

Welcome back to in-person school at VMS!

In order to help with a smooth transition to in-person school, here is a guide to help you know what to do before you leave the house, throughout your school day, including your return home.

Before you leave the house

Complete a personal health check with your parent/guardian (see page #3, "Can my child go to school today" chart)

What to Bring to School

- A mask: wearing a mask is required at all times-at the bus stop, on the bus, everywhere on campus and the bus ride home. The school district will provide and launder all masks OR you can wear your own mask (no bandanas allowed)
- Your fully charged chromebook/computer and charger
- School supplies-Your teachers will let you know if you need any school supplies.
- Layers of clothing (the windows and doors will remain open in classrooms and you will be eating outside)

At the Bus Stop

- Masks should be worn while waiting for the bus to arrive. If you do not have a mask, one will be provided for you as you board the bus.
- Socially distance (6 feet apart) while waiting and lining up to enter the bus.
- If you feel sick at the bus stop, remain 6 feet away from the attendant who will stay with you until a guardian comes to pick you up.

On the Bus

- Students will enter the bus one student at a time and go directly to their seat.
- You will be seated one student per seat.
- Masks will be worn at all times.
- Bus windows will be partially opened to allow for more ventilation.

Arriving to Campus

- If you get a ride to school, you will be dropped off at the parent drop-off area. The gates will open at 9:30 a.m. If you do not have a mask, one will be provided for you at the gate.
- If you are arriving on a bus you will enter through Gate A or Gate G on either side of the main office.
- When you arrive on campus go **directly** to your 5th period class.

Breakfast

Lompoc Unified will continue the food program for break and lunch but all students will eat breakfast at home.

Entry Into Classrooms

- You must be socially distanced while waiting for your class. If you are waiting in line to enter your class, keep 6 feet apart. Your teacher will give you permission to enter.
- Sanitize your hands as you enter the classroom.
- Go directly to your seat.

In Class

- Remain seated at all times. You must ask permission before you leave your seat.
- Do not share any classroom materials

Passing Period

- Maintain social distancing rules.
- You may eat ONLY if you are seated at a table/chair and are 6 feet apart. No sharing food or drinks.
- You may use the restroom--only two students are allowed in the restroom at a time.
- Do not sit on the areas of benches and tables marked off with red tape.

Bathrooms

- Two students at a time are allowed in the restroom
- There will be a staff member to monitor restrooms throughout the day
- If you are using the restroom during class time, go directly there and back to class.
- Bathrooms will be regularly cleaned.

Lunch

- Lunch will be grab and go
- Masks can be removed while you eat and drink.
- You must be seated and socially distanced while eating or drinking
- Do not sit on benches/tables areas marked off with red tape.
- Phones and headphones will be allowed during lunch but **only if you are seated.**

Leaving Campus

- You will be dismissed by your teacher and exit the same gates or area you entered in the morning.
- If you are riding a bus, you will line up in front of the bus socially distanced--with 6 feet between you and the next person. The bus attendant will invite you to board the bus.
- You are encouraged to follow all state and county safety guidelines while returning home from campus.

If You Feel Sick

- Report to an adult that you do not feel well.
- The adult will contact the front office. Someone will come to where you are and escort you to the nurse's office or isolation area.

Can my child go to school today?

(Answer the 3 questions in the blue boxes.)

Do you believe your child may have been in contact with an individual who tested positive for COVID-19?

YES

- Stay at home.
- Inform the school.
- Call your healthcare provider.
- Student must stay home for 14 days from date of last contact with positive individual.

NO

- Come to school.
- If your child has not been absent for illness, they may go directly to class.

Is your child ill with cold/flu-like symptoms?
(runny nose, congestion, sore throat, persistent cough, difficulty breathing, headache, chills, loss of taste/smell, significant muscle pain/aches, diarrhea, or vomiting)

YES

- Stay at home.
- Inform the school.
- Rest and recover.
- Call your healthcare provider if symptoms worsen.

NO

- Come to school.
- If your child has not been absent for illness, they may go directly to class.

Does your child have a fever of 100.4° F or higher?

YES

- Stay at home.
- Inform the school.
- Rest and recover.
- Call your healthcare provider if symptoms worsen.

NO

- Come to school.
- If your child has not been absent for illness, they may go directly to class.

*** Notify the school if your child tests positive and follow the Return-to-School criteria before returning to school .**

RETURN-TO-SCHOOL CRITERIA:

If your child has fever or other symptoms that could be from COVID-19 and does not get tested **OR** is not cleared by their healthcare provider, it is assumed the child has COVID-19 and may not return to school until the **following 3** criteria are met:

1. Has been fever free for 24 hours without the use of medication
2. **AND** child has improved symptoms,
3. **AND** at least 10 days have passed since symptoms first appeared.

Has your child been fever free without medication for 24 hours **AND** were they seen by their healthcare provider and diagnosed with something other than COVID-19?

YES

- Come to school.
- Give the school nurse the healthcare provider note for return to school.

NO

Follow **Return-to-School Criteria.**

***Changes in protocols and procedures may change as needs arise.