




GO AMHERST COMETS!

APRIL

AJH Lunch Menu

Menu subject to change
WEDNESDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>OFFERED DAILY: Pizza or Pepperoni Roll PB & J Sandwich SALAD BAR ASSORTED FRUIT CHOICES ASSORTED MILK</p>	<p><i>Lunch price of \$3.25 includes 5 components: Protein, Grain, Fruit, Vegetable & Milk. Students must choose 3-5 components, one being a fruit or vegetable.</i></p>	<p>BREAKING NEWS: The USDA has extended no-cost breakfast & lunch through SEPTEMBER 30, 2021! Stay tuned for more info!</p>	<p>1</p> 	<p>2</p> 
<p>No School 5</p> 	<p>6</p> <p>Popcorn Chicken Bowl/roll PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK</p>	<p>7</p> <p>CHICKEN PATTY PIZZA SALAD LUNCH BAKED SMILES FRUIT/VEG CHOICES MILK</p>	<p>8</p> <p>Mozzarella Sticks/Marinara PIZZA SALAD LUNCH DESSERT milk</p>	<p>9</p> <p>Spicy Chicken Patty/chips FRENCH BREAD PIZZA Salad Lunch baked beans FRUIT/VEG CHOICES MILK</p>
<p>12</p> <p>WALKING TACO STUFFED CRUST PIZZA SALAD LUNCH Fiesta Rice w/refried beans FRUIT/VEG CHOICES MILK</p>	<p>13</p> <p>CHICKEN FRYZ PIZZA BAKED TATER TOTS SALAD LUNCH FRUIT/VEG CHOICES MILK</p>	<p>14</p> <p>CHICKEN PATTY PIZZA SALAD LUNCH BAKED SMILES FRUIT/VEG CHOICES MILK</p>	<p>15</p> <p>Bosco Sticks w/ Marinara PIZZA SALAD LUNCH FRUIT/VEGS CHOICES DESSERT MILK</p>	<p>16</p> <p>CORN DOG/BAKED CHIPS SALAD LUNCH FRENCH BREAD PIZZA BAKED BEANS FRUIT/VEG CHOICES MILK</p>
<p>19</p> <p>FIESTADA STUFFED CRUST PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK</p>	<p>20</p> <p>POPCORN CHICKEN PIZZA SALAD LUNCH BAKED TRI TATER S FRUIT/VEG CHOICES MILK</p>	<p>21</p> <p>CHICKEN PATTY PIZZA SALAD LUNCH BAKED SMILES FRUITVEG CHOICES MILK</p>	<p>22</p> <p>Toasted cheese/tots CORN DOG PIZZA SALAD LUNCH FRUIT/VEGS CHOICES milk</p>	<p>23</p> <p>CHEESEBURGER/baked chips FRENCH BREAD PIZZA SALAD LUNCH BAKED BEANS FRUIT/VEG CHOICES MILK</p>
<p>26</p> <p>Beefy Cheesy Nachos or STUFFED CRUST PIZZA SALAD LUNCH Fiesta Rice/ Refried beans FRUIT/VEG CHOICES MILK</p>	<p>27</p> <p>BBQ /waffle fries PIZZA SALAD LUNCH FRUIT/VEG. CHOICES MILK</p>	<p>28</p> <p>CHICKEN PATTY PIZZA BAKED SMILES SALAD LUNCH FRUIT/VEG CHOICES MILK</p>	<p>29</p> <p>Mac. and cheese/soft pretzel Pizza SALAD LUNCH FRUIT/VEG CHOICES MILK</p>	<p>30</p> <p>Hot Dog/baked chips SALAD LUNCH FRENCH BREAD PIZZA BAKED BEANS FRUIT/VEG CHOICES MILK</p>

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Email Deanne Pastva, RD, LD with any questions about the National School Breakfast & Lunch Programs: deanne_pastva@amherstk12.org