

Wellness Report Card



Challenge Charter School

IMPLEMENTED

**PARTIALLY
IMPLEMENTED**

**NOT YET
STARTED**

Students need healthy food and environments to reach their full potential. This report reviews our progress towards the goals outlined in our Local Wellness Policy to help student's succeed!

IMPLEMENTED	PARTIALLY IMPLEMENTED	NOT YET STARTED	
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	School menus include nutrient content and ingredients.
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Local and/or regional products are incorporated into the school meal program.
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	More than one type of fruit is offered daily.
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Teachers and other staff receive training in nutrition education.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Physical activity is available for at least 30 minutes per day for all students.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Students have opportunities to participate in physical activity before and after school.
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Recess is offered before lunch.
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Parents and teachers receive a list of healthy party ideas, including non-food celebration ideas.
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	District Wellness Committee meets at least 4 times per year.
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	All schools operate Breakfast in the Classroom or Grab 'N' Go Breakfast models.

School Wellness Progress Comments



Highlights

We have found that even though our school had policies in place for snacks, recess, sales of food, and curriculum, they were not clearly stated in our current policy. We have added these policies with a more clear view on what they are & how we are able to achieve the goals set in place. We also gave more clear direction on who will be assessing the progress of each subject.

We found our current marketing of food & beverage is right in line with the current guidelines recommend. We will however be adding more posters in the cafe that encourage healthy eating choices. These will be added as available. We feel current student artwork displayed in cafe gives an inviting atmosphere to our students & encourages their creativity throughout the day.

With the offering of after school activities such as yoga, dance, soccer & more, we have given options for our students to continue physical activities throughout their whole day. We continue to actively look for a wide range of activities to offer throughout each school year.

We have implemented a new food service tracking program to monitor school wide & grade level participation in our school lunch program. This will help to make changes in food choices to increase participation. This is our base year & will be monitored by our Food Service Director.

Areas for Growth

Our School Wellness Committee does not meet at least 4 times a year. We will be drawing up a schedule to increase our meetings to reach that goal.

Although we offer a different fruit between breakfast & lunch daily, we only offer one choice of entree at breakfast & lunch. We will be working with our caterer each year to increase the options given each day.

We only have birthday celebrations once a month and offer classroom celebration ideas through our school principal and each grade level sends ideas to their families, however will be looking into compiling a list of healthy & fun party ideas to provide to all our families and staff to stay consistent school wide.

Our school population consists of families from all over the valley. We would like to find a way to encourage walking, bike riding and walking buses to our families that live in the neighborhood. (walking buses are 2 or more families that walk together to and from school)

We welcome staff, community, and students to give input on our policy. Please email the Food Service Director or the school Principal with questions, comments and/or concerns regarding this policy at rniesen@challengecharterschool.net or wmiller@challengecharterschool.net. We can also be reached at 602-938-5411.