

Student Name (First and Last Name) _____

LA Teacher _____

CESIT Selection for Fourth Nine Weeks 2020-2021

Prioritize your choices for each period you have a CESIT or PE 7/8. Rank all the classes offered (In Person or Virtual depending on your learning choice)
 If you have PE 7/8 on your schedule, you must choose from the PE 7/8 courses for that period
 If you have CESIT on your schedule, you will rank all the choices including the PE 7/8 for that period

First Period Classes	Second Period Classes	Third Period Classes
<p>In Person Classes:</p> <p>Art _____</p> <p>CSA Roar _____</p> <p>Documentaries for Change _____</p> <p>Escape Room _____</p> <p>Keyboarding _____</p> <p>Nine Square (PE 7/8 Priority) _____</p> <p>Smash Brothers/Gaming _____</p> <p>Sociology Through Film _____</p> <p>Studio Ghibli _____</p> <p>The Power of Words _____</p> <p>Walking (PE 7/8 Priority) _____</p> <p>Virtual Students Only:</p> <p>Art _____</p> <p>Variety Fitness (PE 7/8 Priority) _____</p>	<p>In Person Classes:</p> <p>Art _____</p> <p>Community Care _____</p> <p>Doodle Mania _____</p> <p>Kickball (PE 7/8 Priority) _____</p> <p>Latch Hook Art _____</p> <p>Nine Square _____</p> <p>Pokeman, Cards, and More _____</p> <p>Sportzapalooza (PE 7/8 Priority) _____</p> <p>Virtual Students Only:</p> <p>CNN _____</p> <p>Future Self Journaling _____</p> <p>Commercials/Publicity _____</p>	<p>In Person Classes:</p> <p>Book Club _____</p> <p>Crossword and Word Search _____</p> <p>Escape Room _____</p> <p>Futbol and Football (PE 7/8 Priority) _____</p> <p>It's All Mixed Up _____</p> <p>Makers Space _____</p> <p>Paper Crafting _____</p> <p>Perler Beading _____</p> <p>Rotten Tomatoes _____</p> <p>Sociology Through Film _____</p> <p>Smash Bros/Gaming _____</p> <p>Sportzapalooza (PE 7/8 Priority) _____</p> <p>The Power of Words _____</p> <p>Super Crew (Must Have Permission from Mrs. Pendergrass) _____</p> <p>Virtual Students Only:</p> <p>Creative Writing _____</p> <p>Cardio Kick Boxing (PE 7/8 Priority) _____</p> <p>Escape Room _____</p>

CESIT Course Descriptions (Alphabetical)

Term 4

2020-2021

Art (Virtual) (1st Period)

DRAWING-- Learn how to draw ANYTHING and amaze your friends and family!

Art (In Person) (1st and 2nd Period)

Be Inspired, Get Messy, Leave Happy! Come create!

Book Club (In Person) (3rd Period)

Come join the librarian for a fun book club. We will begin the class by reading the scary book *Small Spaces* by Katherine Arden. After we have finished that book, students will be able to read any book(s) of their choice for the rest of the 9 weeks. Each student will need to create a book trailer for books they read which will be used in the daily announcements.

Cardio Kickboxing (Virtual) (PE 7/8 Priority) (3rd Period)

This a virtual group fitness class that combines martial arts techniques with fast-paced **cardio**. This high-energy workout challenges the beginner and elite athlete alike. Build stamina, improve coordination and flexibility, and burn calories as you build lean muscle with this fun and challenging workout.

Commercials/Publicity (In Person/Virtual) (2nd Period)

Create and record commercials for the spring production of *The Super Non-Heroes* to be shown on the big screen during the show. We will also be creating posters and social media posts to promote the show. *(Note: This class can have both in person and virtual students.)*

Community Care aka "C Squared" (In Person) (2nd Period)

If you enjoy helping others, and want to make a difference in your school, community, and city, this is the class for you! We will explore the many ways that we can lend a hand to those that could really use it, and actually participate too! Volunteering is not only a great way to make an impact, it increases self-confidence! You are doing good for others and the community, which provides a natural sense of accomplishment. The better you feel about yourself, the more likely you are to have a positive view of your life and future goals! And who knows, maybe one day, you will have the favor returned.

Cougar's "Variety Pack" Fitness (Virtual) (PE 7/8 Priority) (1st Period)

Increase your strength, flexibility, and balance through a variety of cardio workouts, including Zumba, Strength Intervals, Power Yoga, and of course stretching! Class may use light weights.

CNN-Cornerstone Network News (Virtual) (2nd Period)

Come and be a part of our broadcast news program. We will produce the Friday weekly announcements in a video to be shared school-wide. Students will learn how to create and produce a quality video using iPads and green screen effects.

Creative Writing (Virtual) (3rd Period)

If you enjoy writing stories and imagining worlds on your own, come to Creative Writing! We will explore different genres of writing and discuss how we can better tell a story. This class will help you in your language arts skills and expand your creative mind.

Crossword and Word Search (In Person) (3rd Period)

Do you enjoy testing your knowledge? How about scanning for a long lost word that just seems to be avoiding you? In this CESIT, we will play Crossword Puzzles and Word Searches, research and document the roots of these popular puzzles, and even create some of our own for others to try!

CSA Roar News Magazine (In Person) (1st Period)

The CSA Roar is for students who are passionate about current events in the school, our country and our world. Students learn about news writing and have self-selected articles published in our full color news magazine.

Documentaries for Change (In-Person) (1st Period)

This course involves watching documentaries about modern day issues and discussing the importance of seeing the world through other lenses. Explore topics that range from educational disparities to climate change, as well as mental health and the influence social media has on our brains. Come join us in this expansion of minds and world views!

DOODLE MANIA (In Person) (2nd Period)

Students will be able to use their artistic and colorful minds to create extra-large doodle pages and posters to decorate the school, their room, or even gift to a friend. Throughout the nine weeks, students will have the opportunity to choose themes to work on as a class. For example, Words of Encouragement to be placed around the school or given to someone who needs it. Their final project will be a one of a kind student created design that will be printed in poster size and completed with color.

Escape Room (In Person/Virtual) (3rd Period)

Learn how to navigate a series of Escape Rooms online. Some may be linear (must complete one activity to move on), and some may be more virtual exploration on your own.

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Futbol and Football (In Person) (PE 7/8 Priority) (3rd Period)

We will play fútbol on some days and on other days we will play American FLAG football.

Future Self Journaling (Virtual) (2nd Period)

Grow your awareness and writing skills while working on personal goals and learning how to Vlog

It's all Mixed Up! (In Person) (3rd Period)

Do you love competing with your friends playing a variety of games? Join us 3rd period where we'll play a variety of games each week including Bingo, Puzzle, Battle Ship, and more! If you have a favorite game to add into our mix, be ready to take the lead!

Keyboarding (In Person) (1st Period)

Are you tired of trying to type up your class essays with two fingers? Does it take more time to do that and correct errors than it does to write it by hand? Then try this keyboarding class. Let's face it, you will be typing essays and stories throughout your education. You might as well start practicing now. Touch-typing is the act of using the keyboard without looking at your hands. This class will provide the time and practice for you to learn the keys and the typing skills you will need to write those future essays.

Kickball (In Person) (PE 7/8 Priority) (2nd Period)

This is a classic game and lots of fun to play!

Latch Hook Art (In Person) (2nd Period)

Latch hooking is a craft in which short segments of yarn are tied to a canvas grid to create an artistic image or pattern. It can be used to make small rugs, wall hangings, or pillows. Once you understand how to read a pattern and how to work the latch hook tool, latch hooking can be a very relaxing hobby.

Use this link for a preview of Latch Hook Art <https://tinyurl.com/y53poomh>

Maker Space (In Person) (3rd Period)

Have an itch to make some neat crafts? We are going to create nailed it art, rainbow looms, making cards, making bracelets and more. This class will change up crafts weekly.

Nine Square (In Person) (PE 7/8 Priority) (1st and 2nd Period)

Enjoy the game that everyone loves to play at lunch but without the line. Come out and have a blast.

Papercrafting (In Person) (3rd Period)

Origami. Pinterest. Paper. Scissors. Glue. Let your imagination come to life!

Perler Beading (In Person) (3rd Period)

Perler Beading is a craft that involves small individually colored plastic beads to form patterns or images on a grid. Perler beads are perfect for creating pixel art and an excellent way for students to create something that expresses their love for their favorite video game, cartoon character, sports team, animals, a simple pattern, or even their own personal creation.

- Caution: Students will be required to use a hot iron to produce their final piece of art.
- Students & Parents: Use this link for a preview of Perler Beading
 - <https://preview.tinyurl.com/yaq6sl8h>

Pokémon, Cards, and More (In Person) (2nd Period)

Do you want to learn a new game? Do you need some extra time to practice your skills in playing card games you already know? How about some time to research the gaming cards you already own to discover the most effective way to use them when playing with friends? If so, bring your Magic, Pokémon, or use our regular playing cards and join us second period to share strategies, build decks for play, or challenge each other to epic battles!

The Power of Words (In Person) (1st and 3rd Period)

Do you like songwriting, rapping, or poetry? Would you like dedicated time to work on your lyrical writing and share it with classmates? Then sign-up for The Power of Words! This class is all about learning new forms of lyrical writing and letting your creative ideas flow through your work!

Rotten Tomatoes (Movie Critics) (In Person) (3rd Period)

Is watching movies a favorite past time of yours? Then join the Rotten Tomatoes CESIT, where we learn all about how to write and review different genres of movies. From book to movie adaptations and more, we will discuss as a class what makes a movie certified fresh and what makes a movie completely rotten!

Smash Bros./Gaming (In-Person) (1st and 3rd Period)

A place for both casual and competitive gamers. Showcase your skills in one of the most popular fighting games on the Nintendo Switch!

Sociology Through Film- (In Person) (1st and 3rd Period)

A look into why people do the things they do through movies. We will look at gender roles, cultures, different perspectives, and criminal mischief. (Films would vary from Disney to documentaries)

Sportzapalooza (In Person) (PE 7/8 Priority) (2nd and 3rd Period)

Do you feel like running around and having fun? Come join sportzapalooza and play a different game every day. Some of the games are: capture the flag, poison, flag tag, jacked up nuke 'em, chaos, jacked up indoor soccer and more.

Studio Ghibli (In Person) (1st Period)

In this CESIT we will take a closer look at the magic behind the Japanese film studio Studio Ghibli. You will fall in love all over again with the films that captured your hearts, My Neighbor Totoro, Howl's Moving Castle, Spirited Away and so much more. We will unravel the stories behind Hayao Miyazaki's intricate messages in the Studio Ghibli films.

Super Crew (In Person) (3rd Period)

Be a part of the crew for the production of The Super Non-Heroes. We will create sets and props, crew the show, as well as run lights and sound. Some after school rehearsals are required. SPACE IS LIMITED. YOU MUST HAVE MRS. PENDERGRASS PERMISSION to take this class.

Walking (In Person) (PE 7/8 Priority) (1st Period)

Walking is great way to relieve stress and lighten your mood. Join us for an early morning stroll on the Cornerstone Campus. It will be a great way to start your day!!