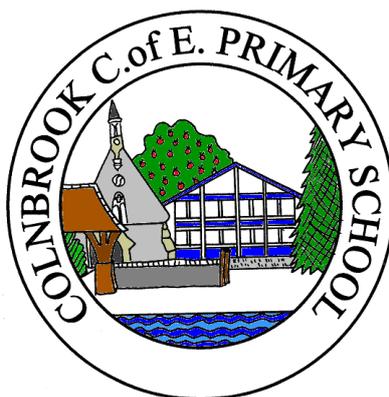


The Slough and East Berkshire C. of E.

Multi Academy Trust

Colnbrook C. of E. Primary School



Changing for PE Guidance

“Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.” Joshua 1:9

Our Vision Statement

At Colnbrook we want to grow young people who believe in themselves so they are confident and courageous and not discouraged from their path. They are resilient when faced with challenge. We want our pupils to believe in each other and to feel supported; never alone on their journey.

Our pupils will have the strength of character to set themselves aspirational goals in learning and life. They will achieve their best and create their own inspirational story and memories.

These values are at the heart of everything we do here at Colnbrook Church of England Primary School. They reflect the qualities that staff and governors want the children to develop and display in all that they do.

Aspiration, Resilience, Respect, Responsibility, Community, Compassion.

At Colnbrook C. of E. Primary School, children from Reception to Year 3 will change together in their classrooms with the teacher or support staff, whoever is responsible for the class at the time to be within the class to help with any issues or problems. The staff member is to follow the Department for Education guidance at all times.

Children in Years 4/5/6 will get changed separately, with either the girls or boys (depending on the children) getting changed in the classroom, toilet or library.

When changing, the children are to be given a time limit to ensure that they change quickly; this could be in the form of a game to see who can change quicker and the time is recorded to see if they are able to beat it each time. Rewards could be given to groups of children for changing quickly

Guidance on supervising pupils in changing rooms – Department guidance

The Department for Children, Schools and Families, now the DfE, published guidance on safer working practice for adults who work with children and young people in education settings.

The guidance addresses the issue of supervising changing rooms. It says:

There are occasions where there will be a need for an appropriate level of supervision in order to safeguard young people and/or satisfy health and safety considerations.

This supervision should be appropriate to the needs and age of the young people concerned and sensitive to the potential for embarrassment.

This means that adults should:

- Avoid any physical contact when children are in a state of undress
- Avoid any visually intrusive behaviour
- Announce their intention of entering changing rooms

This means that adults should not:

- Change in the same place as children
- Shower or bathe with children
- Assist with any personal care task which a child or young person can undertake by themselves

Guidance for safer working practice for adults who work with children and young people in education settings, Children England