To find out more, please come to one of our Open Mornings. For dates and to book a place or to book a private visit, please contact the Admissions Office:

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