

# Oakwood Schools Revised Quarantine Protocol March 17, 2021

## General Exposure

- Exposure occurs in classroom
- All parties were properly wearing masks
- Parties were at least 3' apart
- No quarantine required

## Close Contact

- Masks were not worn or parties were less than 3' apart
- Quarantine is required

## 14-Day Quarantine

If "close contact" exposure is to a person living in your home or occurs while participating in sports or other extracurricular activities, a 14-day quarantine is mandatory. You should:

- Stay at home for 14 days after last exposure.
- Maintain social distance (at least 6 feet) from others and wear a mask when around other people.
- Self-monitor for symptoms through day 14. (Check temperature twice a day, watch for fever, cough, shortness of breath or other symptoms of COVID-19.)

## 10-Day Quarantine

If "close contact" exposure occurs in the classroom or during extracurricular activity, you will be required to quarantine for 10 days. You should:

- Stay at home for 10 days after last exposure.
- Maintain social distance (at least 6 feet) from others and wear a mask when around other people.
- Self-monitor for symptoms through day 14. (Check temperature twice a day, watch for fever, cough, shortness of breath or other symptoms of COVID-19.)



To return to school following either a 14-day or 10-day quarantine, individuals must be symptom-free. The CDC advises people to monitor for symptoms for the full 14 days after exposure.

### Symptoms May Include



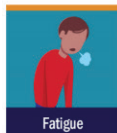
Fever over 100.4 degrees Fahrenheit or chills



Cough



Shortness of breath or difficulty breathing



Fatigue



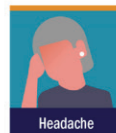
Congestion or runny nose



Nausea or vomiting



Muscle or body aches



Headache



New loss of taste or smell



Sore throat



Diarrhea