

HELP LINES

BROWNSVILLE ISD CRIMESTOPPERS HOTLINE
REPORT BULLYING - ANONYMOUS REPORTING
(956)-408-0049

BULLYING & CYBERBULLYING HELP LINES
STOP BULLYING NOW HOTLINE (USA) 1-800-273-8255

- Helpline set up by U.S. Department of Health and Human Services
- Available 24/7

EATING DISORDERS & NEGATIVE BODY IMAGE HELP LINES
NATIONAL EATING DISORDERS ASSOCIATION (USA)
1-800-931-2237

- Monday-Thursday from 9am-9pm and Friday from 9am-5pm
- Closed for public holidays
- Help and advice for people affected by eating disorders

LGBTQ2S+ HELP LINES
THE TREVOR PROJECT (USA) 1-866-488-7386

<https://www.thetrevorproject.org/>

Lesbian Gay Bisexual Transgender Questioning Youth or Two-Spirited (LGBTQ2S)

The Trevor line is a suicide prevention hotline for people who identify at LGBTQ2S. There is also the website for more information and interaction about

- Available 24/7
- Suicide prevention within the LGBTQ2S+ community

LMHA/OSAR
Substance Abuse Centers in Texas
1-800-813-1233

Outreach, screening, assessment and referral services help people get substance use services, case management and peer support. An OSAR service provider will stay in touch with people waiting for treatment and refer them to community services

CRISIS TEXT LINE
Help Line for Individual in Crisis Available 24/7
TEXT "HELLO" TO 741741
