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EANES ISD HEALTH SERVICES  
MANAGEMENT OF COVID-19  
ON THE SCHOOL CAMPUS

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## Nursing Response and Treatment

*As new guidelines are released, this plan may be updated or altered and will follow the current governmental guidelines.*

### **Overview:**

Eanes ISD is committed to the safety of our students and staff. These guidelines will be in place to promote safe and consistent management of students and staff among campuses.

COVID-19 is a virus that is mostly spread by respiratory droplets released when people talk, cough or sneeze. It is thought that the virus may spread to hands from a contaminated surface and then to the nose or mouth, causing infection. The more people a student or staff member interacts with, and the longer that interaction, the higher risk of COVID-19 spread. Therefore, personal prevention practices such as social distancing, handwashing, wearing a face mask, staying home when sick, and environmental cleaning and disinfection are important actions to stop the spread of COVID-19.

## Terms and Definitions

### **Case Classification\***

[\\*CASE Definitions](#)

#### **Probable COVID-19:**

- Meets clinical criteria AND epidemiologic evidence with no confirmatory laboratory testing performed for COVID-19.
- Meets presumptive laboratory evidence AND either clinical criteria or epidemiologic evidence.
- Meets vital records criteria with no confirmatory laboratory testing performed for COVID-19.

#### **Confirmed COVID-19:**

Meets confirmatory laboratory evidence.

#### **Close Contact:**

- Someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period\* starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the patient is isolated.
- You provided care at home to someone who is sick with COVID-19
- You had direct physical contact with the person (hugged or kissed them)
- You shared eating or drinking utensils
- They sneezed, coughed, or somehow got respiratory droplets on you

\*The differential determination of close contact for those using fabric coverings is not recommended.

*Updated 12.7.2020 (aligned with CDC)*

### **Isolation:**

Isolation is used to separate people infected with the virus (those who are sick with COVID-19 and those with no symptoms) from people who are not infected.

People who are in isolation should stay home until it is safe for them to be around others.

In the home, anyone who is sick or infected should separate themselves from others by staying in a specific “sick room” or area and by using a separate bathroom (if available).

Who needs to isolate?

- People who have COVID-19
- People who have symptoms of COVID and are able to recover at home
- People who have no symptoms (are asymptomatic) but have tested positive for COVID-19

### **Self-Quarantine:**

To prevent the further spread of disease, people who had close contact with someone with COVID-19 must stay home and maintain social distance (at least 6 feet apart) from others until 7, 10 days after their last exposure to a person with COVID-19 and are encouraged to Self-Quarantine. The CDC still recommends quarantining for 14 days, and in some instance, people should quarantine for 14 days. This means contacts should monitor themselves by checking their temperature twice daily and watching for symptoms of COVID. (See Quarantine Guidelines) *Updated 12.8.2020*

### **Contact Tracing:**

Contact tracing for COVID-19 typically involves

- Interviewing people with COVID-19 to identify everyone they had close contact with during the time they may have been infectious

- Notifying contacts of their potential exposure
- Referring contacts for testing
- Monitoring contacts for symptoms of COVID.
- Connecting contacts with services they might need during the self-quarantine period (may refer to school counselor if needed)
- EISD will provide case review and reporting for school-based exposure, but not follow full contact tracing protocol.

## Preventative Measures to Stop the Spread of COVID-19

### Masks:

- All students and staff will wear masks all day while inside building. Masks may be removed when outdoors and while eating (during designated times) and only when the student is able to maintain at least 6 feet distance from others.
- Exceptions will be made if student is unable to wear mask because of developmental reasons, appropriately documented medical condition, and other accepted or documented reasons at the discretion of school administrators.
- Unless medical documentation is provided, a person who cannot wear a mask for medical reasons must wear a face shield.
- Masks must be made out of material that adequately blocks the transmission of air and droplets.
- Masks with valves, neck gaiters and bandanas will not be allowed in the school building. Neck gaiters will only be allowed for outside extra-curricular activities based on guidance from the directors of those programs.
- Students will be encouraged to have a plan for managing and storing their mask during the school day when at lunch, recess, athletics or if it becomes wet or soiled. Elementary staff will help younger students manage this.
- Students should be taught proper wearing and usage of mask.
- For UIL activities and out-door secondary PE classes, masks must be worn unless actively practicing or playing in the contest. *Updated 10.8.2020*

### Other precautions:

- Eanes employees, students, parents and visitors should practice and model healthy preventative habits such as social distancing, proper mask wearing, proper hand hygiene and staying home when ill in all settings and avoiding close, sustained contact with others.
  - Parents are required to screen their student at home (see *Symptoms List* pg 8) before sending to school
  - Parents must keep child at home if they exhibit any symptoms, have a pending COVID-19 test or a lab confirmed COVID-19 test.
  - Parents should contact the school if the student is staying home with COVID-19 symptoms

- Students that are absent who have not contacted the school may be contacted to screen for COVID-19 symptoms
- Students should not take fever reducing medication such as Acetaminophen, Ibuprofen or Aspirin or other symptom relieving medications (other than routine daily and prn medications) before coming to school.
- Staff must self-screen at home before coming to school, including taking temperature. Staff must report if they have had close contact with a lab confirmed person and must remain off campus 7 or 10 days until incubation period has passed. In some instance, people should quarantine for 14 days. (see Quarantine guidelines)  
*Updated 12.8.2020*
- Staff must stay at home if exhibiting symptoms, have a pending COVID-19 test or a lab-confirmed COVID-19 test.
- Visitors will be asked the following screening questions and have their temperature taken before being admitted onto school campuses.
  - Do you have COVID-19 symptoms?
  - Have you had a positive COVID-19 test?
  - Have you had close contact with someone who has had a positive COVID-19 test?

## Specialized Healthcare Services

Campus clinics will be considered the “well student” area. This will be used for

- scheduled medical needs or procedures such as routine and prn medications.
- non-contagious healthcare needs such as injuries and wounds, diabetic care, asthma care, menstrual cramping, migraine headaches, and other routine healthcare services.

\*Note that metered dose inhalers may be used at school, but nebulizer treatments will not be given at school.

Before student enters the “well student” area, they will be screened by asking if they have been near someone with COVID-19 or if they have any signs and symptoms of COVID-19. If they answer “no” to the screening questions, ensure mask placement, check temperature and if within normal limits, admit to well area maintaining 6 ft distance from other students for treatment.

## School Health Protocols

### Visits to the Health Clinic

In order to prevent potential exposure to infectious diseases for vulnerable students receiving other medical treatments, all student visits to the Campus Clinic will follow this campus procedure:

When appropriate, care should be provided in the classroom.

**If a staff member believes a student needs to be seen in the clinic:**

- Staff will be asked to call or radio the Campus Nurse with a request for an ill student visit.
- Nurse will prioritize the student for a visit and direct them to the campus designated “well” or “sick” clinic area based on symptoms.
- Students will independently walk to the campus clinic unless it is unsafe to do so or considered an emergency.
- If it is an emergency, 911 should NEVER be delayed. Activate EMS and delegate as appropriate.

**Clinic Bathroom Usage:**

Bathrooms in nurses’ clinics will be used only by students in well area who have been screened or students with special health needs that make it necessary for them to have a private bathroom. An example of this might be a student with a gastrointestinal disorder, a transgender student, feminine hygiene needs, clothing changes, etc. These “well clinic” bathrooms are NOT to be used by potential COVID-19 positive students.

**First Aid in the Classroom:**

First aid, to the degree possible, should be handled by the student and in the classroom to prevent office congregation and possible cross exposure.

The following recommendations are:

1. All classrooms will be stocked with limited first aid supplies.
2. To the extent possible, students provide self-care with staff direction and physical distancing.
3. Teachers will be able to consult over the phone with the campus nurse if guidance is needed. If it's determined that care cannot be done in the classroom the student will be sent to the designated “well” clinic area for care.
4. Teachers are encouraged to contact the campus nurse prior to sending the student to the clinic if they are uncertain or need guidance about student care. Ideally teachers will consult with the campus nurse over the phone prior to sending students to the clinic. If a student arrives at the clinic prior to a phone consultation, they will be expected to wait outside the clinic until the campus nurse or principal delegated trained staff member can get to them.

**Examples of Classroom-Based Care:**

- Minor Toothache / Primary Tooth comes out
- Small paper cuts, abrasions, picked scabs.
- Localized bug bites. (no history of allergic reaction)
- Readily controlled nosebleeds, where the student can deliver self-care.

- Anxiety/stress/psychological issue- try calming techniques and/or contact the school counselor.

**Paper cuts, small abrasions, picked scabs:**

- Wash hands.
- Direct to the classroom first aid kit to wash and apply band-aid if needed.
- Wash hands.

**Localized bug bite (no known history of allergic reaction):**

- Apply a cool damp paper towel.

**Soiled underwear or clothing:**

- Classroom teachers need to encourage parents to keep supplies and multiple changes of clothing in all student backpacks.
- If the student needs to be sent home for hygiene, the parent/guardian may be contacted by the teacher, staff, or campus nurse.

**Student mental health:**

As students return and may face mental health challenges with the pandemic situation, the primary goal will be to support the whole child. The Eanes Nurses and Counselling Department will work closely together to identify ways to support students appropriately. If a student presents with a mental health need, the student's counselor will be notified. In order to minimize transmission and additional contact, the student will go directly to the counselor's office and NOT enter the nurse's clinic unless deemed appropriate by campus nurse.

**Medication Administration by the campus nurse:**

Nurses will follow established Eanes policy and protocol. Parents will need to submit the completed medication administration form along with the medication to the school nurse who will meet them in the front office. If additional medication instructions are necessary, the parent and nurse may discuss via telephone or email. Only essential daily and prn medications should be administered to students.



## Nursing Management of Symptomatic Students

### COVID-19 Symptoms:

Is the student experiencing ANY one of the following symptoms? If yes, then student will be presumed to be a probable COVID-19 case and will be sent home.

***The most common symptoms and the severity/on-set of these symptoms have evolved as more is learned about COVID -19. At this time, Eanes ISD is using the symptoms list taken from Austin Public Health Guidance as of 8/14/2020.***

- Fever (temperature greater than or equal to 100.0 degrees Fahrenheit)  
Updated 9/17/2020
  - Chills
  - Sore throat
  - New uncontrolled cough that causes difficulty breathing (for persons with chronic allergic/asthmatic cough, a change in their cough baseline)
  - Shortness of breath or difficulty breathing
  - Muscle or body aches
  - New severe headache, especially with a fever
  - New loss of taste or smell
  - Diarrhea, vomiting, or abdominal pain
- 
- When a student has been identified as feeling ill, the classroom teacher will call the school nurse to notify her that a student will be sent to the clinic to be evaluated. Nurses should have a plan in place to limit the number of students in the clinic at one time and a plan to keep students distanced while they are waiting to enter clinic at each campus.
  - Campus nurse will perform a clinical assessment of the student. Nurses do not make a medical diagnosis, but perform a clinical assessment based on the Nursing Process.
  - There may be rare circumstances in which students and staff will be advised to self-quarantine and will not attend school for 7, 10, or 14 days without a report of a confirmed positive COVID-19 test at school. This is at the discretion of the school district in an effort to maintain the health, safety, and sustained opening of our school community during the COVID-19 pandemic. (updated 12.7.2020)
  - If a student is exhibiting any of the follow symptoms, call **911** immediately and notify the operator that you are seeking care for someone who has or may have COVID-19 and follow campus protocol for EMS calls.

- Trouble breathing
  - Persistent pain or pressure in chest
  - New confusion
  - Inability to wake or stay awake
  - Bluish lips or face
- Eanes nurses will wear medical grade PPE including face mask (either N95 or medical grade surgical), face shield, isolation gown and gloves for all students who present with COVID-19 symptoms. [Infection Control](#)
  - Nurses should be aware that many students present with no symptoms or are pre-symptomatic, so nurses should consider wearing full PPE with each student and staff interaction. Nurses will avoid prolonged close contact with each student and will determine a plan for the student.
  - If student has **one** of the listed COVID-19 symptoms, the student will be separated from their peers and staff and taken to Isolation area. The parent will be notified that the student must be picked up within one hour. Parents will be provided with information on the requirements for returning to school.
  - Plans will be made at each campus to accommodate multiple students who must be isolated.
  - Parents may grant permission for licensed student drivers to drive home if medically able.
  - Nurse will notify campus COVID-19 Point of Contact (POC) that student is being sent home with COVID-19 symptoms.
  - Disinfect areas that were heavily used by suspected COVID-19 student following EISD cleaning procedures.
  - Inform parent that once the student is identified and sent home, the student should be isolated from other people and evaluated by their Health Care Professional (HCP).
  - Give parent information on requirements for returning to school.

## When to Discontinue Isolation and Return to School

Persons with COVID-19 symptoms who were directed to care for themselves at home may discontinue isolation under the following conditions:

1. at least 24 hours have passed *since recovery* defined as resolution of fever without the use of fever-reducing medications

AND

2. improvement in respiratory symptoms (e.g., cough, shortness of breath);

AND

3. at least 10 days have passed *since symptoms first appeared*.

*"A limited number of persons with severe illness" and those who are severely immunocompromised may need to isolate for 20 days after symptom onset.*  
<https://thehill.com/policy/healthcare/508406-updated-cdc-guide-says-self-isolate-for-10-days-after-positive-covid-test>

- In the case of an individual who has symptoms that could be COVID-19 and who is not evaluated by a medical professional or tested for COVID-19, such individual is assumed to have COVID-19, and the individual may not return to the campus until the individual has completed the same three-step set of criteria listed above.
- If the individual has symptoms that could be COVID-19 and wants to return to school before completing the above stay at home period, the individual must either (a) obtain a medical professional's note clearing the individual for return based on an alternative diagnosis or (b) obtain a negative acute infection test at an approved COVID-19 testing location.
- Written verification of negative COVID-19 test or HCP note with alternative diagnosis must be presented to school nurse in order for student to return to school before 10-day isolation period is over. Notes written by the child's parent will NOT be accepted.

### Situations outside the classroom:

- If an EISD student develops symptoms while in route to school, the EISD bus driver will notify dispatch, who will in turn notify individual campus nurse. The campus nurse will then follow protocol for ill student who presents to clinic.

- If a student becomes ill during their PE period, the teacher will notify the campus nurse who will then follow protocol for any ill student who presents to clinic.
- UIL athletes will follow Eanes ISD protocols and any additional requirements set forth by the UIL.

## Quarantine Guidelines

*\*This COVID-19 plan will supersede EISD fever exclusion policy.*

*At this time, Eanes ISD is following the protocol set-forth by the Centers for Disease Control and Prevention (CDC) for quarantining Close Contacts. Updated 12.8.2020*

- Once the school receives a report of a lab confirmed COVID-19 case, this information will be relayed to the campus nurse and COVID-19 Campus POC.
- Information on Close Contacts within the school setting will be collected. Eanes ISD will not perform close contact tracing on any social gathering or community activity including parties or club sports. *Updated 12.8.2020*
- Staff and the parents of students that are identified as Close Contacts of the COVID-19 positive individual on first day of symptoms onset and 2 days before will be notified. All students and staff must be sent home as soon as possible to be Self-Quarantined.
- CDC still recommends that people quarantine for 14 days after the last contact with a person who has COVID-19 as the most effective way to avoid transmission. As of December 8, EISD will follow CDC's and APH's new guidance, which potentially shortens the quarantine time for those who have contact with a COVID-19 positive individual.
  - If you were exposed to someone with COVID-19 and **were not wearing a mask OR** you live or work in a setting with people who are at high risk for severe disease, you should quarantine for the full 14 days.
  - If you were exposed to someone with COVID-19 and **were wearing a mask** and not live or work in a setting with people who are at high risk for severe disease, you may return to school:
    - after Day 10 following close contact exposure without testing or
    - after Day 7 following close contact exposure **and** after receiving a negative test result (administered at least 5 days after the last close contact).

*Updated 12.8.2020*

- Any individual deemed a close contact may quarantine for the recommended 14 days if they choose.

*Updated 12.8.2020*

- Typically, infected persons are contagious 48 hours before exhibiting symptoms and are most contagious on first day they exhibit symptoms. Examples of students and teachers who must be quarantined are all classmates, students and staff who were in close contact with ill student during activities before and after school and any other family identified close contacts.
- People who have tested positive for COVID-19 do not need to quarantine or get tested again for up to 3 months as long as they do not develop symptoms again. Proof of a positive test must be provided to the school nurse. People who develop symptoms again within 3 months of their first bout of COVID-19 may need to be tested again if there is no other cause identified for their symptoms. *Updated 10.8.20*
- In the case when a student is NOT on campus but the school receives a report of an ill student by a parent or physician or is notified of a positive COVID-19 test by the parent, physician or health department, the nurse (or delegate) will contact the parent to inquire about illness.

*This process will require teachers, attendance office and other staff who receive notification of sick students at home to notify the Eanes nurse (or delegate) so that proper follow-up and protocol is followed.*

- Students identified as Close Contacts will be encouraged to get a COVID-19 test.

## **Recommendations for Vaccinated Persons** *Updated 3.02.21*

### **Guidance:**

Vaccinated persons with an exposure to someone with suspected or confirmed COVID-19 are not required to quarantine if they meet ALL of the following criteria:

- Are fully vaccinated (ie  $\geq 2$  weeks following the receipt of the second dose in a 2-dose series or  $\geq 2$  weeks following the receipt of one dose of a single-dose vaccine)
- Are within 3 months following the receipt of the last dose in a series
- Have remained asymptomatic since the COVID-19 exposure

*Persons who do not meet all 3 criteria of the above should continue to follow current quarantine guidance after exposure to someone with suspected or confirmed COVID-19.*

Fully vaccinated persons who do not quarantine should still watch for symptoms of COVID-19 for 14 days following an exposure. If they experience symptoms, they should be clinically evaluated for COVID-19, if indicated. In addition, vaccinated persons should continue to follow current guidance to protect themselves and others, including all

other testing and travel recommendations and requirements, and travel recommendations or requirements.

#### **Procedures:**

- Staff must provide a copy of the completed vaccination card to the Human Resources Department to be considered for the exemption to quarantine. Please email the copy to [hrcovid@eanesisd.net](mailto:hrcovid@eanesisd.net)
- Students who either participated in a trial or of age to receive the vaccination should provide a copy of their vaccination card to the school nurse on their campus to be considered for the exemption to quarantine

#### **Summary of COVID-19 Specific Practices**

- EISD will provide case review and reporting for school-based exposure but not follow full contact tracing protocol.
- Remote communications for the purposes of case investigation and contact tracing should be prioritized; in-person communication may be considered only after remote options have been exhausted.
- Testing is recommended for all close contacts of **confirmed or probable COVID-19 patients**.
- Those contacts who test positive (symptomatic or asymptomatic) should be managed as a confirmed COVID-19 case
- If testing is not available, **symptomatic** close contacts should self-isolate and be managed as a probable COVID-19 case,
- If testing is not available, **asymptomatic** close contacts should self-quarantine and be monitored for 10 or 14 days after their last exposure, with linkage to clinical care for those who develop symptoms. (See Quarantine Guidelines)*Updated 12.7.2020*  
[Contact Tracing for COVID-19](#)

**See link for more information on calculating quarantine duration and scenarios:**

#### **[Quarantine Duration and Scenarios](#)**

#### **Required Actions for Lab Confirmed Cases**

1. The campus POC will contact the District POC and relay relevant information for every confirmed COVID-19 case so the information can be provided to appropriate reporting agencies.
2. TEA is supporting the Texas Department of State Health Services (DSHS) in conducting a statewide weekly data collection of positive COVID-19 cases through a web-based form that will be completed by the District POC. (TEA TAA Letter 8/27/2020)

3. The District POC is required to notify Austin Public Health when a student or staff member is diagnosed with COVID-19.,
4. Schools must close off areas that are heavily used by the individual with the lab-confirmed case (student, teacher, or staff) until the non-porous surfaces in those areas can be disinfected, unless more than 7 days have already passed since that person was on campus.
5. Consistent with school notification requirements for other communicable diseases and consistent with legal confidentiality requirements, schools must notify all teachers, staff, and families of all students in a school if a lab-confirmed COVID-19 case is identified among students, teachers or staff who participate on any on campus activities. [Public Health Guide](#)

## FAQs

1. Do siblings of lab-confirmed COVID-19 cases need to be quarantined? *Yes, since they are a close contact.*
2. What if student presents with asthma symptoms? *Isolate because we cannot know that it is asthma. A virus may exacerbate an asthma attack.*  
*Exception: Student who has an asthma action plan on file and the asthma symptoms are typical and not new or different symptoms for student. For these students, consider recommending a 504 plan and document in an IHP.*
3. Can a student have a nebulizer treatment at school? How about an inhaler? *Students may use inhalers at school, but nebulizer treatments will not be given at school.*
4. What if a student cannot wear a mask? *Students who for any reason may not wear a mask at school will go into remote learning. Exceptions may include students for whom a mask is not developmentally appropriate. Some but not all of these reasons may include student's age, appropriately documented medical condition, and other accepted and documented reasons.*
5. What if a student presents with a migraine headache? *Send home. If documented history of migraines and no other symptoms, and headache is resolved, ok to return to school next day.*
6. What if a teacher or another student reports that someone in their class has COVID-19 (or other anecdotal reports)? *Nurse or Administrator will telephone parent to inquire. Decision to quarantine will be based on parent response.*
7. Can a student identified as a close contact return to school prior to the 14 quarantine period with a negative COVID test? *In some circumstances. See the updated Quarantine Guidelines. Updated 12.8.2020*
8. If a student is quarantined, can they participate in athletics? *No*
9. Can campus nurses participate in telemedicine? *School nurses may advise parents about severity of symptoms, but nurses do not diagnose and will advise to seek care of HCP.*
10. What if a student does not have symptoms, but wants their temp checked? *Nurse will assess if student has any COVID-19 symptoms and may check a temperature and isolate if febrile.*

11. What if they report that they were exposed to a non-Eanes person that has either positive or probable COVID-19? *Telephone call to parent to confirm and if probable close contact, will be quarantined for 7, 10, or 14 days. (see Quarantine Guidelines) updated 12.7.2020*
12. Who will track when isolation and quarantined students may return to school? *Each campus will develop a team with designated roles for tracking and notification.*
13. How are Close Contacts identified?  
*If a student/staff member is within 6 feet of an individual who has tested positive for COVID-19 throughout the course of a day for approximately 15 minutes, that person would be considered a Close Contact and must follow the quarantine protocol as set forth in the plan. The campus COVID points of contact and other campus staff will utilize seating charts, teacher feedback, Smart Tag, and when appropriate, student interviews, to determine which students meet the definition for a Close Contact.*
14. If a student in a class or a bus tests positive for COVID-19, do all the students in the class or bus need to self-quarantine based on being a Close Contact? *Only the students who are deemed Close Contacts would need to self-quarantine. However, based on the activities and student/staff proximity, there may be instances where all the students in the class or bus must be self-quarantined.*
15. Who is going to notify other Close Contacts who were not in sick student's classes but were exposed 2 days before onset of symptoms and day of onset of symptoms? *If student reports that they are Eanes students, the campus COVID-19 POC (or delegate) will notify the student and parent and they will be quarantined for 7, 10, or 14 days. (see Quarantine Guidelines) updated 12.8.2020*
16. What do we do with a student who was home ill with one of the COVID-19 symptoms and returns to school before 10 days? *Send home and follow isolation guidelines.*
17. May a student have OTC meds at school? *OTC meds may be self-administered in grades 9-12 and with parental permission in grades K-8 if provided by parent, only for non-COVID-19 symptoms such as allergic reaction, menstrual cramps, orthodontic or orthopedic pain, etc.*
18. Am I considered a close contact if I was wearing a cloth facial covering? *Yes, you are still considered a close contact even if you were wearing a cloth face covering while you were around someone with COVID-19. Cloth face coverings are meant to prevent someone from transmitting the disease to others, and not to protect someone from becoming infected.*



## CDC Statement on Masks, Close Contacts and PPE

### ***Identify close contacts irrespective of their use of cloth face coverings or respiratory personal protective equipment (PPE)***

*CDC advises the use of [cloth face coverings](#) to slow the spread of SARS-CoV-2, the virus that causes COVID-19, and help keep people from transmitting it to others. While research indicates cloth face coverings may help those who are infected from spreading the infection, there is less information regarding whether cloth face coverings offer any protection for a contact exposed to a symptomatic or asymptomatic patient. Therefore, the determination of close contact should be made irrespective of whether the person with SARS-CoV-2 infection or the contact was wearing a cloth face covering.*

*Because the general public has not received training on proper selection and use of respiratory PPE, it cannot be certain whether respiratory PPE worn during contact with an individual with SARS-CoV-2 infection protected them from exposure. Therefore, as a conservative approach, the determination of close contact should generally be made irrespective of whether the contact was wearing respiratory PPE, which is recommended for health care personnel and other trained users, or a cloth face covering recommended for the general public.*

*Use of recommended respiratory and other PPE by healthcare personnel (HCP) and other workers, who have received competency-based training on proper selection and use, can protect the wearer from exposure to SARS-CoV-2. Recommended PPE to protect an individual from exposure to SARS-CoV-2 is described in the [Interim Infection Prevention and Control Recommendations for Patients with Suspected or Confirmed Coronavirus Disease 2019 \(COVID-19\) in Healthcare Settings](#)*

*If the close contact is a healthcare provider who was exposed in the workplace, risk assessment should be performed as described in the [Interim U.S. Guidance for Risk Assessment and Work Restrictions for Healthcare Personnel with Potential Exposure to COVID-19](#).*

## Recommendations for Campus Isolation Rooms

- Should be close to an outside exit
- If symptomatic, staff/students should be placed in the designated isolation room.

They should have access to a dedicated bathroom, so isolated student does not contaminate a common area bathroom.

- Multiple students may wait in the isolation room with greater than six feet of social distance observed between rest areas
- Anyone entering designated isolation rooms must use appropriate Personal Protective Equipment (PPE), including mask, eye protection, and gown.

- Needs to be monitored while students are awaiting parent pick up. Campus principal will identify a staff member to monitor.
- Parents or guardians of a symptomatic student are to be notified immediately of their child's status and should be asked to remove the student from premises as soon as possible (within an hour or less).
- Use partitions, if available, for confidentiality of students in the isolation area
- Thermometer, pulse oximeter, extra PPE, hand sanitizer, proper sanitizing products, tissues, face shield and masks for the isolation room monitor
- Ensure that appropriate handwashing facilities and hand-hygiene supplies are available.
- Stock the sink area with suitable supplies for handwashing, and with alcohol-based hand rub, near the point of care and the room door.
- Post signs on the door indicating that the space is an isolation area.
- Isolation sign posted outside room (green-safe and red-do NOT enter)
- No visitors should be entering the isolation room. If entering is necessary, please consult the health-care worker in charge before being allowed into the isolation areas. Keep a roster of all staff working in the isolation areas for possible outbreak investigation and contact tracing.
- Remove all non-essential furniture and ensure that the remaining furniture is easy to clean.
- Stock the PPE supply outside the isolation room or area, including masks, gowns, and eye protection
- Dedicate non-critical patient-care equipment (e.g. stethoscope, thermometer, pulse ox, blood pressure cuff) to the patient, if possible. Thoroughly clean and disinfect patient-care equipment that is required for use by other patients before use.
- Keep adequate equipment required for cleaning or disinfection inside the isolation room or area and ensure scrupulous daily cleaning of the isolation room or area.
- Set up a telephone or other method of communication in the isolation room or area to enable patients, family members or visitors to communicate with health-care workers. This may reduce the number of times the workers need to don PPE to enter the room or area.
- Ensure safe and correct use and storage of cleaning and disinfection products, including storing products securely away from children. Wait at least 24 hours before cleaning and disinfecting. If 24 hours is not feasible, wait as long as possible.
- Utilize outside spaces as available and appropriate.

## Procedures for EISD Staff

- Staff must self-screen at home before coming to school, including taking temperature. Staff must report if they have had close contact with a lab confirmed person and must remain off campus until 7, 10 or 14 day self-quarantine period has passed. (see Quarantine Guidelines) updated 12.8.2020
- Staff must stay at home if exhibiting symptoms, have a pending COVID-19 test or a lab-confirmed COVID-19 test.
- If staff becomes ill while at school with COVID symptoms, they should report the illness to their administrative supervisor and go home UNLESS they are experiencing emergency type symptoms such as:
  - Trouble breathing
  - Persistent pain or pressure in the chest
  - New confusion
  - Inability to wake or stay awake
  - Bluish lips or face
  - Other life-threatening symptoms

*The nurse may call 911 and notify the operator that we are seeking care for someone who has or may have COVID-19 and follow campus protocol for EMS calls.*

- The same criteria for returning to school will be applied to staff as for Eanes students.
- The campus nurse will be required to report employees who present to the clinic with COVID symptoms to the campus POC.
- If an employee wants to have their temperature checked, they can request that the front office use the contact-less thermometer to do temp checks.
- In accordance with the Texas Board of Nurse Examiners, no over the counter medication will be administered to staff by the campus nurse.

## Additional Resources

12/8/2020

For information on the CDC's revised recommendations, visit the [CDC's website](#). For the APH flowchart on quarantines, see the [APH announcement](#), including the quarantine guidance [flowchart](#).