

School-Based Mental Health RoundTable

Circle Activities - Sept 5, 2019

1) Meet and Greet Circle (Check-in)

Circle 1: Each person speaks

What school district or agency are you from?

What is your position or job?

Name a word that describes you using the first letter of your name.

Circle 2: Use talking piece

What is the current state of student mental health in your school or community?

What do you hope to get from today's roundtable?

2) Circle Activity - Coat of Arms

Schools

- 1) What is your district/school's current mental health crisis procedure or plan? (Consider pre, during, or post scenarios)
- 2) What are the areas of strength with the current plan?
- 3) What are areas of concern with the current plan? What obstacles arise before, during or after a mental health crisis occurs?
- 4) What changes need to be made to better prepare the district, school, staff, students, and parents for mental health crisis situations?

Organizations

- 1) What is your organization's interaction with schools' pre, during, or post a mental health crisis?
- 2) What are the areas of strength with the current partnership?
- 3) What are areas of concern with school partnerships? What obstacles arise before, during or after a mental health crisis occurs?
- 4) What changes need to be made to better prepare organization staff to respond to schools dealing with a mental health crisis?

After Coat of Arms is complete, using the talking piece,

Icebreaker question: Name a candy or snack that describes you?

Review each question in a Circle They can pass, but we will follow up after

One group for agencies/organizations - lead by Amanda

Two groups for school staff - lead by Jack and Julie

Then as a whole group share out what stood out to you from your smaller circles.

3) Closing Circle (complete before surveys)

Circle 1: Use talking piece

What is the biggest takeaway from today that you will be able to use or start to implement in your school district?

Circle 2: Each person speaks

Use one word to describe today's experience.