

Lunch Menu Week 3



Mayfield Girls School

w/c: 22-03-2021	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Soup of the Day</b>	Cream of Tomato	Leek, Potato & Smoked Cheddar	Curried Parsnip	Minestrone	Carrot & Coriander	Creamy Cauliflower	
<b>Main Meal</b>	Peppers, Onions, Sweet Potato & Black Bean Chilli with Soured Cream	Conchiglie with Meaty Tomato Ragu	Pressed Belly of Pork with Caramelised Apples & Jus	Crispy Cornflake Chicken Breast	Scampi with Homemade Tartare Sauce	Lamb Moussaka	Roast Beef, Yorkshire Pudding & Red Wine Gravy
<b>Vegetarian</b>	Tikka Aloo Chaat	Grilled Vegetable Lasagne	Vegetable Stew & Cheddar Dumplings	Portobello Mushroom, Halloumi & Tomato Relish in a Brioche Bun	Sweet potato, Pepper, Black Bean & Cheddar Quesadillas	Aubergine Parmigiana	Vegetarian Toad in the Hole
<b>Side Dishes</b>	Rice Sugar Snaps, Green Beans & Peas	Baton Carrots & Courgettes with Herb Butter	Broccoli with Red Onions & Capers	Sweet Potato Fries, Smoky Slaw & Corn on the Cob	Gourmet Chips & Garden Peas	Minted New Potatoes & Kale	Roast Carrots & Parsnips, Rosemary Roast Potatoes & Broccoli
<b>Jacket Potatoes</b>	Baked Beans	Baked Beans or Tuna & Sweetcorn	Baked Beans	Baked Beans or Coronation Chicken	Baked Beans	Baked Beans	Baked Beans
<b>Dessert</b>	Sticky Date Pudding with Cream	Pineapple Cake with Cream	Triple Chocolate Cheesecake	Chocolate Eclairs	Strawberry & Rhubarb Turnovers with Cream	Dessert of the Day	Dessert of the Day
<b>Salad Bar</b>	A Variety Of Salads Available Daily, Including Mixed Side Salads, Pasta Salads, Grain Salads & Meat & Cheese Boards See Separate Salad Bar Menu for Daily Offerings						
<b>No Gluten &amp; Dairy</b>	We Have Gluten & Dairy Free Options Available Daily for Allergies or Intolerances ( <i>please see board for all allergen information</i> )						