school year 2020-21

COVID-19 &

PROCEDURES

CONTACT

TRACING

QSI INTERNATIONAL SCHOOL OF YEREVAN

INTRO

As we approach the start of the school year during a global pandemic, it is very important that we share some of the guidelines and procedures that we will use to keep our school students and staff safe.

As we have learned over the last few months, nature of this particular virus means that prevention must go hand-in-hand with containment. QSIY will start the 2020-21 school year with three goals:

- To have in place all preventive measures possible
- To act quickly to identify and address any possible COVID cases
- To follow up, via contact tracing, to contain any potential spread in the school community

The success of these plans is dependent on the engagement and support of all in the community. Just as QSIY will do its best to share any information it can, we ask that the community do the same.

Thank you very much for your support. If we work together I am very confident that we will have a successful and healthy 2020-21 school year.

Jeremy Simms Director

NOTE:

Trust is a major part of the steps built into the program QSIY will use to keep students and staff healthy. You can trust that we will act quickly to address any health concerns. Likewise, the school staff and leadership trust that all families and students will act in a way that will keep themselves and others safe.

You can also trust that the school will keep all medical information strictly confidential. Beyond any reporting required by law, medical information will be used by medical personnel.

2020-2021

PREVENTION



Temperature Checks

All students and staff will have their temperature checked upon entering campus. Staff will have their temperature checked an additional time each afternoon per Armenian Ministry of Health guidelines.

Masks

Everyone in the school building is required to properly wear a mask. Masks may be removed outside only when in class and approved by a teacher when students properly distanced.

Social Distancing

Students and staff will be expected to safely distance themselves (exceeding 1.5 meters) from one another at all times. Markers and floor decals will help guide social distancing.

Hand Washing

Students will be instructed and expected to follow proper handwashing procedures at all times.



Symptoms at Home

If a child appears to have symptoms at home the child must be kept at home. Parents should inform the school immediately. The school nurse will provide guidance as to when the student can return to school.

DEFINITIONS



Symptoms of COVID-19

From the World Health Organization:

COVID-19 affects different people in different ways. Most infected people will develop mild to moderate illness and recover without hospitalization.

Most common symptoms:

- fever.
- dry cough.
- tiredness.

Less common symptoms:

- aches and pains.
- sore throat.
- diarrhoea..
- headache.
- loss of taste or smell.
- a rash on skin,
- discolouration of fingers or toes.

Serious symptoms:

- difficulty breathing
- shortness of breath.
- chest pain or pressure.
- loss of speech or movement.

Close Contact

From the US CDC:

A close contact is any individual within 6 feet of an infected person for at least 15 minutes) of confirmed or potential COVID-19 cases.

SYMPTOMS ON CAMPUS: STUDENTS



If a student reports or shows possible COVID-19 symptoms:

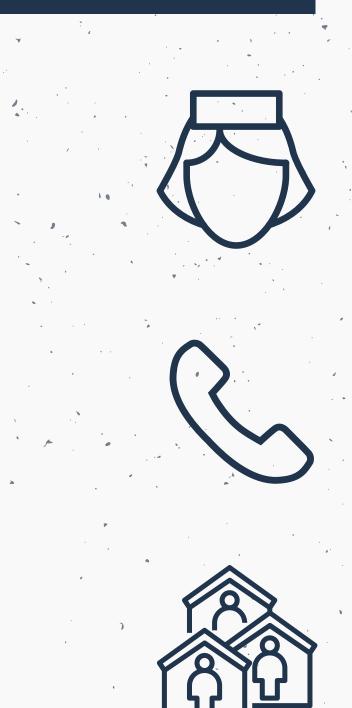
The child of concern will be sent to isolation room for immediate evaluation by the school nurse [If evaluation determines that child is at risk, the school will:

- Make arrangements for the child to return home and, if necessary, support family in scheduling COVID test
- Move rest of class to a separate location.
 Class will not have contact with any other student or staff members
- Contact parents/guardians of all children will be and transport arrangements made if necessary

Next steps..

- Students and teacher(s) should not return to school until results of testing for COVID is known.
- Parents should inform the school upon receiving test results immediately. If the original student tests positive for COVID, all students and teacher(s) need to quarantine for 14 days. The school will begin contact tracing procedures at this time.
- If the original student tested negative for COVID, all other students and teacher(s) should return to school.
- If the original student is found to have an illness but it is not COVID, the child may only return 48 hours after the disappearance of all symptoms.

SYMPTOMS ON CAMPUS: STAFF



If a staff member reports possible COVID-19 symptoms:

The staff member will immediately report symptoms to the school nurse. The staff member shall return home and the school will:

- Contact parents (if staff member is a teacher) and any other known contacts that day (other staff members)
- Assist staff member in scheduling COVID test If staff member is a classroom teacher; any student contacts will not have contact with other student cohorts or staff members.

Next steps...

- Any contacts, including students and other staff, should not return to school until results of testing for COVID is known.
- Staff member will report test results immediately.
- If the staff member of concern tests positive for COVID, all informed contacts need to quarantine for 14 days. The school will begin contact tracing procedures at this time.
- If the staff member tests negative for COVID, all informed contacts should return to school.
- If the staff member is found to have an illness but it is not COVID,
- the staff member will only return 48 hours after the disappearance of all symptoms and with the permission of the school nurse

2020-2021

CONFIRMED COVID CASES

Many cases of COVID are asymptomatic and may be discovered by a COVID test without symptoms.

If a student tests positive for COVID the family must inform the school immediately. If a staff member tests positive for COVID the school must be informed immediately. The school will perform contact tracing within the school community.

All confirmed contacts – students and staff members – must quarantine for 14 days

For students -

prior to returning to school, the student must quarantine for 14 days, have a clear COVID-19 test and confirmation by the school nurse

For staff -

prior to returning to work, the staff member must quarantine for 14 days, have a clear CQVID-19 test and confirmation by the school nurse

2020-2021

CONTACT TRACING

QSIY will use contact tracing forms adapted from those developed by the US Centers for Disease Control and Prevention. These forms will help us follow up with any and all potential and confirmed cases and collect information on any symptoms that may develop. Any and all information collected is strictly confidential and the identity of all potential or confirmed cases will be safe-guarded.

The following forms are attached on the following pages:

- FORM 1: Close Contact Identification Form
- FORM 2: Close Contact Symptom Monitoring Form
 - FORM 3: Close Contact Questionnaire



Student or Staff Member with symptoms or confirmed case interviewed



Patient with symptoms identifies contacts



Each contact notified



End of quarantine if asymptomatic after 14 days



Daily check and follow up by school nurse

Test if possible, begin 14 day quarantine

Close Contact Identification Form

This form will be used to interview a confirmed or possible COVID-19 patient. It is used to help identify possible close contacts that may

CDC		ment OMB: 0920-1011 (22 August 2020)	ion Form	
I. Interview	v Information			
Case Name Last:		First:		
Date of interview: M	M / DD / YYYY			
nterviewer Name	Last:	First:		
Confirmed cas	e Student. Staff			
	person (Last, First): to confirmed case:			
II. ACTIVIT	Y HISTORY BEGINNING OF	N THE DAY OF SYMPTOM	DNSET	
Please list all ac sym	tivities, places visited, and ptom FROM: MM / DD / YYY	travel you participated in THROUGH: today's da	starting two days before y te : MM / DD / YYYY.	our first
	AM Events/Locations	PM Events/Locations	Notes	
2 days before illness onset MM / DD / YYYY				
1 day before illness onset				
Date of illness onset: ////////////////////////////////////				
1 day after illness onset MM / DD / YYYY				
2 days after illness onset MM / DD / YYYYY				
3 days after illness onset MM / DD / YYYYY				

	AM Events/Locations	PM Events/Locations	Notes
4 days after illness onset MM / DD / YYYY			
5 days after illness onset MM / DD / YYYY			
6 days after illness onset MM / DD / YYYY			
7 days after illness onset MM / DD / YYYY			
8 days after illness onset MM / DD / YYYY			
9 days after illness onset MM / DD / YYYY			
10 days after illness onset MM / DD / YYYY			
11 days after illness onset MM / DD / YYYY			
12 days after illness onset MM / DD / YYYY			
13 days after illness onset MM / DD / YYYY			
14 days after illness onset* MM / DD / YYYY			



QSIY Close Contact Identification Form



III. Household and other Close Contacts

Please complete the questions below for all household and close contacts from the date of illness onset through today's date. A household contact is anyone who stayed overnight for at least one night in a household with the confirmed case during the period of evronsure.

Name	Phone Number	Relationship to case-patient	Sex (M/F/O/U)	Age	Date of last exposure to the case (MM/DD/YYYY
		/			
		/			
		1			
	1 C				
	1				
	1				

Close Contact Symptom Monitoring Form

This form will be used to check in and monitor symptoms of a close contact who may have been exposed to a confirmed case

QSIY Close Contact Symptom Monitoring Form Adapted from form US Government form: OMB: 0020-3021 (22 August 2020) Contact Name:
The purpose of this form is to track temperatures and symptoms of close contacts of confirmed cases with COVID-19 and assess whether they may need additional medical evaluation.
I. Close Contact Information
Close contact name: Contact DOB:
Contact phone number:
Location where close contact is isolated:
Close contacts should be monitored for 14 days after their last exposure to a confirmed case with COVID-19. Active monitoring or self-monitoring may be appropriate based on the level of contact. Guidance for the type of monitoring that is recommended can be found here: <u>https://www.cdc.zov/coronavirus/2019-ncov/php/risk-assessment.html</u>
II. Prior Contact with Confirmed Case

¹ Note: If the close contact under active monitoring has continued exposure to a confirmed case (e.g. if the close contact is isolated at home with a confirmed case), their risk should be assessed to determine their last date of exposure and the appropriate monitoring period. <u>https://www.cdc.gov/coronavirus/2019-ncov/php/risk-assessment.html</u>

Day from exposure	Monitoring Date (MM/bo/mm)	Type of contact	Temp (-F)	Symptoms		Caller Initials and Notes
Day of last exposure (Day 0)		House visit Phone Call Text Voicemail Unable to contact	AM: PM:	No symptoms Felt feverish Cough Dry Productive Sore Throat Shortness of breath Chills Mediache	Muscle Aches Vomiting Abdominal Pain Diarrhea: times/day Other:	Initials:

N/A continued exposure



Case Name:

Date of Last Exposure to Confirmed Case (MM/DD/YYYY): _

QSIY Close Contact Symptom Monitoring Form

Day from exposure	Monitoring Date (MM/DD/YYYY)	Type of contact	Temp (-F)	Symptoms		Caller Initials and Notes
6		House visit AM: Phone Call Text Voicemail PM: Unable to contact		No symptoms Felt feverish Cough Dry Productive Sore Throat Shortness of breath Chills Headache	Muscle Aches Vomiting Abdominal Pain Diarrhea: times/day Other:	Initials:
7		House visit Phone Call Text Voicemail Unable to contact	AM: PM:	No symptoms Felt feverish Cough Dry Productive Sore Throat Shortness of breath Chills Headache	Muscle Aches Vomiting Abdominal Pain Diarrhea: times/day Other:	Initials:
8		House visit Phone Call Text Voicemail Unable to contact	AM: PM:	No symptoms Felt feverish Cough Dry Productive Sore Throat Shortness of breath Chills Headache	Muscle Aches Vomiting Abdominal Pain Diarrhea: times/day Other:	Initials:
9		House visit Phone Call Text Voicemail Unable to contact	AM: PM:	No symptoms Felt feverish Cough Dry Productive Sore Throat Shortness of breath Chills Headache	Muscle Aches Vomiting Abdominal Pain Diarrhea: times/day Other:	Initials:
10		House visit Phone Call Text Voicemail Unable to contact	AM: PM:	No symptoms Felt feverish Cough Dry Productive Sore Throat Shortness of breath Chills Headache	Muscle Aches Vomiting Abdominal Pain Diarrhea: times/day Other:	Initials:



n Monitoring Form

QOI	r close	Contact	Sym	prom
	Adapted from	Form US Govern	ment form	OM8:09



Day from exposure	Monitoring Date (MM/DD/YYYY)	Type of contact	Temp (+F)	Symptoms		Caller Initials and Notes
1		House visit Phone Call Text Voicemail Unable to contact	AM: PM:	No symptoms Felt feverish Cough Dry Productive Sore Throat Shortness of breath Chills Headache	Muscle Aches Vomiting Abdominal Pain Diarrhea: times/day Other:	Initials:
2		House visit Phone Call Text Voicemail Unable to contact	AM: PM:	No symptoms Pelt feverish Cough Dry Productive Sore Throat Shortness of breath Chills Headache	Muscle Aches Vomiting Abdominal Pain Diarrhea: times/day Other:	Initials:
3		House visit Phone Call Text Voicemail Unable to contact	AM: PM:	No symptoms Felt feverish Cough Dry Productive Sore Throat Shortness of breath Chills Headache	Muscle Aches Vomiting Abdominal Pain Diarrhea: times/day Other:	Initials:
4		House visit Phone Call Text Voicemail Unable to contact	AM: PM:	No symptoms Pelt feverish Cough Dry Productive Sore Throat Shortness of breath Chills Headache	Muscle Aches Vomiting Abdominal Pain Diarrhea: times/day Other:	Initials:
5		House visit Phone Call Text Voicemail Unable to contact	AM: PM:	No symptoms Felt feverish Cough Dry Productive Sore Throat Chills Headache	Muscle Aches Vomiting Abdominal Pain Diarrhea: times/day Other:	Initials:



QSIY Close Contact Symptom Monitoring Form

لارتدانا	1000	1	-11		1
			-	42	J

Day from exposure	Monitoring Date (MM/DD/YYYY)	Type of contact	Temp (-F)	Symptoms		Caller Initials and Notes
11		House visit Phone Call Text Voicemail Unable to contact	AM: PM:	No symptoms Felt feverish Cough Dry Productive Sore Throat Shortness of breath Chills Headache	Muscle Aches Vomiting Abdominal Pain Diarrhea: times/day Other:	Initials:
12		House visit Phone Call Text Voicemail Unable to contact	AM: PM:	No symptoms Felt feverish Cough Dry Productive Sore Throat Shortness of breath Chills Headache	Muscle Aches Vomiting Abdominal Pain Diarrhea: times/day Other:	Initials:
13		House visit Phone Call Text Voicemail Unable to contact	AM: PM:	No symptoms Felt feverish Ough Dry Productive Sore Throat Shortness of breath Challs Headache	Muscle Aches Vomiting Abdominal Pain Diarrhea: times/day Other:	Initials:
14		House visit Phone Call Text Voicemail Unable to contact	AM: PM:	No symptoms Felt feverish Cough Dry Productive Sore Throat Shortness of breath Chills Headache	Muscle Aches Vomiting Addominal Pain Diarrhea: times/day Other:	Initials:

Close Contact Questionnaire

This form will be used by the school to determine the possibility that someone might be a close contact to a confirmed COVID-19 case





Sy

QSIY Close Contact Questionnaire



/___(MM/DD/YYYY) Date of birth: 1

1. Since your date of last exposure to the confirmed case, have you experienced any of the following

Symptom	Sympto	om Pres	ent?	Date of Onset (MM/DD/YYYY)	Duration (no. of days)
Fever >100.4F (38C)	Yes	No	Unk		
Subjective fever (felt feverish)	Yes	No	Unk		
Chills	Yes	No	Unk		
Muscle aches	Yes[No	Unk		
Runny nose	Yes	No	Unk		
Sore throat	Yes	No	Unk		
Cough (new onset or worsening of chronic cough)	Yes[No	Unk		
Shortness of breath	Yes	No	Unk		
Nausea/Vomiting	Yes	No	Unk	/	
Headache	Yes[No	Unk	1	
Abdominal pain	Yes	No	Unk		
Diarrhea	Yes	No	Unk		
Other, specify:	Yes	No	Unk		

Past Medical History

2. Do you have any pre-existing medical conditions? Yes No Unknown

Chronic Lung Disease	L_Yes	L_No	Unknown	
(asthma/emphysema/COPD)			C	
Diabetes Mellitus	Yes	No	Unknown	
Cardiovascular disease	Yes	No	Unknown	
Chronic Renal disease	Yes	□No	Unknown	
Chronic Liver disease	Yes	No	Unknown	
Immunocompromised Condition	Yes	No	Unknown	
Neurologic/neurodevelopmental disorder	Yes	No	Unknown	(If YES, specify)
Other chronic diseases	Yes	No	Unknown	(If YES, specify)
If female, pregnant	Yes	□No	Unknown	

Exposures to confirmed case 10. What is your relationship to the confirmed case?

11. Where were you exposed to the confirmed case? (select all that apply)

11. Where were you Household School Transport Community Other (specify):_



QSIY Close Contact Questionnaire

12. During the period of *potential exposure* (defined as the confirmed case's date of symptom onset through

				Number of	
		Start date	End date	occurrences	Total cumulative
		(date exposure	(date exposure	(number of times	duration of
Exposure	Answer	first occurred) (MM/DD/YYYY)	last occurred) (MM/DD/YYYY)	the exposure occurred)	occurrence(s) (specify unit)
contact with the confirmed case?	Yes No	(MW/00/111)	(MM/00/111)	occurred)	minutes hours
have direct physical contact with the confirmed case? (e.g., hug, shake hands, etc.)	Yes No Unknown				minutes hours days
physically within 6 feet of the confirmed case?	Yes No Unknown				minutes hours days
within 6 feet while the confirmed case was coughing or sneezing?	Yes No Unknown	/	/		minutes hours days
take an object handed from or handled by the confirmed case? (e.g., pen, paper, food, utensil, etc.)	Yes No Unknown				minutes hours days
sleep in the same room as the confirmed case during the time he/she was ill?	Ves				minutes hours days
share a bathroom with the confirmed case during the time he/she was ill?	Yes No Unknown				minutes hours days
travel in the same vehicle sitting within 6 feet of the confirmed case?	Ves No Unknown				minutes hours days



CDC **QSIY Close Contact Questionnaire**

40	-	-	5
11	1	14	9
7	10	1	
	7		11. (A)

Exposure	Answer	Start date (date exposure first occurred) (MM/DD/YYYY)	Number of occurrences (number of times the exposure occurred)	Total cumulative duration of occurrence(s) (specify unit)
any other type of contact (list all)	Ves			minutes hours days