Breast-feeding is one of the best ways you can protect your baby’s health. If you’ve decided to breast-feed, your Blue Cross and Blue Shield of Kansas City (Blue KC) health plan may have coverage for a breast pump.

**Find out if you have a breast pump benefit and how to order by taking these steps:**

1. **If you’ve thought about using a breast pump, call Blue KC Customer Service at the number on your member ID card.** They can tell you if your plan has a breast pump benefit.

2. **During this time, ask your doctor for a prescription for a breast pump (if your Blue KC plan offers a breast pump benefit).**

3. **Order your breast pump by contacting one of the in-network local or mail-order breast pump providers listed on the back.** If you have not obtained a prescription from your doctor for a breast pump, you can ask the breast pump provider to request the prescription for you.

   This list of providers can also be found on MyBlueKC.com (after logging in as a member) and typing “breast pump” in the search bar.

4. **Please allow roughly four weeks to receive your breast pump in the mail.** Contact your breast pump provider with ordering questions as they can best assist you.

If you have a breast pump benefit on your plan, Blue KC will cover the allowable charge for a manual or electric breast pump, either double or single to meet the needs of you and your baby. The allowable benefit coverage may vary if you live outside the Blue KC service area.

In-network breast pump providers will have certain types and brands on hand. You are limited to one breast pump per pregnancy.

If you have benefit-related questions, contact Blue KC Customer Service by calling the phone number on your member ID card.
In-Network Breast Pump Providers

Helpful tips:

- At 30 weeks, you can order your breast pump from one of the providers listed below. If you have not obtained a prescription from your doctor for a breast pump, you can ask the breast pump provider to request the prescription for you.

- There are walk-in locations within the Blue KC service area, or you may contact an in-network mail-order provider.

- You will need your Blue KC member ID card on hand when you place your order.

<table>
<thead>
<tr>
<th>Covered Network</th>
<th>Preferred-Care Blue and Preferred-Care</th>
<th>Blue-Care</th>
<th>Freedom Network and Freedom Network Select</th>
<th>Blue Select and Blue Select Plus</th>
<th>Blue Access</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advanced Medical Solutions</td>
<td>Lenexa, KS (913) 745-4468</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>American Care Equipment</td>
<td>Overland Park, KS (913) 383-3456</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Elite Medical Innovations</td>
<td>Lenexa, KS (913) 940-0491</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Expresscare Medical Services</td>
<td>Kansas City, KS (913) 789-9573</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Wilkinson Homecare Equipment (7 locations in Missouri)</td>
<td>Nevada, MO (800) 562-8876</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Rich Hill, MO (800) 410-9184</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Lebanon, MO (888) 383-4431</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Lamar, MO (888) 986-3784</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Holden, MO (888) 660-6103</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td></td>
<td>El Dorado Springs, MO (800) 824-6098</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Camdenton, MO (888) 573-0014</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
</tbody>
</table>

IN-NETWORK MAIL ORDER PROVIDERS*

*State access varies; please call the listed provider to ensure breast pumps are available for your location.

Edgepark
Web: edgepark.com • Phone: (800) 321-0591
When prompted for “breast pump”, press 1.

Better Living Now
Web: betterlivingnow.com • Phone: (800) 854-5729
Better Living Now is not a contracted provider in our Blue-Select or Blue-Access networks.

Progressive Medical
Web: pmikc.com • Phone: (913) 685-5861
Email: service@progressivemedicalinc.com
Progressive Medical is not a contracted provider in our Blue-Select or Blue-Access networks.

Yummy Mummy
Web: yummymummystore.com • Phone: (855) 879-8669
Yummy Mummy is not a contracted provider in our Blue-Select or Blue-Access networks.

Byram Healthcare Centers, Inc.
Web: byramhealthcare.com • Phone: (877) 773-1972
Email: breast-pumps@byramhealthcare.com
Byram Healthcare Centers, Inc. is not a contracted provider in our Blue-Select or Blue-Access networks.

Medline Industries, Inc.
Web: medline.com • Phone: (877) 436-8522
Medline Industries is not a contracted provider in our Blue-Select or Blue-Access networks.

*For a complete listing of local walk-in locations, call Blue KC Customer Service at the number listed on your member ID card.