



The Olentangy Parent Programs Team (PPT) Presents ...



WEDNESDAY, MARCH 24, 2021, 7 - 8:30 P.M.

View The Livestream at: tinyurl.com/457dzn8m

YOUTH SUBSTANCE ABUSE: A PANEL PERSPECTIVE

Substance use in students is something we as parents don't want to think about. Oftentimes we say to ourselves "My child wouldn't do that." "They know better," or "They have good friends and get good grades." But these statements do not always mean your student isn't considering or engaging in drug or alcohol use. Whether it is experimentation, giving in to peer pressure, or using to cope or mask other mental health concerns in youth is more common than one might think. According to the 2019 National Youth Risk

Behavior Survey, 29.2 percent of high schoolers drank within the past 30 days, 13.7 percent participated in binge drinking and 15 percent reported having their first drink of alcohol prior to age 13. Likewise, 36.8 percent have tried marijuana and 21.7 percent currently use. In regards to prescription medications, 14.3 percent reported taking medication not prescribed to them or differently than prescribed. Oftentimes drug and alcohol use are associated with other risk-taking behaviors and/or mental health concerns.

ABOUT THE VIRTUAL PRESENTATION

Parent Programs Team presents a panel discussion from different perspectives regarding drug and alcohol use in youth. The effects of drug and alcohol use have different outcomes and consequences looking through different lenses. Through the perspectives of law enforcement, medical and physical health, mental health, and the personal perspective, parents will learn more about warning signs of youth who may be considering or using substances, the consequences of use, and tips to prepare students to address this issue with their youth. A question and answer session will be available at the end of the panel presentation. **Disclaimer: Due to its content, this presentation may not be suitable for students.**

PPT's mission is to empower parents with information and skills critical to raising children in today's world. The committee provides information through evening parent forums featuring experts in areas relevant to raising children. PPT is a collaborative group of district staff, community members and parents like you! Sponsored by Olentangy's Parent Programs Team.