

# QSI



# QSI INTERNATIONAL SCHOOL OF YEREVAN

# SCHOOL LUNCH MENU

2020-2021 | WEEK 1

MON	TUE	WED	THU	FRI
Beef with White Sauce & Bulgur or Rice	Chicken Fillet in Tomato Sauce with Buckwheat or Vermicelli	Pizza with Cheese or Pepperoni	Chicken Taouk & Rice with Vegetables	Barbeque Chicken with Baked Potato
<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>
Broccoli Cream Soup	Chicken Soup	Vegetable Soup	Minestrone Soup	Lentil and Tomato Soup
<b>SALAD</b>	<b>SALAD</b>	<b>SALAD</b>	<b>SALAD</b>	<b>SALAD</b>
Green Salad or Fresh Vegetables	Cabbage Salad or Fresh Vegetables	Lentil Salad or Fresh Vegetables	Tomato & Cucumber Salad or Fresh Vegetables	Mixed Vegetable Salad or Fresh Vegetables
<b>DESSERT</b>	<b>FRUIT</b>	<b>FRUIT</b>	<b>FRUIT</b>	<b>FRUIT</b>
Low-Fat Fruit Yogurt	Pear	Banana	Kiwi	Apple
<b>DRINK</b>	<b>DRINK</b>	<b>DRINK</b>	<b>DRINK</b>	<b>DRINK</b>
Low-Fat Milk or Water	Low-Fat Milk or Water	Low-Fat Milk or Water	Low-Fat Milk or Water	Low-Fat Milk or Water

Q S I I N T E R N A T I O N A L S C H O O L O F Y E R E V A N

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