

## Sacred Heart Academy Spring Sports Guidelines

### Lacrosse-Upper Field

1. Only SHA students and their parents may attend home lacrosse games.
2. SHA will adhere to the guidelines issued by the PA Department of Health and will not exceed 250 individuals gathering for an outdoor competition for away games.
3. Spectators must wear face coverings without vents.
4. All spectators must adhere to social distance requirements of at least 6 feet of spacing for anyone not in the same household.
5. Spectators are not permitted to enter the field of play or bench areas.
6. For away contests where spectators are permitted, SHA must adhere to the specific guidelines of the individual school.
7. Spectators must complete a COVID-19 screening form before attending their first contest. This form is on the SHA website and must be submitted electronically. A second form will only have to be submitted if there are any changes.
8. All student athletes and coaches will be masked during competition.
9. All student athletes will be sitting at least 6 feet apart on the bench and masked.
10. Restrooms can only be used in the fitness room behind the bleachers.
11. There will be no entry for spectators in the Dooley, School House, or Mansion.

### Track and Field

1. All runners and coaches will be masked during practice at SHA.
2. All runners and coaches will be masked at other venues for practice and meets.
3. All runners, when resting, will maintain at least 6 feet of social distance.