Young children are active learners and benefit from hands-on, play-based experiences. Below are examples of ways children are growing and developing. This is not a complete list of developmental tasks or a checklist to determine school readiness; use this document as a general guide for learning during the 4-year-old year.

**Social Learning**
- Talks and plays with other children and adults
- Follows routines with occasional reminders
- Follows directions that have two parts (“Take off your shoes and put them in the closet.”)
- Will participate in an activity led by an adult other than their parent
- Solves problems; asks adults for help if needed
- Understands there are different rules in different places (i.e., home, school and community)

**Emotional Learning**
- Growing in ability to express feelings, needs, opinions and wants
- Understands emotional reactions of self and others
- Can find something to do and/or play alone for a few minutes
- Can stop what they are doing to do something else
- Shows confidence

**Approaches to Learning**
- Notices new things
- Adjusts to change
- Pretends and invents
- Tries different ways to do a task
- Speaks in home language clearly enough to be understood by most listeners
- Asks and answers questions
- Talks about experiences in the order they happened

**Literacy**
- Looks at or listens to stories
- Tells a familiar story
- Points to and names letters, especially those in their name
- Writes pretend or actual letters, words, and/or name
- Starts to notice beginning and ending sounds in words

**Art**
- Uses different materials to create art (i.e., paint, playdough, markers, crayons, movement)

**Social Systems**
- Notices similarities and differences
- Understands that families vary

**Physical Development & Movement**
- Moves body: crawls, climbs, kicks, climbs stairs, hops, jumps, throws, gallops, catches, and more
- Uses hands to work on puzzles or pegboards, draw, create with playdough, string beads and more
- Gets dressed with little help
- Uses the toilet without help

**Math & Science**
- Likes to count and play with numbers
- Thinks of what might happen next
- Uses words to describe quantities, sizes and shapes
- Sorts objects in more than one way
- Copies a design that repeats (i.e., red block, blue block, red block)

*Content adapted from the Minnesota Early Indicators of Progress*