Athletic Clearance Checklist for Incoming Freshman

## GO ARABS

Step 1. Go to <u>ATHLETICCLEARANCE.COM</u> and make a profile for yourself that you will use for the next four years of your High School career's. On your profile it will take you through a series of steps that you will need to fill out before your athletic career here at CVHS can begin. Once you get to the website athleticclearance.com you will do the following:

- 1. Select CA. State Icon
- 2. Click the Register Button
- Choose the year for which you want to compete. You will select 2021-2022 Select the Sport/Sports that you wish to play that year.
  Fill out your student information.
  Select the high school for which you wish to participate, (Coachella Valley High School)
- 4. Fill in all of your (student) personal information.
- 5. Upload any important documents (Physical, Insurance Card, Covid-19 Waiver).
- 6. Complete your medical history. (Past Injuries etc....)
- 7. Fill out your Parents/Guardian information.
- 8. Sign all the electronic Documents that are there for both you and your parent/guardian.
- 9. Confirm that all the information that you give is accurate and up to date. Once you submit all your information the Athletic Director will go in and clear you to participate for the sport you sign up for, that is if you make the minimum GPA that is required to play.

For Your Information the minimum GPA to participate is a 2.00 GPA.

Step 2. Make sure that you go get a Physical from your personal doctor and once that is done you can take a picture and upload that document via athleticlearance.com.

Step 3. Make sure that you also upload a picture of your Insurance Card to athleticclearance.com.

I cannot wait to meet you all next year and get to know you and share in all your accomplishments here at CVHS for the next four year as Mighty Arabs.

Athletic Director,

Jason Castillo