

WHAT'S HAPPENING AT



PEARCE

COMMUNITY & FITNESS CENTER

610 W. Cedar St. • Chillicothe, IL • 309.274.4209
www.pearcecc.com

Pearce SPRING SOCCER REGISTRATION

— STARTS FEBRUARY 1 —



2021 YOUTH SOCCER LEAGUE FOR BOYS & GIRLS
AGES 4-9

Registration: February 1-March 26
Practice begins the week of March 29
Saturday games played April 3-May 8

ALL GAMES & PRACTICES HELD OUTDOORS AT
SOUTH SCHOOL



Safe Sitter®

3.6.21 • 9 AM-2:30 PM • Ages 11-17

Do you feel ready to stay home alone, watch your brothers and sisters while your parents are gone, or babysit for younger children? Then maybe it's time for Safe Sitter®. Safe Sitter® is for children ages 11-17 who are ready to learn the skills they need to care for themselves and younger children.



MONDAYS & WEDNESDAYS

3-4pm • Free to Members • Ages 10-14

Develop your skills and strategy with our twice a week Strategic Game Club. A variety of strategic games & puzzles will be available.



March School's Out Day Camp Dates

Half Day: Mar. 5

Full Day: Mar. 19

Spring Break: Mar. 29-Apr. 5

OUT!



TRIATHLON TRAINING

KICKS OFF MARCH 23



**INFO NIGHT
MARCH 16 AT 6 PM**

Prospective participants will be introduced to the structure of triathlon training at Info Night! The instructors will meet with participants and talk about the program, events, expectations & gear.

**PROGRAM RUNS
MARCH 23—MAY 27**

Participants will meet on Tuesdays at 6:00 pm and Thursdays at 7:30pm.

S.E.L.F.

SHAPE ENHANCE LIFT FUNCTIONALLY

**MARCH 23—
APRIL 29**

**TUESDAYS &
THURSDAYS**

6-7PM

INFO NIGHT MARCH 10 AT 5:30 PM

FEWL

**FEMALES EMBRACING
WEIGHT LIFTING**

**MARCH 23-APRIL 29
TUESDAYS & THURSDAYS 4:30-5:30 PM
INFO NIGHT MARCH 10 AT 5:00 PM**

Learn the essential foundation of strength training and proper lifting technique with our FEWL instructor. Overcome fears often associated with free weights and gain more curve, more capability, and more confidence.



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