

Supper Menu Week 1



Mayfield Girls School

w/c: 08-03-2021	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup of the Day	Tomato & Basil	Ham & Pea	Broccoli & Potato	Chicken Noodle	Spiced Carrot & Lentil	Roasted Root Vegetable Soup	
Main Meal	Prawn, Chilli & Garlic Linguine	Miso Chicken	Slow Cooked Beef Curry With Tomatoes	Korean BBQ-Style Pork Shoulder Strips, Spring Onion & Sesame	Bean Chilli & Nachos	Chicken, Leek & Mushroom Shortcrust Pastry Pie	Gratin Gammon Steaks Topped with Cauliflower Cheese
Vegetarian	Linguine aglio e olio (garlic, chilli & parsley)	Miso Aubergine	Squash & Chickpea Curry	Korean Fried Cauliflower, Spring Onions & Sesame		Leek, Cheddar Cheese & Potato Pie	Grilled Field Mushroom with Cauliflower Cheese
Side Dishes	Steamed Broccoli	Sweet Potato Mash & Garlic Bok Choi	Bombay Potatoes, Poppadoms & Raita	Kimchi Fried Rice & Asian Greens	Guacamole, Tomato Salsa, Soured Cream & Jalapenos	Buttery Mashed Potatoes & Steamed Green Beans	Saute Potatoes & Peas
Jacket Potatoes	Jacket Potatoes or Baked Sweet Potatoes With Beans Served Daily						
Dessert	Ice cream/Frozen Yoghurt, Fresh Fruit & Jellies	Fresh Fruit, Yoghurt and Jellies	Ice cream/Frozen Yoghurt, Fresh Fruit & Jellies	Fresh Fruit, Yoghurt and Jellies	Ice cream/Frozen Yoghurt, Fresh Fruit & Jellies	Fresh Fruit, Yoghurt and Jellies	Fresh Fruit, Yoghurt and Jellies
Salad Bar	A Variety Of Salads Available Daily, Including Mixed Side Salads, Pasta Salads, Grain Salads & Meat & Cheese Boards See Separate Salad Bar Menu for Daily Offerings						
No Gluten & Dairy	We Have Gluten & Dairy Free Options Available Daily for Allergies or Intolerances (<i>please see board for all allergen information</i>)						