

## **School-Based Mental Health RoundTableBreak Out Room Instructions**

Choose one of the topics below and discuss among the group.

### **Grief and Loss**

Grief and Loss is an individual and natural part of the human experience, and the world will be talking about physical and secondary losses long past 2020. Some schools districts have incorporated death education as part of their school curriculum.

Should schools address developmentally appropriate grief and loss education as a core component within SEL lessons/health classes and if so, what are the barriers (i.e. stigma, fear, concerns) to doing this work?

### **Virtual vs. In-Person School in 2020 - 2021**

Whether maintaining a virtual platform or re-opening in person, schools can be purposeful in establishing new routines to alleviate some effects of trauma, foster security and build community for students.

What has your school/district been doing to foster community and connection between students, families and staff? Are there additional ideas that could be implemented, and how do you go about starting this process?

### **School-Community Partnerships**

Multiple models of mental health partnerships between schools and community-based organizations exist. Now faced with virtual and hybrid education, schools face a new challenge in reaching students physically where they are.

What mental health interventions is your school/district implementing internally, and what interventions are external partners already supporting? Are there additional models of school-community partnerships you think should be implemented at your school/district and if so, how do you go about starting this process?