

## Kinder Round-Up: Eanes ISD School Nurse FAQs

[EISD Health](#) is a great resource. Find school health policies, emergency care plans, school nurse contact information, etc.

**Tip: Save your school nurse's phone number in your contacts so that she can reach you quickly in case of emergency.**

**Immunizations** [Find Texas requirements here](#)

Call your doctor to find out if your child's shots are up to date. Send immunization records to your registrar ASAP--don't wait! **Tip: You will *not* receive teacher placement notification until your child meets all immunization requirements.**

**Should I notify the school if my child is absent?**

Yes. Enter absences, late arrivals, and early pick-ups in the [SmartTag system](#). Absences will remain unexcused until a note is entered in SmartTag. A doctor's note is required when the absence is longer than 3 days.

**When can my child return to school?**

- **Fever:** When the temperature is less than 100.0° F for 24 hours without the use of fever-reducing medication.
- **Vomiting:** When able to tolerate food without recurrent vomiting, typically 24 hours after the last episode.
- **Diarrhea:** When diarrhea-free for 24 hours without the use of diarrhea-suppressing medication.
- **Common Cold:** When fever-free for 24 hours without the use of fever-suppressing medication.
- **Strep throat:** When on antibiotics and fever-free for 24 hours without the use of fever-suppressing medication.
- **Flu (influenza):** When fever-free for 24 hours without the use of fever-suppressing medication.
- **Pink eye:** A doctor's note is required unless the child is symptom-free.
- **Head lice:** After treatment. Please allow the school nurse to re-check your child before she or he returns to class.
- **Severe congestion & fatigue without fever:** Please keep your child's comfort in mind. Sick children need rest.
- **When symptoms develop during the night:** Please keep children home until you are sure they are symptom-free.
- **For a complete list of school exclusion requirements due to communicable disease:** [www.dshs.state.tx.us](http://www.dshs.state.tx.us).

**What if my child needs medication at school?**

- Students in K-8 are **not** allowed to bring medications to school. Parents must bring medications to the school nurse.
- State law prohibits school nurses from administering "stock" medications, such as Tylenol or Advil, to students.
- You must complete an [EISD Medication Permission Form](#) and provide the medications that the nurse will administer.
- If medication must be kept in the clinic longer than 2 weeks, your child's doctor must complete and sign the *Physician Authorization* (lower half) of the *EISD Medication Permission Form*.
- **Medications MUST be in their original containers with the medication name, dose & instructions on the label. Do not bring pills in baggies or meds in syringes.** Follow instructions on the Medication Permission Form (page 2).
- **Medications will be destroyed (state law) if you do not pick them up on the last day of school. Tip: Set a reminder.**

**Chronic Health Conditions - [Asthma](#), [Anaphylaxis](#), [Diabetes](#), [Seizures](#), [Heart Condition](#), [Cystic Fibrosis](#), etc.**

- Please notify the school nurse if your child has a chronic health condition.
- If your child has asthma, diabetes, seizures, or a life-threatening allergy, please ask your doctor to complete and sign an [Emergency Care Plan](#). Bring your child's plan and medication(s) to the school nurse before the first day of school.

**What if my child is injured and cannot participate in PE?**

- Please send a note or email to the school nurse to request a PE excuse.
- A doctor's note is required if your child will miss more than 3 days of PE.

We love your children and are always here to help! Please reach out with any questions or concerns at any time.