



# RESPONSE TO COVID-19 EXPOSURE\*



While we have practices in place to keep our students, team, and families safe, we also have protocols to follow if a student or staff member tests positive for COVID-19, is exposed to COVID-19 through close contact with someone who has tested positive for COVID-19, or has symptoms of COVID-19.

If your child has been exposed through close contact with someone who has tested positive for COVID-19 or has COVID-19-like symptoms while at school, you will be notified by your child's school by phone and/or email. Please make sure that the school has an accurate phone number and email address for you.



## YOU SHOULD KEEP YOUR CHILD HOME FROM SCHOOL IF:

- The answer to any of the Student Health Screening Questionnaire questions is "YES;"
- Your child or any member of your household is waiting for the results of a COVID-19 test;
- Your child or any member of your household tests positive for COVID-19;
- Your child or any member of your household has been notified of an exposure through close contact with an individual confirmed to have a positive case of COVID-19; or
- Your child or any member of your household is exhibiting COVID-19-like symptoms, including:
  - Fever (100.4 degrees Fahrenheit or higher) or feeling feverish (chills, sweating)
  - New cough
  - Shortness of breath or difficulty breathing
  - Muscle aches or body aches
  - New loss of taste or smell
  - Headache
  - Sore throat
  - Nausea
  - Vomiting or diarrhea
  - Fatigue
  - Congestion or runny nose



## YOUR CHILD SHOULD QUARANTINE IF:

- Any member of your household tests positive for COVID-19;
- Any member of your household has been notified of an exposure through close contact with a an individual confirmed to have a positive case of COVID-19; or
- Any member of your household is exhibiting COVID-19-like symptoms.

### Should my child quarantine if he/she has been vaccinated?

A student who is exposed to a confirmed COVID-19 positive case does not need to quarantine if they have been fully vaccinated (both doses) against COVID-19 in the last 90 days AND are asymptomatic.

### Should my child quarantine if he/she has had COVID-19 previously?

A student who is exposed to a confirmed COVID-19 positive case does not

need to quarantine if they have tested positive (laboratory confirmed) for COVID-19 in the last 90 days AND are asymptomatic.

### How long should my child quarantine?

While the Centers for Disease Control and Prevention continues to recommend a 14-day quarantine period, their March 2021 guidance provides options to reduce the quarantine period.

- Students who are asymptomatic and have not been tested for COVID-19 may return to in-person learning 10 days after the last exposure with a confirmed positive case.
  - » **Days should be counted as follows:**
    - **Day 0:** date of exposure
    - **Day 1:** quarantine period begins
    - **Days 2-10:** quarantine period
    - **Day 11:** student returns
- Students who are asymptomatic and have tested negative for COVID-19 on or after day 5 from the last exposure to a confirmed positive case (test must occur on day 5 or later) may return to in-person learning 7 days after their last exposure date to a confirmed positive case.
  - » **Days should be counted as follows:**
    - **Day 0:** date of exposure
    - **Day 1:** quarantine period begins
    - **Days 2-7:** quarantine period
    - **Day 5-7:** Covid testing
    - **Day 8:** student returns (with proof of negative test results)

### Students should only return to school after their quarantine period if students have been symptom free without the use of medication and students have been fever-free without the use of fever-reducing medication.

After returning to school on day 11 or day 8 (depending on whether your student had a negative test result), you should:

- Watch for symptoms until 14 days after exposure.
  - » If you have symptoms, immediately self-isolate and contact your local public health authority or healthcare provider.
- Continue to wear a mask, wash your hands, avoid crowds, and take other steps to prevent the spread of COVID-19.

Students who come back on day 11 or 8 (based on the two CDC-approved quarantine options) cannot engage in athletic activities, physical education and/or other group activities that do not allow for the student to keep their mask on at all times. This applies until day 14 after exposure.



## WHAT DO I DO IF...

### **My child has a positive COVID-19 test result or is showing COVID-19-like symptoms.**

- Your child should not come to school or participate in school activities.
- You should contact your child's school to shift your child to distance learning.
- You should tell the school about "close contacts" your child may have had if applicable.

#### ***Your child may return to school if:***

- Ten days have passed since the positive test result or onset of symptoms; AND
- Your child's symptoms have improved; AND
- Your child has not had a fever for at least 24 hours without taking fever-reducing medicines.
- You must contact your child's school before sending your child back to in-person classes.

### **My child is exposed to someone who tests positive for COVID-19 or has a member of the household who is showing COVID-19-like**

- Your child should not come to school or participate in school activities.
- You should contact your child's school to shift your child to distance learning.
- You should contact your healthcare provider for guidance.
- You should monitor your child for symptoms and quarantine him or her for 7-10 days depending on context. (See "How long should my child quarantine?" for more information.)

#### ***Your child may return to school if:***

- Your child has completed their quarantine period and has been symptom free during the entire period; and
- Your child has been fever-free without the use of fever-reducing medication.
- You must contact your child's school before sending your child back to in-person classes.



### **My child reports having COVID-19-like symptoms during the school day.**

- Your child's teacher will take your child to an isolated area and notify the school's healthcare professional.
- Your school's healthcare professional will complete an evaluation to determine whether your child should go home or return to class.
- If your child is to be sent home, he or she will wait for pick-up in an isolated area under adult supervision.
- Your child's school will contact you to pick him or her up from school; you can pick-up your child in the front office.
- You must wear a face mask covering your nose and mouth before entering the building.
- You must notify your child's school if your child tests positive for COVID-19, and the school will begin contact tracing procedures.

**If an individual has tested positive for COVID-19, they should not take another COVID-19 test for 90 days. The individual can continue to test positive because of the antibodies present within their system. They are not actively spreading the virus, but their body is still producing a response.**