

# BROWNSVILLE INDEPENDENT SCHOOL DISTRICT

## AN EDUCATOR'S GUIDE TO CONCUSSION MANAGEMENT RETURN TO LEARN PROTOCOL FLOWCHART

### ON CAMPUS INJURY

**1<sup>st</sup> Responder activates the Campus Emergency Plan and must contact school nurse. Campus Principal must be notified.**

**1<sup>st</sup> Responder:** Complete Health Services Student Referral to Nurse (Form 14-120)

Coach contacts the school nurse and then calls 911 if concussion or cardiac symptoms appear.

If injury occurs off campus, parent will notify campus nurse and administration.

### ATHLETIC INJURY

**Coach is the 1<sup>st</sup> Responder, therefore, activates the Campus Emergency Plan and must follow First Aide/AED and Concussion Procedures. Campus Principal must be notified.**

**High School:** Coach evaluates the athlete and then contacts the trainer or calls 911.

**Middle School:** Coach evaluates the athlete and then calls 911 if concussion or cardiac symptoms appear.

### NURSE

- Head Injury Advisory (Form 14-158)
- Head Injury/Concussion Special Health Needs (Form 14-158HN)
- Student Referral (Form 14-102)
- MED-1 Child Find
- Individual Healthcare Plan

### RETURN-TO-PLAY PROTOCOL

#### COACH/ATHLETIC TRAINER

**Complete Concussion Checklist (RtP- 1) and provide copies to paramedics, parent, nurse, principal, athletic trainer, and athletic coordinator.**

- RtP-1 Concussion Checklist
- RtP-2 Physician Evaluation
- RtP-3 Return to Participation Protocol
- U.I.L. Concussion Management Protocol Return to Play Form

### RETURN-TO-LEARN PROTOCOL

#### CAMPUS TEAM

**Make recommendations that will allow the student to recover from the injury without adversely affecting achievement.**

- RTL-1 Classroom Post-Concussion Observation
- RTL-2 Parent Post-Concussion Observation
- RTL-2 Individual Intervention Plan and Progress Monitoring Log

#### HEADS UP TO SCHOOLS:

Follow the Return-to-School Framework: Phases 1 - 5