

STEELE HIGH SCHOOL

APRIL

<p><i>Lunch includes 5 components: Protein, Grain, Fruit, Vegetable & Milk. Students must choose 3-5 components, one being a fruit or vegetable.</i></p>	<p>BREAKING NEWS: The USDA has extended no-cost breakfast & lunch through SEPTEMBER 30, 2021! Stay tuned for more info!</p>		<p>1</p> 	<p>2</p> 
<p>5</p> 	<p>6</p> <p>Mexican Straw Hats Fritos with meat beans and cheese Shredded lettuce and toppings or Taco Salad Bowl Salad and Fruit bar Milk</p>	<p>7</p> <p>Hand made Sub Day Choice of meats Cheeses Toppings Salad Fruit bar Milk</p>	<p>8</p> <p>Lasagna with meat sauce or Ravioli Sicilian vegetables Salad bar Fruit bar Milk</p>	<p>9</p> <p>BBQ pork or Toasted Cheese Sweet Potato & Regular Tater Tots Cup of tomato soup Salad bar Fruit bar Milk</p>
<p>12</p> <p>Chicken tenders Mashed potatoes carrots coins Eight grain dinner roll Sakad Fruit bar Milk</p>	<p>13</p> <p>SAT Testing Grab and Go Lunch SNACK SHACK OPEN FROM 7:00AM - 1:00PM</p>	<p>14</p> <p>Cherry blossom chicken Brown rice or lo mein noodles Sesame broccoli fortune cookies Salad bar Fruit bar Milk</p>	<p>15</p> <p>Spaghetti with meatballs or Chicken Parmesan Seasoned green beans Salad Fruit bar Milk</p>	<p>16</p> <p>Comet Patty Bar Spicy grilled or breaded chicken Comet Stars Toppings Bar Salad Bar Fruit Bar Milk</p>
<p>19</p> <p>Two ultra grain Comet Chicken tender wraps Baked potato smiles Salad Fruit bar Milk</p>	<p>20</p> <p>Beefy cheese nachos or Taco salad bar Refried beans Salad Fruit bar Milk</p>	<p>21</p> <p>Hand Made Sub Day Choice of meats Cheeses Toppings Salad Fruit bar Milk</p>	<p>22</p> <p>Hot Italian sub sandwich or Italian toasted cheese cup of tomato soup Spiral fries Salad Fruit bar Milk</p>	<p>23</p> <p>Cavatappi mac and cheese with whole grain dinner roll or Loaded Footlong Hot Dog French Fries Salad Fruit Bar Milk</p>
<p>26</p> <p>Chicken Tenders Mashed Potatoes, gravy carrot coins Eight Grain dinner roll Salad Fruit Bar Milk</p>	<p>27</p> <p>Chipotle chicken or beef Cilantro rice, black beans Corn, salsa and cheese Salad Fruit bar Milk</p>	<p>28</p> <p>Tangerine chicken Asian brown rice or Lo mein Noodles, fortune cookie Sesame broccoli Salad Fruit bar Milk</p>	<p>29</p> <p>Fettuccine w/ Chicken Alfredo or Lasagna rolls Sicilian Veggies Salad fruit bar Milk</p>	<p>30</p> <p>Comet Burger Bar Seasoned potato wedges Topping Bar to include cheese lettuce, onions, pickles Salad Fruit Bar Milk</p>

USDA is an equal opportunity provider and employer

Email Deanne Pastva, RD, LD with any questions about the National School Breakfast & Lunch Programs: deanne_pastva@amherstk12.org