



# BISD

## CHICK-FIL-A WELLNESS DISCOUNT PROGRAM

### 500 & Under Calorie Menu

**WHEN**  
2019-2020 SCHOOL YEAR

**WHERE**  
Chick-fil-A Morrison, Ruben Torres & Sunrise Mall Locations

**FEATURING . .**

<b>Breakfast</b>	<b>Calories</b>	<b>Entrees</b>	<b>Calories</b>
Chicken, Egg & Cheese Bagel	460	Spicy Chicken Sandwich	450
Hashbrown Scramble Bowl	460	Chick-fil-A Chicken Sandwich	440
Chick-fil-A Chicken Biscuit	440	Grilled Chicken Club	440
Chick-n-Minis	350	Grilled Cool Wrap	360
Buttered Biscuit	310	Spicy Strips	340
Bacon Egg & Cheese Muffin	310	Chick-n-Strips	330
Egg White Grill	300	Grilled Chicken Sandwich	310
Sunflower Multigrain Bagel	290	Chick-fil-A Nuggets	260
Hash Browns	250	Grilled Nuggets	140
Greek Yogurt Parfait	250		
Fruit Cup	50		

  

<b>Salads</b>	<b>Calories</b>	<b>Sides</b>	<b>Calories</b>
Spicy Southwest	450	Waffle Potato Fries	360
Market Salad	340	Waffle Potato Chips	220
		Side Salad	160
		Superfood Side	140
		Chicken Noodle Soup	130
		Buddy's Apple Sauce	60

  

<b>Treats</b>	<b>Calories</b>
Chocolate Chunk Cookie	350
Frosted Lemonade	320
Frosted Coffee	240
Icedream Cone	170

## ALL BISD DEPARTMENTS

## CREATING A HEALTHY LIFE STYLE

**10% OFF\***

## WELLNESS

Wellness is an active process of becoming aware of and making choices toward a healthy and fulfilling life. Wellness is more than being free from illness, it is a dynamic process of change and growth. "...a state of complete physical, mental, and social well-being, and not merely the absence of disease or infirmity".

## BENEFITING

**All BISD Employee Only**  
**10% OFF your entire Purchase Total 500 or less Calories.**  
**(Identification Required)**  
**Effective 3/25/2019 ends 05/31/2020**