







Inspiring Excellence. Every Learner, Every Day.

REGISTER ONLINE AT OWATONNACOMMUNITYED.ORG



It takes a good sense of humor to navigate life these days. What the pandemic hasn't impacted, our recent bout with a polar vortex has. My goodness - when will it all end! Despite the challenges, your Community Education team remains committed to offering opportunities that encourage us all to focus on the good in life. There is much to be grateful for and humble about.

Even though we may be required to pass the time virtually with one another, let's do that. Join an online class to challenge yourself and connect with others. We have a small collection of in-person programs as well. We continue to follow all our pandemic safety protocols and so far (knock on wood), we have not programmed a "super spreader event"! Your personal safety and that of our communities is our highest priority. We want everyone to remain healthy so we can reconnect and rebuild the elements of community we most miss. Your suggestions and feedback are always important to us. Please let us know how we can better serve your family and our collective Community!

Here's hoping that the arrival of our Spring Community Education Brochure is just the nudge Mother Nature needs to roll out all things SPRING!

Deb McDermott-Johnson. **Director of Community Education** 

THANK YOU! Our enrichment instructors bring a wealth of information and diverse backgrounds to the classroom setting. Many of our instructors donate a portion of their time in planning and preparation for the class experience as a community service to ensure their class is meaningful, enjoyable, enriching and informative.

Thank you, enrichment instructors, for all you do!

#### **Owatonna Community Education**

Roosevelt Building 122 E. McKinley Street Owatonna, MN 55060 507-444-7900 www.owatonnacommunityed.org

#### **Director of Community Education**

Debbie McDermott-Johnson Lori Palmer, Secretary

#### **Adult & Family Enrichment**

Lydia Yahnke . . . . 444-7900

#### **Early Childhood Screening**

Call 444-7900

#### **Youth Programs/SAC**

Betsy Wilker . . . . 444-7900

### **Adult Learning Center. Adult Basic Education, GED, ESL**

Kim Reyant . . . 444-7925

## WATONNA PUBLIC SCHOOLS

INSPIRING EXCELLENCE • EVERY LEARNER • EVERY DAY

#### **MISSION**

Inspiring Excellence. Every Learner, Every Day.

#### VISION

Owatonna Public Schools inspires a community of learners with equitable access to high quality, innovative learning opportunities ensuring all students are college, career and life ready.

## OFFICE HOURS: Monday-Friday, 8:00 am to 4:30 pm.

## ON-LINE REGISTRATION: Point your browser to

www.owatonnacommunityed.org to register securely and immediately on the internet. We accept Visa, Master Card or Discover.







## WALK-IN REGISTRATION

People may come to the Community Education office in Roosevelt School, 122 East McKinley to register in person. These registrations are processed in the order received.

## MAIL REGISTRATION

Mail your registration form with check, money order or Visa/Master Card/Discover information to:

Community Education Office

122 E. McKinley Street Owatonna, MN 55060

## CALL OR FAX REGISTRATION

Call or fax your registration form with Visa/Master Card/Discover information: 444-7900 (voice) or 444-7999 (fax). A call or fax is registered the same as the current day's mail. All phone registrations must be paid for at the time of registration with Visa, Master Card, Discover or Check Card.

## **REGISTER EARLY!**

Prompt registration helps avoid disappointment when classes fill quickly. It also helps avoid the disappointment of cancelling a class due to low enrollment, only to find that last minute registrations would have filled it. Early registrations also make it easier if we need to contact you for any reason before your class begins.

## **Community Education Notes:**

#### WE PROMISE...

We will try to provide all registrants with their first choice. We act in a consistent manner so that we treat people fairly. We want your experience with Community Education to be an enriching one.

### NO NEWS IS GOOD NEWS

You are registered for a class unless we notify you otherwise. You will be notified if your choice is not available. Occasionally a class may fill as your registration is being processed. Should this happen, you will receive a personal call from us. To help keep our classes reasonably priced, we do not send out confirmation notices.

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# **OWATONNA**PUBLIC SCHOOLS

INSPIRING EXCELLENCE • EVERY LEARNER • EVERY DAY

### LOCATIONS

#### **Senior High School**

333 East School Street - 444-8800

#### **Owatonna Middle School**

500 15th Street NE - 444-8700

#### **Lincoln Elementary School**

747 Havana Road 444-8100 – SAC Site: 444-8122

#### **McKinley Elementary School**

1050 22nd Street NE 444-8200 – SAC Site: 444-8222

## **Owatonna Education Center**

338 E Main Street – 444-8000

## **Roosevelt Community School**

122 East McKinley Street

## **Washington Elementary School**

423 14th Street NE 444-8300 – SAC Site: 444-8322

#### **Wilson Elementary School**

325 Meadow Lane 444-8400 – SAC Site: 444-8422

<b>Adult Contact Information</b>	n		
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First/Last Name			
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**4 Owatonna Community Education:** Call **507-444-7900** to Register Today!

## **Community Education** ADULT — TRIPS & TOURS

### Secrets of Forest Hill Cemetery

This walk will introduce you to the serene beauty and history of Forest Hill Cemetery as you learn about the symbolism on the gravestones. Hear some secret stories about a few of the thousands of people interred here. Maybe spot some wildlife. The instructor has researched local history for many years. A portion of the class fee will go toward the Cemetery Association.

Please note: the terrain at the cemetery is hilly, with some parts of the tour involving uneven ground as well as walking. Hiking shoes are suggested. Please park at the cemetery entrance on Mineral Springs Road. Social distancing will be maintained, and face masks will be required for class.

#### 0519

05/17/21 6:30 - 8:00 PM

Sessions: 1

Forest Hill Cemetery - Mineral Springs Rd Entrance

Instructor: Nancy Vaillancourt

# **Walking Tour**

Discover the past 150 vears of Owatonna's history. If you are new to our city or if you have lived here a long time,



Mon

this tour is filled with interesting and historical facts! Your curiosity of certain downtown landmarks will be answered! Our guide will share the history of many buildings and stories of the people who lived and worked downtown. We will cover about 1.5 miles. Dress appropriately for the weather conditions of the day and wear comfortable shoes! This is a fun tour to take! We will meet at Central Park. Note: In case of inclement weather, we will meet at Roosevelt School for a Powerpoint presentation of this tour. You will receive a phone call (or text message) to let you know if this change is made.

Please note: You must maintain social distancing and wear a face mask.

#### 0520

06/07/21 6:30 - 8:00 PM \$14

Downtown Owatonna - Central Park Instructor: Nancy Vaillancourt

Mon Sessions: 1

### **Residential Walking Tour**

Join us on a walking tour that will feature descriptions and histories of many prestigious and lovely homes in our community. You will hear stories of the people who designed. built and lived in these architectural gems. This tour will cover 2.5 miles. Dress appropriately for the weather conditions of the day. We will meet in Central Park, near the fountain. Your tour guide is a local historian. Your tour fee includes a copy of the book, "Homes of Note in Owatonna,



Minnesota". In case of inclement weather, we will meet at Roosevelt School for a Powerpoint presentation of the tour. You will receive a phone call (or text message) to let you know if this change is made.

Please note: A face mask is required for this class.

#### 0521

06/14/21 6:30 - 8:00 PM

Downtown Owatonna - Central Park Instructor: Nancy Vaillancourt

Mon Sessions: 1



## ADULT - RECREATION

### **Beginners Yoga**

Still haven't experienced Yoga? This is a great class to familiarize vourself with the art & fitness of Slow Flow Yoga. Class will consist of learning Yoga postures, improving balance, experiencing breath work for relaxation, and an introduction into mind-



body stress reduction meditation. Class is a great way to experience your Yoga practice in a casual, relaxed environment. Katie will lead you each step of the way to build your confidence and leave you feeling refreshed after every class. No prior yoga experience necessary. Bring your own yoga mat to class and a face mask is required.

Please note: for safety reasons all exercises are done with bare feet.

About your Instructor: Katie Berg is a certified yoga teacher, an owner of Sollid Studios, and is excited to share her knowledge with you!

#### 0805

04/01/21 4:30 - 5:15 PM

Thu Sessions: 6

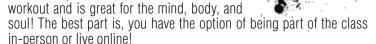
Owatonna Education Center - Large Gym

Instructor: Katie Berg



## Zumba Gold

Zumba Gold is a fitness class for the true beginner, active older adult, or the de-conditioned participant. If you're ready to join an exercise class after taking some time off (or have never tried one before) this is the one to register for! It is innovative, fun, and easy to groove to! Latin style music and simple dance movements are used to get you back on the move! This class provides a safe and effective



Note: If you choose the live online class, you will be contacted by your instructor/community ed via email that will provide a link to join the class. For those taking the class in-person, you are required to wear a face mask for the duration of the class.

About your Instructor: Your Zumba Gold instructor, Linda, is excited to bring the fun back into your workout, no matter what level you are starting at. Linda enjoys finding upbeat music for the classes, loves the Zumba Gold participants, and is passionate about helping others get healthy and ready to move and groove. Come enjoy a judgement-free. fun-for-all environment.

#### **0820 Online**

04/05/21

5:45 - 6:30 PM \$45

Mon Sessions: 8

Online

Instructor: Linda Zarret

#### **0820 In-Person**

04/07/21

5:45 - 6:30 PM

Wed Sessions: 8

Owatonna Education Center - Large Gym

Instructor: Linda Zarret



## ADULT - RECREATION

### **Butts-N-Guts**

Just what it says...you'll be targeting those "rear" muscles, central core, abs and obliques! Using free weights, med balls, resistance bands/rings, body weight and more, you'll target



your entire body with a special focus on abs, thighs, and glutes. This 30-minute class gets you in and out. In no time, you are leaving with having completed a great workout. All levels are welcome! Bring a thick fitness mat, water, and indoor workout shoes as street shoes are not allowed in the studio.

Note: For 0811C, there is no class June 28, July 1, July 12 or July 15.

#### 0811A

04/01/21

4:30 - 5:00 PM Mon/Thu Sessions: 9 \$51 Just About You! Life Fitness & Personal Training Studio Instructors: Jennifer Fisher and Joann Dillavou Jones

#### 0811B

05/03/21

4:30 - 5:00 PM Mon/Thu Sessions: 8 Just About You! Life Fitness & Personal Training Studio Instructors: Jennifer Fisher and Joann Dillavou Jones

#### 0811C

06/07/21

4:30 - 5:00 PM Mon/Thu Sessions: 14 Just About You! Life Fitness & Personal Training Studio Instructors: Jennifer Fisher and Joann Dillavou Jones

## NI WA Barre Blast

Barre Blast is a fun 30-minute class that will challenge your body through controlled bodyweight training, deep lower core strengthening, intense leg workouts, and plyometrics! You will feel both balanced and strong after this class! Please be sure to bring a water bottle, a towel, and indoor workout shoes.

#### 0812

04/06/21

4:30 - 5:00 PM Tue

Sessions: 10 Just About You! Life Fitness & Personal Training Studio Instructors: Jennifer Fisher and Joann Dillavou Jones

## NEWA Burn30

Another great class that jumps right into your workout, burning up energy while restocking more energy to fuel your goals. Every class will be different from the others, giving you the maximum return for muscle involvement. Please bring a water bottle, a towel, and indoor workout shoes.

#### 0813

04/06/21

5:15 - 5:45 PM Tue

Sessions: 10 Just About You! Life Fitness & Personal Training Studio Instructor: Jennifer Fisher



### **Pilates**

This is a great class for all levels! Focus will be on alignment, breathing technique, and core exercises. Movements will strengthen abs and back while stretches will increase your flexibility. Relaxation time at the end of class will leave you "de-stressed" at the end of a busy day! Wear comfortable clothes and bring an exercise mat.

#### 0814

04/07/21

4:30 - 5:15 PM Wed Sessions: 10

Just About You! Life Fitness & Personal Training Studio Instructors: Jennifer Fisher and Diana Gregory

## ADULT - RECREATION



### Kettlebell I

Not sure how to get started with kettlebell training? These weighted bells might be intimidating at first, but the payoff is a super-effective workout in considerably less time. With the right movements, this popular training method has been shown to improve endurance, strength, power, and lung condition. If you are looking to burn fat while improving your strength and mobility, try this class. Kettlebells are provided at the studio. Kettlebell is taught and performed without shoes on. Please bring a thick fitness mat and water. If you are being treated for Hypertension (blood pressure issues), you will be asked to provide a letter from your doctor approving your admittance in this class (your workout will be modified).

Note: There is no class 7/1 or 7/15.

#### 0809

06/10/21 5:30 - 6:15 PM Thu \$44 Sessions: 9 Just About You! Life Fitness & Personal Training Studio Instructor: Jennifer Fisher

## TEACHING A COMMUNITY ED CLASS

The Owatonna Community Education Office hires many individuals throughout the year to instruct classes. You are invited to learn about instructor qualifications and responsibilities, and needs within the program. If you have talent and skills to share, consider visiting with us. Instructors are needed for youth, teen and adult classes. Please call us at 444-7900 to set up a visit.

### **Morning Movers: Gentle Strength Training**

Strength training is the only method of building muscle mass & strength. It is necessary to strength train because we lose muscle as we age, but luckily this muscle loss can be reversed at any age! Strength and/ or resistance training can also decrease your risk of injury, build bone density, and improve balance, agility, coordination, and energy levels at all ages. This class starts with mobilizing and stretching the body with slow, rhythmic, and gentle tissue challenges. Endurance training, lower load, higher reps, and gentle strength training is also incorporated. Resistance bands, light hand-weights, fit bars, and body weight will also make an appearance to keep us moving. A stability & flexibility assessment may be done at the beginning of session and at the end to reflect your progress. You will gain knowledge as you are educated in every class about the benefits, mechanics, proper form, and suggestions to do at home & while away. Plus, we'll save time for answering any questions. If you are under a physician's care for a medical condition, a letter from your doctor approving your admittance in this class is required. Beginners & moderate levels are welcome with modifications shown throughout the class.

Note: There is no class 7/2 or 7/16

#### 0818A

04/02/21 9:30 - 10:15 AM Fri \$56 Sessions: 10 Just About You! Life Fitness & Personal Training Studio Instructor: Jennifer Fisher

#### 0818B

06/11/21 9:30 - 10:15 AM Fri \$40 Sessions: 5 Just About You! Life Fitness & Personal Training Studio Instructor: Jennifer Fisher

## **Morning Movers Spring Series- 3 Times a Week!**

See descriptions for classes #0816A, #0817A, & #0818A. When you register for this class (Tu, Th, F in Spring) you receive the best pricing with a 15% discount! 30 classes for \$144. All morning classes are taught by Jennifer Fisher. Jennifer Fisher is a certified personal trainer and a certified Senior Fitness Specialist holding many other certifications combined with over 10 years of experience.

#### 0819A

03/30/21 9:30 - 10:15 AM Tue/Thu/Fri \$144 Sessions: 30 Just About You! Life Fitness & Personal Training Studio Instructor: Jennifer Fisher

## ADULT - RECREATION

### **Morning Movers Summer Series** - 3 Times a Week!

See descriptions for classes #0816B, #0817B, & #0818B. When you register for this class (Tu, Th, F in Summer) you receive the best pricing with a 15% discount! 15 classes for \$102. All morning classes are taught by Jennifer Fisher.

Note: There is no class 6/29, 7/1, 7/2, 7/13, 7/15, or 7/16.

#### 0819B

06/08/21 9:30 - 10:15 AM Tue/Thu/Fri Sessions: 15 Just About You! Life Fitness & Personal Training Studio

Instructor: Jennifer Fisher

### F.I.T. & Strong: Functional Fitness & Strength

This class will get your heart rate pumping through a variety of exercises that incorporate interval training into functional fitness and strength training. Cardio, Strength, Endurance, Core, Flexibility, and Functional Movements - we have it all! This class will provide a greater energy expenditure than a traditional strength training class. We aim to build strength and boost immunity! Please bring a thick indoor fitness mat, indoor workout shoes, and a water bottle. You must contact the instructor if you are being treated for Hypertension.

Note: There is no class 6/28 or 7/12

#### 0810A

04/01/21 5:30 - 6:20 PM Mon/Thu Sessions: 17 Just About You! Life Fitness & Personal Training Studio Instructor: Jennifer Fisher

#### 0810B

06/07/21 5:30 - 6:20 PM Mon Sessions: 5 Just About You! Life Fitness & Personal Training Studio Instructor: Jennifer Fisher

## **SOUTH COUNTRY HEALTH ALLIANCE**



Owatonna Community Education customers using South Country Health Alliance, a state-certified Health Maintenance Organization, may qualify for reduced course fees. Call or bring in your SCHA ID card at registration to qualify. Please note that effective January 1st, 2012, there is now a 5 class maximum per year per person for participating SCHA members.



## Morning Movers: Fit At Any Age: 40s, 50s, 60s and Beyond (Functional Fitness)

Functional exercises tend to use multiple joins and numerous muscles. Instead of only moving the elbows, for example, a functional exercise might involve the elbows, shoulders, spine, hips, knees, and ankles. This type of training, when properly applied, can make everyday activities easier, help reduce your risk of injury and improve your quality of life. Mayo Clinic reports that functional fitness training may be especially beneficial as part of a comprehensive program for older adults to improve balance, agility, and muscle strength, and reduce the risk of falls. This class, led by a certified & experienced trainer, will show the essentials for a functionally fit body. Please bring a water bottle, towel, and indoor workout shoes to class.

Note: There is no class on 6/29 or 7/13.

#### 0816A

04/06/21 9:30 - 10:15 AM Tue Sessions: 9 Just About You! Life Fitness & Personal Training Studio Instructor: Jennifer Fisher

#### 0816B

06/15/21 9:30 - 10:15 AM Tue Sessions: 5 Just About You! Life Fitness & Personal Training Studio Instructor: Jennifer Fisher



## **FOLLOW US ON TWITTER:** @OWATONNACOMMED

## ADULT - RECREATION

## Morning Movers: Fit At Any Age: 40s, 50s, 60s and Beyond (Thursdays)

Some reports say that "OLD" is the new black. Fifty is the new 30. Sixty is the new 40 and old is the new Black. We all know that strong has replaced "skinny". And whatever your number, age is all the rage and the 40 & 50-somethings are having the time of their lives! Getting fit in mid-life can more than double the chances of optimal health and enjoying life's journey to the fullest. The half-century mark is no longer a matronly death knell. Gone are the days when a person who turned 50 was considered old – past their prime, beyond their "useby" date — we're here to say that age is just a number! Some report they are just getting started. Thanks to improved health practices and advances in science and medicine, we are living healthier longer and looking younger beyond our years. Join us in getting fit: whatever your age. This class, lead by a certified & experienced trainer, will show essentials for a changing body for all fitness and experience levels.

Note: There is no class on 7/1 or 7/15.

#### 0817A

04/01/21 9:30 - 10:15 AM

Thu Sessions: 10

Just About You! Life Fitness & Personal Training Studio

Instructor: Jennifer Fisher

#### 0817B

06/17/21

9:30 - 10:15 AM

Thu Sessions: 5

Just About You! Life Fitness & Personal Training Studio

Instructor: Jennifer Fisher

## **WE NOW ACCEPT DISCOVER CARDS.**







We also still accept VISA and MasterCard.

### NEW Beginning **Indoor Cycling** & Strength **Training**



Want to try Cycling? Want to try Strength Training?

Register for our combo class! First start with 20 to 30 minutes of instructor led beginner cycling. Rock out to music videos in our stateof-the-art studio with stadium cycling while you get your cardio on! Then, tone and sculpt with weights to finish out the class! Please arrive about 15 minutes before class starts.

#### 0823A

04/01/21 6:00 - 7:00 PM \$39

Thu Sessions: 7

Owatonna Fitness

Instructor: Taylor A Granquist

#### 0823B

06/17/21 6:00 - 7:00 PM

Thu Sessions: 7

Owatonna Fitness - Cycling Studio Instructor: Taylor A Granquist

## **Power Pump**

This is a great way to get a total body sculpt! Use weights and work your muscles from head to toe. More muscle means more calorie burn each day. Plus, you'll boost your metabolism! Please arrive about 10 minutes before class starts.



#### 0824A

03/30/21 9:30 - 10:15 AM \$39

Tue Sessions: 7

Tue

Sessions: 7

Owatonna Fitness

Instructor: Tanya Anderson

#### 0824B

06/15/21 9:30 - 10:15 AM \$39

Instructor: Tanya Anderson

## ADULT - RECREATION



### **Indoor Cycling**

Want to try Cycling? Register for our 45 minutes of instructor led beginner cycling. Rock out to music videos in our state-of-the-art studio with stadium cycling while you get your cardio on! Class will be a slower paced mix of hills, intervals, pace, and sprints. Great for a low-impact, beginner workout. Please arrive about 15 minutes before class starts.

#### 0825A

03/30/21 8:15 - 9:00 AM \$39

Owatonna Fitness

Instructor: Reagan West

#### 0825B

04/01/21 8:15 - 9:00 AM

Owatonna Fitness Instructor: Reagan West

#### 0825C

06/15/21 8:15 - 9:00 AM

Instructor: Reagan West

#### 0825D

06/17/21 8:15 - 9:00 AM

Instructor: Reagan West

Tue

Sessions: 7

Thu

Sessions: 7

Tue

Sessions: 7

Sessions: 7

Thu

### **HITT (High Intensity Interval Training)**

HIIT (High Intensity Interval Training) is the fastest way to get in shape and boost your metabolism!! It's characterized by short bursts of intense exercise alternated with low-intensity recovery periods -- so it is great for all levels from beginner to ultra fit. HIIT is super quick and consists of a series of easy-to-establish moves to tone, tighten, burn fat and get a great workout - all in 45 minutes. Get ready to get motivated and put your best energy forward!

Note: Please be sure to bring indoor workout shoes, a water bottle, and towel. This class is held at Owatonna Fitness: 130 East Vine Street.

#### 0830

3/13/21 9:30-10:15 AM \$39

Owatonna Fitness Instructor: Tanya Anderson Sat

Sessions: 6

PENCIL IN YOUR PLANS

## ADULT - ARTFUL LIVING

### **Clay Creations to Enhance** Your Garden

Spring is here, or will be, and thoughts wander out to the garden. As you gaze into your garden spaces, dream and plan for what plants will be sprouting and adding just the right touch of color. How about adding some unique objects that are certain to enhance your spaces? How about a toad house or bird house to hang in a tree or a bird feeder



or wind chimes? Let your own creativity grow and your own garden be your guide. Students will be using hand-building techniques to create their objects. No previous clay experience is necessary. Your garden objects will be created on the first evening. They are then bisque fired and the following week, you will "paint" and glaze your objects to make them colorful and weather-proof. Pieces will then be glaze fired and may be picked up at the Arts Center 10 days after the second class. The second class may not take as long as the first.

Note: You must wear a face mask to class.

#### 0100

04/13/21 6:30 - 9:00 PM \$49 Owatonna Arts Center Instructor: Judy Srsen

Tue

Sessions: 2

# **SIGN UP TODAY**

- FOR AN **ARTFUL LIVING** CLASS! -



## NEWA All Boxed In

Do you have places, spaces, and containers for all your stuff? Was one of your New Year's resolutions to become more organized? Or, to be more creative in your gift-giving? Join us at the Owatonna Arts Center to come up with some creative, and beautiful solutions to house your many objects; or just to find out how to enhance your surroundings. Use hand-building techniques to build boxes - square, triangular, round, you name it,



we can build it together! You can even include covers to your creations! In the first class, you will create your containers that will be sent off to the kiln. Then, the following week, you will paint or glaze your container with the décor of your choice. Your pieces may be picked up 10 days after the final class.

Note: You must wear a face mask to class.

#### 0101

04/07/21 7:00 - 9:30 PM

Owatonna Arts Center Instructor: Judy Srsen Wed Sessions: 2

## **Pottery on the Wheel for Teens and Adults**

How do you throw clay on the wheel? It's not exactly as simple as it seems! Learn how to use the wheel to create three dimensional forms and vessels. Demonstrations will cover the basics of wedging, centering, pulling, trimming, and forming



usable vessels using premium clay. Beginners should come ready to get your hands muddy! If you are accustomed to clay come and fine tune your skills, learn a new technique, and challenge yourself with larger more complex forms. Dress for a mess and wear tennis shoes. A face mask is required for class! Come to the first class with your ideas, excitement, and inspiration! Call your instructor at 507-835-1192 or the Owatonna Arts Center at 507-451-0533 if you have any questions.

#### 0102

4/1/21 6:30-9:00pm \$124 Owatonna Arts Center Instructor: Joan Mooney

Thu Sessions: 7

## ADULT - ARTFUL LIVING

## NEWA Wine and Design: **Captivating** Canvasses

Whether you're a budding Picasso or haven't touched a paint brush in years, you'll have fun and walk away with your very own painted masterpiece at this fun event! Your instructor will guide you through the easy steps to creating your own unique floral painting



on canvas. Each student will select their own color choices and will have personalized instruction throughout the class. No experience necessary. All supplies (paint, canvas, brushes, and a glass of wine) are included in the course fee. Students must be 21 yrs or older to register. You will leave with a colorful completed piece of art!

Note: A face mask is required to join class. Please also bring a pen, pencil, notebook, white eraser, ruler, scissors, hand sanitizer, paper towels, apron and gloves for paint classes, and a snack (optional).

About your Instructor: Dar Brooks has been teaching art classes for quite some time! She has a passion for inspiring her students with her teaching. She also travels regularly as an instructor at art centers and for art groups around the state.

#### 0103

04/09/21 6:00 - 9:00 PM \$44

Owatonna Arts Center Instructor: Dar Brooks Fri

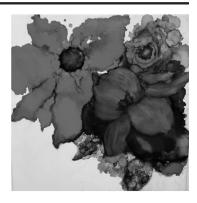
Sessions: 1

## **TEACHING A COMMUNITY ED CLASS**

The Owatonna Community Education Office hires many individuals throughout the year to instruct classes. You are invited to learn about instructor qualifications and responsibilities, and needs within the program. If you have talent and skills to share, consider visiting with us. Instructors are needed for youth, teen and adult classes. Please call us at 444-7900 to set up a visit.

#### **Alcohol Inks**

Use alcohol inks to create gorgeous vivid art! This is an amazing free flowing medium that is exciting to paint with! Enjoy learning what the inks are and how to use them to create vivid flowers, landscapes, and abstracted looks. Tools, techniques, various inks and the best products will be discussed so you can continue your artistic journey far



beyond this workshop. Students will receive a list of how the inks can be used for many different art projects. Dar's motivating demonstrations are broken down to a step-by-step painting process on a 12 X 12 canvas. The class will have the opportunity to practice on different kinds of papers before working on canvas. Your imagination and creativity will be sparked in this no mistakes class. No experience needed to complete your unique piece of art to take home. All supplies included in class fee.

Note: A face mask is required for class. Please also bring a pen, pencil, notebook, white eraser, ruler, scissors, hand sanitizer, paper towels, apron and gloves for messy classes, and lunch and beverages for all-day workshops.

#### 0104

04/10/21 10:30 AM - 3:30 PM

Sessions: 1

Sat

Owatonna Arts Center Instructor: Dar Brooks

## **Expressive Watercolor with Collage**

You'll love this easy flowing class with demos that will spark your creativity. Both beginners and experienced students will go home with a completed watercolor painting. Students will learn the simple techniques to enhance their paintings with unique mixed media supplies. This will include beautiful papers, and exciting ways to give the finishing touches to your artwork. You will have a choice of what colors you would like, and the subject you would prefer. Dar's teaching style is motivating, and she enjoys giving personal attention to inspire each person. No pressure and no mistakes in this exciting class!

Note: You must wear a face mask to class. Please also bring a pen, pencil, notebook, white eraser, ruler, scissors, hand sanitizer, paper towels, apron and gloves for messy classes, and lunch and beverages for all-day or multiday workshops.

#### 0105

06/11/21 - 6/12/2110:30 AM - 3:00 PM \$87

Owatonna Arts Center Instructor: Dar Brooks Fri/Sat Sessions: 2

## ADULT - ARTFUL LIVING

### **Artistic Greeting Cards**

Would you like to learn how to create your own cards, rather than purchasing cards? If so, you will love this exciting class! You will learn unique techniques that are beautiful and simple to create. This will include texturing backgrounds, using stencils, stamps, mini watercolor painting, and the use of many inspiring art supplies. You will enjoy going home with completed frame-able cards. No experience necessary, and all supplies are included in the supply fee.

Note: You must wear a face mask to class. Please also bring a pen, pencil, notebook, white eraser, ruler, scissors, hand sanitizer, paper towels, apron and gloves for messy classes, and a snack (optional).

Fri

#### 0106

06/11/21 6:00 - 9:00 PM

Sessions: 1 \$30

Owatonna Arts Center Instructor: Dar Brooks

## **Paint & Sip: Flourishing Florals**

This is an exciting and trendy class for beginners or those who have been enioving our watercolor classes! We will be using black permanent pens as we do simple sketches for a Flourishing Flowers painting. Students may then choose their own colors and format.

No experience is needed for drawing or painting! Dar will give entertaining demos and personalized attention to each student. You will start by learning how to paint a background in a variation of color tones working from light to dark. Next, you will add some detail and develop a focal area. Finishing will include mixed media supplies, and quick and loose sketches in ink to make vour flowers POP! Dar's teaching style is relaxed, fun, and spontaneous. Her intention is to inspire students to open themselves to creativity and wholeheartedly enjoy the painting process. There are "no mistakes" in her classes!

Note: You must wear a face mask to class. You must also bring the following: A pen, pencil, notebook, white eraser, ruler, scissors, hand sanitizer, paper towels, apron and gloves for messy classes, and a snack (optional).

#### 0107

08/06/21 6:00 - 9:00 PM \$44

Owatonna Arts Center

Instructor: Dar Brooks

08/07/20 10:30am - 2:00 PM Pricing Varies Owatonna Arts Center Instructor: Dar Brooks



## **NEW!** Family Art Class

How about some fun and creative excitement together as a family! This intergenerational class is exciting for everyone. Students will learn the easy techniques for printing real leaves and create a masterpiece to take home.

First, we will practice on papers that can be cut for greeting cards. In the process, students find this to be an instant gratification technique! Next, everyone will create a nature painting with a textured background and leaves they have printed on it. No experience necessary! Dar's teaching style is fun and easy to follow. So come with a parent, grandparent, or adult caregiver and enjoy this spontaneous creative adventure! Ages 8 years — adult.

Pricing: Spouses may attend for free. Adult with 1 child is \$46. Adult with 2 children is \$54. Please record names at registration.

Please bring to class: A face mask, paper towels, a snack or lunch, beverages (we can take a short lunch break), and dress for a mess.

#### 0108

Sessions: 1

Sat



Fri

Sessions: 1

## ADULT - ARTFUL LIVING



## **Acrylic Paint Pouring Art Class-Level I**

Create fluid organic designs through the use of acrylic paint and pouring medium. Each piece created will be unique and original. No two pours are ever the same! This class incudes two complete paintings ready to hang on your wall (frames not included). Wear clothes you can get paint on and bring a face mask. All supplies are included in the class fee. Come and try this fun new painting technique! No previous painting experience or drawing skills required.

Note: A face mask is required for class.

About your instructor: Beth DeCoux has taught this class for many years and wants to safely welcome folks back to in-person learning!

#### 0109

05/01/21 9:00 AM - 12:00 PM

Owatonna Arts Center Instructor: Beth DeCoux Sat

Sessions: 1

# **SIGN UP TODAY**

- FOR AN ARTFUL LIVING CLASS! —

### **Acrylic Paint Pouring Art Class-Level II**

In this intermediate level pouring class you will explore additional techniques and styles of creating fluid acrylic art. You will practice ring pours, puddle pours, swiping and more! Each piece will be original and unique – no two pours are ever the same. This class includes two complete paintings ready to hang on your wall (frames not included). Wear clothes you can get paint on. All supplies are included in the class fee. Come and try this fun new painting technique! Previous acrylic paint pouring experience is encouraged but not required.

Note: You must wear a face mask to class.

#### 0110

06/26/21 9:00 AM - 12:00 PM

Owatonna Arts Center Instructor: Beth DeCoux Sat

Sessions: 1

### Clay Creations Mini-Series (Child/Adult Classi

This 3-session miniseries will give you a taste of the vast world of pottery from beginning to end! Built for child/adult duos, this holistic class series will start with clay on the pottery wheel. For our second class we will



learn to trim the pieces made on the wheel from the previous class, and we'll spend some time with clay and hand-building techniques. The final session will walk you through the glazing process where you will get to experiment with color. The child/adult format of this class will offer a fun and creative twist on quality time in the summer months!

Note: Class is for Kids age 7 years and up with an adult (parent, grandparent, guardian). A face mask is required for attendance.

#### 0111

6/13/21 2:30 PM-4:30 PM \$56 per couple Owatonna Arts Center Instructor: Christa Kain

Sun Sessions: 3

## ADULT - ARTFUL LIVING

### **Date Night – Create Night: Clay for Couples**

Make your date night a CREATE Night! This is an evening to create together or work individually with the goal of having fun and trying something new! Try your hands at throwing pots on the wheel and/ or to create something practical, whimsical or something in-between using hand-building techniques. This class is NEN = No Experience Necessary. The pieces that you have created (individually or as a team) will be fired once, glazed with the color of your choosing, and fired a second time to create a memory that lasts a lifetime. Dress casually in clothes that can get messy. You may pick up your pieces at the Arts Center 3 weeks after the conclusion of class.

Note: You must wear a face mask.

#### 0112

6/18/21 6:30 PM — 8:30 PM \$46 per couple Owatonna Arts Center Instructor: Christa Kain

Fri

Sessions: 1



Hours 1-5 PM Tuesday — Sunday, Closed Monday 435 Garden View Ln, Owatonna, MN 55060 Ph 507-451-0533

oacarts.org

Gallery Hours are 1-5 PM Tues through Sunday Closed Monday

#### **EVENTS**

**March 7 through 28,** Owatonna Public School K-12 student Art Exhibition.



### **Gals' Night Out at the OAC**

Calling all friends who would like a fun, free-spirited, and creative night out! During this evening, you will be shown the variety of ways that clay can be manipulated into useful, decorative, and "gifty" creations. You may try throwing pots on the wheel, hand-building, and/or utilizing clay slabs to make your unique creation come to life. Delve into your imagination, experiment, and have fun! No experience necessary! The pieces that you have created will be bisque fired, glazed with the color of your choosing, and fired a second time. Your pieces are then microwave, oven, and dishwasher safe. You may pick up your treasures at the Arts Center 3 weeks after class. Dress casually in clothes that can get messy.

Note: You must wear a face mask to class.

#### 0113

6/25/21 6:30 PM - 8:30 PM \$30

Owatonna Arts Center Instructor: Christa Kain Fri

Sessions: 1

## **WE NOW ACCEPT DISCOVER CARDS.**







We also still accept VISA and MasterCard.

## **Community Education** COMPUTER - TECHNOLOGY

### Take ACTION to Simplify your Photos, Videos, and Digital Life!

Learn how to use a simple photo system and put it into action during this hands-on educational workshop where you will begin to organize, tag, share, or tell stories using 10-20 of your own digital photos. See how easy it is to find any photo in seconds, get tips about cloud storage, discuss options for digital photo estate planning and get steps for saving photos and files from your devices. Do you have boxes of slides, VHS tapes, cassettes, kids' artwork or photo albums? You'll learn action plans for those too. Bring a familiar laptop, IPad, phone, or tablet with 10-20 photos on it.

Note: You must wear a mask to class.

About your Instructor: Linda O'Connor has been teaching Family Photo Organization for over 16 years.

#### 0200

06/02/21 6:00 - 8:00 PM

Roosevelt Community School Instructor: Linda O'Connor

Wed Sessions: 1

## **Hands-On Digital Photobook Workshop**

Move your memories out of your digital device and into a book you can enjoy! Learn to create and order beautiful photo books online. Bring a familiar laptop, phone, or tablet with 25-50 photos you want to use in your first book. Once you have learned this technique, you will be making photo books for yourself and your family fast and furiously!

Note: You must wear a face mask to class.

#### 0205

06/03/21 6:00 - 8:00 PM \$15

Roosevelt Community School

Instructor: Linda O'Connor

Thu Sessions: 1

#### **Intro to Social Media**

This class will go over step-by-step basics for Facebook, Instagram, Snapchat, Twitter and YouTube. Common questions and insights on social media will be reviewed so that you're up to date on the latest buzz words and topics. Come and learn to share, search, and connect while leaving as social media savvy as ever! No prior experience required.

Note: This is a Live Online Zoom Class. Owatonna Community Education will send you a link via email to join the class, as well as, provide you handouts prior to class. Your confirmation email will include an "Intro to Zoom" Video that you may watch before class.

About your Instructor: Nickie Welsh is the founder of Social Club Simple, http://www.socialclubsimple.com/. She is passionate about helping adults use technology to improve their lives in a positive way! She'll provide you with the best resources on using popular social media platforms, ride sharing apps, online safety, podcasts and more! She believes technology can help anyone, no matter what age or background!

Tue

#### 0210

04/20/21 5:30 - 6:30 PM

Sessions: 1 \$20

Online

Instructor: Nickie Welsh

### **Intro to Zoom**

Do you miss seeing your family and friends in-person? Learn how to connect with them virtually using one of the most popular online meeting tools today called Zoom. In this beginner level class, you'll learn how to safely connect with your family and friends online, all while in the comfort of your home. Along with the basic features of Zoom, you will leave the class with top safety tips and online gathering etiquette so that you can be up to date on the best practices whether it's for work or play! Class handouts are provided and no experience is required.

Note: This is a Live Online Zoom Class. Owatonna Community Education will send you a link via email to join the class, as well as, provide you handouts prior to class.

#### 0215

05/04/21

5:30 - 6:30 PM

Tue Sessions: 1

\$20 Online

Instructor: Nickie Welsh

## **Community Education** ADULT — GENERAL INTEREST

## NEW Grilled Cheese for Big Kids

April is National Grilled Cheese Month! Join our Minnesotan Cheesemonger in exploring the options outside of American cheese slices and white bread. This class is not for the faint of heart! The recipes featured include grilled cheese sandwiches named: The Devil wears Gouda; The Butcher, the Baker, and the Candlestick Maker; The Blue Pig; The Italian Stallion, and the Ranchero!



Grilled Cheese is officially for the grown-ups!

Note: This is a live online cook-along class! Informational handouts, a link to join class, and a shopping list will be sent to you prior to class via email.

#### 0330

04/15/21 6:00 - 7:00 PM \$29 per household Online

Instructor: Kerry Krueger Jerred

Thu Sessions: 1





## **NEW!** Mom Needs Cheese Please! Mother's **Day Inspired Cook-Along**

Mama needs cheese! This is a patio cook-along class featuring specialty cheese on the grill and other fun dishes designed to spoil and impress Mom for sure!! You know you would like to surprise that special Mom in your life like every day was Mother's Day, right? Then grab your aprons and get ready to chill and grill all in the celebration of Mothers and Motherfigures everywhere!

Note: This is a live online cook-along class! Informational handouts, a link to join class, and a shopping list will be sent to you prior to class via email.

#### 0331

05/06/21 6:00 - 7:00 PM \$29 per household

Thu Sessions: 1

Online

Instructor: Kerry Krueger Jerred





## **Community Education** ADULT – GENERAL INTEREST



## NEWD One Last Time: World War II Veteran Stories

Members of the "Greatest Generation" are leaving us at an alarming rate. Photographer and Amateur Historian, Jay Grammond planned and facilitated a WWII History Series in Elk River for 13 years. In that time, he got to know numerous people that lived during that time in history: Holocaust, and Japanese-American Internment Camp Survivors; Homefront Workers; Allied POW's; Veterans from all branches and Theatres, and in one case, even a German Soldier who fought the whole war on the Eastern Front! In this presentation, Jay is going to tell you about some of these people who participated in his History Series, and are sadly, no longer here. One Veteran even stated, "This will probably be my last time telling this story." Don't miss this unique insight into the lives of these amazing warriors.

Note: This is a Live Online class. A link will be sent to you via email to join the class.

About your Instructor: Jay Grammond is an Amateur Historian, and a Professional Photographer. Jay has studied World War II for two decades, and for 13 years organized and hosted a WWII History Series where he has Veterans, Holocaust Survivors, and others, present their story. The event was held once a month. Jay has worked with and for Veterans of all eras and has a special place in his heart for those from the WWII Generation.

#### 0332

04/15/21 6:30 - 7:30 PM \$18 Online

Instructor: Jay Grammond

Thu Sessions: 1

## NEW! A Look Back: Stories from the Attic

Did you know that people used to use stacks of newspaper as insulation in the house walls?! Several years ago a friend of our instructor knew of some remodeling that was being done at a family members house. During that project, they found a bunch of newspapers from the 1940's tucked in the walls of the attic! This class will feature a virtual walk back in time. We will look at the headlines of the day;



what was being advertised in those days; and what the ever popular "comics" section looked like! Amateur historian, Jay Grammond will weave these pieces together to take you on a virtual walkabout through time.

Note: This is a Live Online Zoom class. A link will be sent to you via email to join the class.

About your Instructor: Jay Grammond is a Professional Photographer and Amateur Historian. He was thrilled when he inherited this stack of old newspapers, and marveled at the stories within the pages! As a child in the 1970's, he actually clipped articles of interest out of newspapers to keep in a scrapbook, so this class seemed meant to be!

#### 0333

04/22/21 6:30 - 7:30 PM \$18 Online

Instructor: Jay Grammond

Thu Sessions: 1

# **SIGN UP TODAY**

— FOR A GENERAL INTEREST CLASS! —

## **Community Education** ADULT — GENERAL INTEREST

## NEWI) When Reading is Easier, Learning is Easier

Being a good reader comes with a lot of benefits! Is your child missing out? Many reading struggles are caused by one or more weak cognitive skills. Join us to learn about the WHY behind so many reading struggles and how to begin working on them.

Note: This is a live online class through Zoom. Your instructor will reach out to you via email to provide a link to join class.



About the Instructor: Darci Stanford is the owner of the Board Certified Cognitive Center, LearningRx of Owatonna. She has worked as an Early Childhood Education faculty at South Central College in Faribault, MN for 13 years. Her previous experiences have been in a variety of subjects and environments including a Family Life Educator at Sanford Health in Sioux Falls, SD and as a Family Based Counselor in Southwestern, MN. She is a Certified Cognitive Brain Trainer and Board Certified Cognitive Specialist.

#### 0334

04/05/21 7:00 - 8:00 PM \$10

Online

Instructor: Darci Stanford

00 - 8:00 PM Mon 0 Sessions: 1





## **Diving Into Digital Photography-Level I**

Are you ready to take your photography hobby to the next level? Maybe you're just starting out and are ready to dive in? Here is a course that is simple and designed to be easy-to-understand, yet full of insightful information! It will provide you with the basics of using your digital camera and then allow you to go off to any specific subject you have interest in photographing! Develop the fundamental techniques of photography to create better and more artistic photos. Explore composition, color, and focus. Learn the properties and importance of light. Become familiar with your camera to capture the images you will be proud of and will cherish for a lifetime. This class will meet at the instructor's professional studio: Shot in the Dark Studio located at 129 W Bridge St.

Note: Registration is required at least 1 week in advance.

#### 0535

03/29/21 7:00 - 8:30 PM

Shot in the Dark Photography Studio

Instructor: Mark Sherman

Mon Sessions: 5

## **WE NOW ACCEPT DISCOVER CARDS.**







We also still accept VISA and MasterCard.

## **Community Education** ADULT — GENERAL INTEREST

### **Advance Care Planning and Your Health Care** Directive

If you had a health crisis and were unable to communicate with your loved ones and medical care providers, who would you want to make decisions for you? Have you thought about what is important to you if you are diagnosed with a life-limiting illness? Have you shared this information through conversations or a written document? Attend this series to learn how to communicate your wishes through advance care planning. Advance care planning includes thinking about what is important to you, talking with those who matter to you, and writing down your wishes for health care and treatment in a health care directive. Learn about: why advance care planning is always important and not just for end-of-life care planning; how to identify your health care agent and have an open conversation; gain the benefit of providing guidance for your health care choices and decisions through a directive; learn what is needed for a valid health care directive, and where to file your completed health care directive and who should have a copy.

Session 1: Introduction to Advance Care Planning and Your Health Care Agent - Using the Honoring Choices Health Care Directive as a guide, learn about the 6 W's of health care planning & identify your health care agent.

Session 2: Honoring Choices Health Care Directive - Review what is needed for your health care directive to meet MN legal standards and discuss who should have copies as well as when to review and update your document.

Session 3: Finalize Your Health Care Directive - Ask any final questions regarding your health care directive. Your directive can then be reviewed and finalized in accordance with MN legal requirements.

Note: A face mask is required to attend this class. Also, while the series is free of cost, please know that space is limited, and registration is required. You should plan to attend all three sessions as you will be asked to complete activities between each session.

About Your Instructor: Pat Heydon is the coordinator and a trained facilitator for Honoring Choices Advance Care Planning for Faribault & Owatonna. Her social work experience in hospital settings, working with patients and families in crisis and and end-of-life, taught her the importance of advance care planning and drives her passion to help others understand and complete this important document.

#### 0540A

04/06/21

6:00 - 7:00 PM

Roosevelt Community School Instructor: Pat Heydon

#### 0540B

06/16/21

9:00 - 10:00 AM

Free

Roosevelt Community School

Instructor: Pat Heydon

### **Discover your Roots**

Are you interested in building your family tree? Get started with professional genealogist, Mary Wickersham! Start with gathering and organizing family info, then research more to fill in the missing pieces. In these three sessions, we'll cover obtaining and recording your family history information, identifying the missing pieces, and researching



Tue

Wed

Sessions: 3

Sessions: 3

online and in-person methods of discovering your roots.

Note: These are live online classes. You will be contacted via email that includes a link in order to join your class sessions.

About your instructor: Mary Wickersham has been researching her own family for over 30 years. She is a longtime member of the Minnesota Genealogical and Historical societies, and a professional genealogist. She enjoys showing others how to use Internet genealogy tools and has given lectures for groups such as the Minnesota, Iowa, and Wisconsin genealogical societies, the MN Historical Society, and the Irish Genealogical Society International.

#### 0541

05/05/21 6:30-8:00 PM \$36

Online

Instructor: Mary Wickersham

Wed Sessions: 3

## ADULT - HEALTHY LIVING



### Adult & Child CPR/AED Certification

This class will teach you adult and child CPR in accordance with the American Heart Association guidelines. You will also learn how to use an AED (automated external defibrillator). The Mannequins used will monitor your compressions for instant feedback. Upon completion of this class and passing a performance test you will receive a certification of completion.

Note: You must wear a mask to this class. The instructor is certified by the American Heart Association and has been teaching for over ten years.

> Tue Sessions: 1

Thu

Sessions: 1

#### 0602

04/13/21 5:30 - 8:30 PM

\$54

Roosevelt Community School Instructor: Barb Klinger

#### 0603

04/15/21 5:30 - 8:30 PM

\$54 Roosevelt Community School

Instructor: Barb Klinger

#### 0604

05/18/21 5:30 - 8:30 PM

Tue Sessions: 1 \$54

Roosevelt Community School Instructor: Barb Klinger

#### 0605

05/19/21 5:30 - 8:30 PM

Roosevelt Community School

Instructor: Barb Klinger

### Adult & Child CPR/AED and First Aid Certification

In the first session, you will learn the basics of First Aid for injuries, emergencies, and environmental situations as presented by the American Heart Association. In the second session, your class will learn adult & child CPR in accordance with AHA guidelines. You will also learn how to use an AED (automated external defibrillator). The mannequins used will monitor your compressions for instant feedback. Upon completion of this class and passing a performance test you will receive a certification of completion.

Note: This is a two-day course. Also, you must wear a face mask to class. Your instructor is certified by the American Heart Association and has been teaching for over ten years.

#### 0606

04/20/21 5:30 - 8:30 PM \$90

Roosevelt Community School Instructor: Barb Klinger

Tue/Thu Sessions: 2

### Adult/Child/Infant CPR/AED and Pediatric First **Aid Certification**

In the first session, you will learn the basics of Pediatric First Aid for injuries, emergencies, and environmental situations as presented by the American Heart Association. In the second session, your class will learn adult, child, and infant CPR in accordance with AHA guidelines. You will also learn how to use an AED (automated external defibrillator). The mannequins used will monitor your compressions for instant feedback. This class is ideal for those working in childcare settings. Upon completion of this class and passing a performance test you will receive a certification of completion.

Note: This is a two-day course. Also, you must wear a face mask to class. Your instructor is certified by the American Heart Association and has been teaching for over ten years.

#### 0607

05/11/21 5:30 - 8:30 PM \$90

Roosevelt Community School Instructor: Barb Klinger

Tue/Thu Sessions: 2

Wed

Sessions: 1

## ADULT - HEALTHY LIVING

### **Rediscover the Joy of Eating - An Intuitive Eating** Program

Do you find yourself eating "emotionally" and feeling out of control around food? Do you obsess over the rules of "healthy" eating? Do you feel "at war" with your body? Tracy Bjerke, RDN, LD and Certified Intuitive Eating Counselor invites you to begin a new journey, one you were born to take. Based on the selfcare eating framework of Intuitive Eating, this program will provide you with the tools and support you need to say goodbye to the guilt and shame of diet culture. The program will guide you on a journey of discovery and curiosity to make peace with food and rediscover the satisfaction and joy of eating. Each week will cover new topics such as: Reject the Diet Mentality, Honor your Hunger, Make Peace with Food, Challenge the Food Police, Feel your Fullness, Discover the Satisfaction Factor, Cope with your Emotions with Kindness, Respect your Body, Movement - Feel the Difference, and Honor your Health with Gentle Nutrition. An Intuitive Eating Workbook is included in the full price for this class.

Note: A face mask is required for the in-person class option. If you choose the online option, you will be sent a link to join the class via email.

About your Instructor: Tracy Bjerke, RDN, LD, is a registered dietitian and Certified Intuitive Eating Counselor helping people cultivate a healthy relationship with food, mind and body. She earned her bachelor's degree in dietetics from Minnesota State University—Mankato, followed by a Dietetic Internship at Mayo Clinic in Rochester, Minnesota. She has been serving, educating and helping members of the Owatonna community as a registered dietitian for the past seven years. She is the owner of Bjerke Nutrition and Wellness, LLC whose mission is to help clients heal their relationship with food, find freedom from diet culture, and get back to the joy of eating using weight-inclusive, anti-diet approaches to nutrition counseling.

#### **0610A In-Person**

04/07/21 6:00 - 7:00 PM Wed Sessions: 4

Roosevelt Community School Instructor: Tracy Bjerke

#### **0610B Online**

04/07/21 12:00 - 1:00 PM Wed Sessions: 4 \$95

Online

Instructor: Tracy Bjerke

### **0610C Online**

07/07/21 12:00 - 1:00 PM Wed \$95 Sessions: 4

Online

Instructor: Tracy Bjerke



## The Ancient Art of Hand Yoga

Mudras, or "yoga of the hands" has been recognized for centuries as a simple yet effective healing tool. In ancient India, mudras were believed to be the key to spiritual, mental, and physical wellbeing and that regular practice of the hand positions can rejuvenate body and mind. The hand positions are easy to do, take minutes to perform, and can be done almost anywhere at any time. Mudras can also be used to help relieve numerous conditions such as anxiety, stress, digestive issues, weight loss, bloating, insomnia, and so many more!

Note: This is a live online zoom class. You will receive a link to class via email prior to class.

About your Instructor: Janice Novak has a Masters Degree in Health & Physical Education. She is an internationally acclaimed bestselling author, speaker, and wellness consultant. She presents up-to-date info on pertinent health and wellness topics that can improve your health, energy, and motivation. She empowers people to take action toward attaining better health. Her easy-touse techniques are informational and inspirational and can easily be integrated into daily life.

#### 0625

04/27/21 6:00 - 7:30 PM \$27

Tue Sessions: 1

Online

Instructor: Janice Novak, MS

## ADULT - HEALTHY LIVING

### The Art of De-Aging: Peel Years Off Your **Biological Age**

Your chronological age is the number of years you have been alive. It is a fixed number and cannot be changed. Your biological or body age, however, is measured by how well all of your organs and body systems work. And there are many things you can do to affect your biological age! You have more control over how your body ages than you may think. Research has shown us that you can peel years off your biological age. In this workshop, you will learn simple, scientifically proven concepts that you can use right now to decrease your body age. Also, you will learn about facial acupressure points to help erase years from your face, naturally, by increasing muscle tone, decreasing puffiness, and easing eye bags. Reduce lines and prevent new lines from forming! Help yourself look better, feel younger, and age with health, grace, and vigor!

Note: This is a live online zoom class. Your instructor will reach out to you, via email, with a link to class.

0615

04/12/21 6:00 - 7:30 PM \$27

Instructor: Janice Novak, MS

Mon Sessions: 1

### **Women, Weight & Hormones**

Is fat collecting around your mid-section and no matter how well you watch what you eat or how much you exercise that weight is just not budging? If this is your story, your inability to lose weight probably has more to do with your hormone levels than anything else. Until you discover and correct any imbalances, trying to lose weight will be like shoveling sand against the tide. You will learn key strategies for fighting fat and losing weight including: concrete solutions (not tricks, not using your will power) for controlling appetite and cravings; boosters to keep your metabolism burning brightly; how to tell if your thyroid is creating weight problems and what to do about it; hormone mimicking chemicals; what HRT or birth control pills have to do with weight gain; hormone levels checked reliably, and the steps needed to safely break the vicious cycle of hormone related weight gain to help your body begin to lose weight again.

Note: This is a live online class. You will receive a class link via email prior to class.

#### 0620

04/22/21 6:00 - 7:30 PM \$27

Online

Instructor: Janice Novak, MS

## **Acupressure Face Lift & Skin Savvy**

Here's a facelift you can do at home! Acupressure is an ancient Eastern healing method that works with the energy that flows through your body. Stimulating facial acupressure points can help erase years from your face naturally, bring a healthy glow to your skin, increase muscle tone, decrease puffiness and eye bags, reduce lines and prevent new lines from forming, even decrease headaches and eye strain, soothe nerves, and increase relaxation. Learn how to make your skin as healthy as possible from the inside out!

Note: This is a live online zoom class. You will receive a class link via email prior to class.

#### 0630

05/03/21

6:00 - 7:30 PM \$27

Online

Instructor: Janice Novak, MS

Mon Sessions: 1



Sessions: 1

## **Community Education** ADULT - OUTDOOR LIVING



### How to Make Your Lawn Look Like a Golf Course

In this lawn care class, Nikk will discuss the Best Management practices for any homeowner to use on their home lawn. Nikk will cover all aspects of making your home lawn more aesthetically pleasing, more sustainable for the environment, and how to develop practices that will fit any budget. Topics include: mowing practices, irrigation use and scheduling, fertility practices, pest control, and cultural practices (like aeration). Included in this class will be Nikk's slideshow presentation, notes, tips, and tricks of the trade as well as a lawn care calendar with timing of all these practices. Please register for this class one week prior to the start of class.

Note: You must wear a face mask to class.

About our instructor: Nikk Dickerson is the Golf Course Superintendent at the Owatonna Country Club.

#### 0545

05/10/21 6:30 - 9:00 PM

Roosevelt Community School Instructor: Nikk Dickerson

Mon

Sessions: 1

# **SIGN UP TODAY**

— FOR AN OUTDOOR LIVING CLASS!-



### **Minnesota Herbs**

Master Gardener Shari Mayer has had years of experience with herbs as leader of the UMore Herb Garden (in Rosemount) when it was available to the public. She has a love for both the common and unusual herbs available to Minnesotans, and loves to share information on their uses, health values, and where to find them. Shari teaches how to grow and maintain different herbs and how to incorporate them into your existing gardens and home landscape. Unearth the basics of growing and harvesting along the way!

#### 0550

05/20/21 6:30 - 8:00 PM

Roosevelt Community School Instructor: Shari Mayer

Thu Sessions: 1

## TEACHING A COMMUNITY ED CLASS

The Owatonna Community Education Office hires many individuals throughout the year to instruct classes. You are invited to learn about instructor qualifications and responsibilities, and needs within the program. If you have talent and skills to share, consider visiting with us. Instructors are needed for youth, teen and adult classes. Please call us at 444-7900 to set up a visit.

## **Community Education** ADULT - OUTDOOR LIVING

## NEWA Edible Gardening

Edible gardening is a growing trend that provides a feast for the eyes and the palate. Discover the benefits of integrating edibles with ornamental plants and learn how to care for and incorporate these beautiful and tasty plants into just about anywhere in your landscape.

Note: This class will be held online and taught by a Hennepin County Master Gardner. You will receive a link to access the class via email.

Thu

Sessions: 1

#### 0555

04/08/21

6:30 - 7:30 PM \$10

Online

Instructor: Hennepin County Master Gardener



## **NEW!** Evolving Garden

Change in the garden is inevitable, but some events trigger the need for creative responses. Whether environmental or personal events are driving the desire or need for change, learn practices to implement that require less maintenance, yet create beautiful and functional gardens.

Note: This class will be held live online and taught by a Hennepin County Master Gardner. You will receive a link via email to access the class.

#### 0560

05/20/21 6:00 - 7:30 PM \$10

Thu Sessions: 1

Online

Instructor: Hennepin County Master Gardener



## NEWI Growing Vegetables in Containers: A **How-To Guide**

Whether you are challenged by lack of garden space, or want vegetables within an easy reach, most food plants can be grown in containers as easily as decorative plants. Learn about the benefits and best practices of growing vegetables and other food plants in containers instead of planting them in the ground.

Note: This class will be held live online and taught by a Hennepin County Master Gardner. You will receive a link before the class begins.

#### 0565

06/01/21

6:30 - 7:30 PM \$10

Sessions: 1

Tue

Online

Instructor: Hennepin County Master Gardener



## DISTRICT CALENDAR

#### **OWATONNA**PUBLIC SCHOOLS 2021-2022 Calendar



August										
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February											
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August	December			
16-19 New Teacher Workshop	23 - 2-Hour Early Release			
23-25 Teacher Work Days	24 - Jan. 2 Winter Break/No School			
25 - Parent/Student Information Day at OMS	January			
26 - Gr. K-5 Interviews	13 - End of 2nd Quarter			
30 - Gr. 9-12 1st Day of School	14 - No School, Teacher Work Day			
30 - Gr. 6 Orientation	17 - No School/MLK Day/Staff Developmer			
30 - Gr. K-5 Interviews	February			
31 - Gr. 1-5 Interviews	OHS Conferences			
31 - Gr. 6-8 1st Day of School	15 - Gr. K-5 Conferences			
September	17 - Gr. K-5 Conferences			
1 - Gr. K-5 1st Day of School	ALC Conferences			
3 - No School	18 - No School, Gr. K-5, Conferences			
6 - No School/District Closed	March			
October	OMS Conferences			
Homecoming/2-Hr Early Release	24 - End of 3rd Quarter			
OHS Conferences	25 - No School, Teacher Work Day			
ALC Conferences	28-31 Spring Break/No School			
21 - No School/MEA	April			
22 - No School/MEA	1 - Spring Break/No School			
OMS Conferences	15 - No School, District Closed			
OMS Conferences	May			
29 - End of 1st Quarter	30 - Memorial Day/District Closed			
November	June			
1 - No School, Teacher Work Day	2 - Last Day of School			
9 - Gr. K-5 Conferences	3 - Teacher Work Day			
11 - Gr. K-5 Conferences	5 - Graduation			
12 - No School, Gr. K-5, Conferences	7 - PLC/Staff Development Day			
24 - No School	8 - PLC/Staff Development Day			
25 - Thanksgiving Day/District Closed				
26 - District Closed				
First/Last Day of School	No School, Gr. K-8			
School Not in Session	No School, Gr. K-5			
District Closed, Designated Holid	2-Hour Early Release			
Approved 4/27/2020	© 2014-2019 Vertex42.com			











We also still accept VISA and MasterCard.





OWATONNA COMMUNITY EDUCATION

# Youth Photo Contest (Ages 17 & Under)

The rules are simple: youth must take the photo, email or drop off to Owatonna Community Education by the deadline listed & have fun! We will call/email participants if they win. We hope winners will come in to take a picture with their winning photos so we can officially announce it on the following Friday. Prizes will be given & may include CE gift certificates, their picture located on an upcoming brochure, a feature on social media, & more!

### **DEADLINES | THEME:**

MAY 7 | RAINFALL JUL 8 | GENERATIONS SEP 10 | FUN IN THE SUN NOV 5 | NATURE JAN 7, 2022 | COOKING MAR 4, 2022 | MYSTERY

#### TO QUALIFY:

- ONE PICTURE/YOUTH
- PHOTO TAKEN BY YOUTH
- PICTURE SUBMITTED BY **DEADLINE**
- PICTURE IS HIGH RESOLUTION
- PICTURE TAKEN IN 2021 OR 2022

#### **SUBMISSIONS:**

COMMUNITYEDeISD761.ORG OR DROP OFF AT ROOSEVELT SCHOOL.

PLEASE CALL 507-444-7900 WITH ANY QUESTIONS

## YOUTH-SPECIAL INTEREST

### **Online Chess 1.0: Beginner (Ages 6-12)**

Learn the game played by kings, queens, presidents, and laureates for centuries. Chess benefits student's focus, sportsmanship, problem solving, mental fortitude, and more.Co-hosted by National Chess Master and former state champion Nathan Hoover, YEL Online Chess Lessons are immersive, engaging, and rich with content. Seats are limited, so sign up soon! We suggest participants have a computer with a microphone and speakers, high speed internet, a ChessKid.com account (email YEL if you need one). We'll be using ChessKid.com as well as chess.com for lesson analysis. Students will also be invited to participate in free online chess tournaments using ChessKid.com.

#### 0981A

03/08/21

3:00 - 4:00 PM Mon \$99 Sessions: 8

Online

#### 0981B

03/10/21 4:15 - 5:15 PM

Wed \$99 Sessions: 8

Online

Instructor: Youth Enrichment League

## **Online Chess 2.0: Beginner 2 (Ages 6-12)**

For students with a basic grasp of chess piece movement, capturing, check, and checkmate, but not ready for higher level lessons. We will be studying tactics like pins, skewers, discovered and double checks, back rank mates and more. Seats are limited, so sign up soon!. We suggest participants have a computer with a microphone and speakers, high speed internet, a ChessKid. com account (email YEL if you need one). We'll be using ChessKid.com as well as chess.com for lesson analysis. Students will also be invited to participate in free online chess tournaments using ChessKid.com.

#### 0982A

03/09/21

3:00 - 4:00 PM Tue

\$99 Sessions: 8

Online

#### 0982B

03/11/21

4:15 - 5:15 PM Thu \$99 Sessions: 8

Online

Instructor: Youth Enrichment League

### Online Chess 3.0: Intermediate and Advanced (Ages 6-18)

The YEL Online Intermediate and Advanced Chess Lessons



Series will focus opening variations, endgame practice, move by move analysis and more. Co-hosted by National Chess Master and former state champion Nathan Hoover, YEL Online Chess Lessons are immersive. engaging, and rich with content. Seats are limited, so sign up soon! We suggest participants have a computer with a microphone and speakers, high speed internet, a ChessKid.com account (email YEL if you need one). We'll be using ChessKid.com as well as chess.com for lesson analysis. Students will also be invited to participate in free online chess tournaments using ChessKid.com.

#### 0983A

03/08/21 4:15 - 5:15 PM \$99

Mon Sessions: 8

Online

#### 0983B

03/10/21 3:00 - 4:00 PM

Wed Sessions: 8

Online

Instructor: Youth Enrichment League

## **Online Chess 4.0: Advanced (Ages 6-12)**

For students with a USCF rating or ChessKid.com rating (fast or slow) of 1200 or more. National Master Nathan Hoover Will provide in-depth training on end games (minor piece, King and pawn, Rook, and even Queen endings); openings, and analysis of master level chess games. We suggest participants have a computer with a microphone and speakers, high speed internet, a ChessKid.com account (email YEL if you need one). We'll be using ChessKid. com as well as chess.com for lesson analysis. Students will also be invited to participate in free online chess tournaments using ChessKid.com.

#### 0984A

03/09/21 4:15 - 5:15 PM

Sessions: 8

\$99 Online

Instructor: Youth Enrichment League

### **Online Coding 1.0 Animation** (Ages 8-14)

Learn basic and intermediate coding techniques with Scratch®. Students will be introduced to the vital field of coding and learn how to use movement blocks.



loops, control blocks, and other basic coding for animation. Students will be given a Scratch® user account. More details will be sent on how to join the class. Students can share their code online with other Scratch kiddos, and they can keep it in their own account. Seats are limited, so sign up today!

#### 0956

03/09/21

4:15 - 5:15 PM Tue \$99 Sessions: 8

Online

Instructor: Youth Enrichment League

### **Online Coding 2.0: Video Games (Ages 8-14)**

Design, code, test, and share your very own video games using Scratch®. Students will be introduced to the vital field of coding and learn how to use movement blocks, loops, control blocks, and other basic coding for use in designing their own video games. Students will be given a Scratch® user account. More details will be sent on how to ioin the class. Students can share their code online with other Scratch kiddos, and they can keep it in their own account. Seats are limited, so sign up today!

#### 0957

03/10/21 4:15 - 5:15 PM

Wed \$99 Sessions: 8

Online

Instructor: Youth Enrichment League

## **WE NOW ACCEPT DISCOVER CARDS.**







We also still accept VISA and MasterCard.

## YOUTH-SPECIAL INTEREST

### Online Coding 3.0: Level 3 (Ages 8-14)

If you've either taken a previous YEL Coding with Scratch class or have prior Scratch coding experience, this class can take you to the next level. Students will take a deeper dive into Scratch coding to design and code more challenging video games and animations. Students will be given a Scratch® user account. More details will be sent on how to join the class. Students can share their code online with other Scratch kiddos, and they can keep it in their own account. Seats are limited, so sign up today!

#### 0958

03/11/21

4:15 - 5:15 PM Thu Sessions: 8

Online

Instructor: Youth Enrichment League

## **Online Coding 4.0: Level 4 Challenge (Ages 8-14)**

If you've either taken an YEL Advanced Coding with Scratch class, or have prior Scratch coding experience, this class is for you! This is an advanced course and students should be comfortable with coding using multiple sprites, backgrounds, and scripts. Students will be learning about variables, programming music with extensions, my blocks, and will even design their own sprite to use in a video game! Two advanced video games will be created. Students will be given a Scratch® user account. More details will be sent on how to join the class. Students can share their code online with other Scratch kiddos. and they can keep it in their own account. Piskel will also be used for sprite design. YEL also recommends using a laptop or desktop for this class (tablets may not work with some Scratch code). Seats are limited, so sign up today!

#### 0959

03/08/21

4:15 - 5:15 PM Mon Sessions: 8 \$99

Online

Instructor: Youth Enrichment League

## **YOUTH CLASSES AND CAMPS SIGN UP NOW!**

## YOUTH-SPECIAL INTEREST

### Fencing (Grades 2-5)

All students must be enrolled in Owatonna Public Schools. Get pumped and primed for the year end, Spring Fencing Championship.\* Coaches will



Fri

also hold an in-class tournament toward the end of the session. Each {YEL!} fencing class follows four basic components: •Teach It!...Hall of Fame Olympic Fencing Coach Ro Sobalvarro crafts our lessons and curriculum. • Practice It!... Students pair up and practice the fencing move or concept, rotate partners and repeat. • Move It!... Students then participate in fencing matches using only the moves taught so far. •Play It!...10-15 minutes each class students fence with multiple fencers at their skill level. Spring sessions include an in-class tournament. All equipment provided. Sign up today to THINK, LEARN and PLAY WELL with {YEL!}. \*Spring Fencing Championship invites students from all over the state. There is a separate fee. Students are encouraged to attend, but not required.

#### 0987

04/16/21 2:15 - 3:15 PM \$89

Sessions: 6

Lincoln Elementary School - New gym Instructor: Youth Enrichment League

## **Fencing (Grades 6-12)**

All students must be enrolled in Owatonna Public Schools. Get pumped and primed for the year end, Spring Fencing Championship.\* Coaches will also hold an in-class tournament toward the end of the session. Each {YEL!} fencing class follows four basic components: ●Teach It!... Hall of Fame Olympic Fencing Coach Ro Sobalvarro crafts our lessons and curriculum. Practice It!... Students pair up and practice the fencing move or concept, rotate partners and repeat. • Move It!... Students then participate in fencing matches using only the moves taught so far. • Play It!...10-15 minutes each class students fence with multiple fencers at their skill level. Spring sessions include an in-class tournament. All equipment provided. Sign up today to THINK, LEARN and PLAY WELL with {YEL!}. \*Spring Fencing Championship invites students from all over the state. There is a separate fee. Students are encouraged to attend, but not required.

#### 0989

04/16/21 3:30 - 5:00 PM \$110

Lincoln Elementary School - New gym Instructor: Youth Enrichment League

Fri Sessions: 6



### **Grandmaster's of Chess (Grades K-5)**

All students must be enrolled in Owatonna Public Schools. Returning students invited. Our spring session focuses on intermediate and advanced concepts and features an end-of-year in-class tournament. The {YEL!} Teach It!...Practice It!...Play It! method keeps students progressing through 60+ chess lessons and thousands of puzzles as well as guided games. Class fee includes ChessKid.com membership for the session. Sign up today to THINK, LEARN and PLAY WELL with {YEL!}.

#### 0976

04/13/21 2:15 - 3:15 PM

Tue Sessions: 6 \$84

Washington School - class room

#### 0978

04/14/21 2:15 - 3:15 PM

Wed Sessions: 6

Lincoln Elementary School - Art Room

Instructor: Youth Enrichment League



## **FOLLOW US ON TWITTER:** @OWATONNACOMMED

## **Community Education** YOUTH—SPECIAL INTEREST



### **Science Explorers' Preschool STEM Sampler Kit** (Ages 3.5-6)

Join Science Explorers in a virtual preschool classroom as we explore three areas of STEM. We will investigate a tropical rainforest and its layers while learning about the unique animals that live there. Then we will examine the three most common States of Matter in our environment (solid, liquid, gas) with fun and exciting experiments. Lastly, we will use our natural curiosity to explore force with engaging activities. The kit contains an outline and much of the materials needed to complete the pre-recorded class. A 30-day link will be provided to access a private video on YouTube. Kit does not include: internet access, computer to view pre recorded material, tech support, noncarpet workspace near a sink, sink and water, 3 cups, bowl, 1/2 cup measure, glue (optional pitcher for water, black crayon and tape). Once registered, kit will be mailed directly to your home within one week.

\*\*Recommended Ages: Child ages 3.5-6 experimenting with an adult.

**Kit Warnings: WARNING**—Items in this kit are for external use only. Do not eat or drink any substance contained in this kit. Keep out of eyes, nose, and mouth. **WARNING**-- This kit contain citric acid, which is a naturally occurring weak acid found in fruit. Wash hands after conducting experiments. If left on hands, can cause skin irritation. **WARNING:**CHOKING HAZARD--Small parts. Not for children under 3 years of age. **WARNING:** CHOCKING HAZARD--Toy contains small ball. Not for children under 3 years of age.

#### 0910

\$42

Registration Deadline May 31, 2021

### **Science Explorers' STEM Sampler (Grades 2-6)**

Join Science Explorers in virtual laboratory as we explore three areas of STEM. First, discover the science side of STEM as we learn the difference between chemical and physical changes with sloppy, slimy, and messy experiments. Next, investigate technology as we learn if our hand is really quicker than the eye with various fun optical illusions. Then, discover engineering and math as we construct a marble roller coaster to learn about physics. This virtual class is filled with engaging experiments and activities. The kit will contain an outline and much of the materials needed to complete the pre-recorded class. A 30-day link will be provided to access a private video on YouTube. Kit does **not include:** internet access, computer, tech support, non-carpet workspace near a sink, sink and water, scissors, pencil and markers, glue, clear cup and bowls (optional paper towels, tray to contain mess, old markers, stapler, ruler). Once registered, kit will be mailed directly to your home within one week.

**Kit Warnings: WARNING**--Items in this kit are for external use only. Do not eat or drink any substance contained in this kit. Keep out of eyes, nose, and mouth. **WARNING**-- This kit contain citric acid, which is a naturally occurring weak acid found in fruit. Wash hands after conducting experiments. If left on hands, can cause skin irritation. **WARNING:**CHOKING HAZARD-- Small parts. Not for children under 3 years of age. **WARNING:** CHOKING HAZARD--Toy contains small ball. Not for children under 3 years of age.

#### 0912

\$65

Registration Deadline May 31, 2021



## **SOUTH COUNTRY HEALTH ALL**



Owatonna Community Education customers using South Country Health Alliance, a state-certified Health Maintenance Organization, may qualify for reduced course fees. Call or bring in your SCHA ID card at registration to qualify. Please note that effective January 1st, 2012, there is now a 5 class maximum per year per person for participating SCHA members.

## **Community Education** YOUTH—SPECIAL INTEREST/ART

### Science Explorers' STEM Kit--States of Matter/ Electrical/Aerospace (Ages 8+)

Have fun with three STEM topics...chemistry, aerospace and electricity. First, your budding scientist with explore the three most common States of Matter in our environment: a solid, liquid and a gas. Next, discover the four forces that allow planes and rockets to fly: thrust, drag, weight and lift as you experiment with these forces with fun, hands-on experiments and activities while using a paratrooper to investigate drag, a disk launcher to explore lift and more. Then, you will build and test an electromagnet and learn how the electromagnetic field was first discovered. **The kit does not include:** water, a half measuring cup, a bowl or tray. 3 clear cups, tape and a table.

\*\*Recommended Ages: Ages 8+ experimenting with and adult.

Ages 12+ Experimenting under adult supervision.

\*\*Kit Warnings: WARNING--Items in this kit are for external use only. Do not eat or drink any substance contained in this kit. Keep out of eyes, nose, and mouth. WARNING-- This kit contain citric acid, which is a naturally occurring weak acid found in fruit. Wash hands after conducting experiments. If left on hands, can cause skin irritation. WARNING:SHARP POINT HAZARD--Toy contains functional sharp point. Not for children under 4 years of age. WARNING:CHOKING HAZARD--Small parts. Not for children under 3 years of age. Please be aware--The metal parts of the electromagnet can sometimes become warm or hot to the touch. If this happens, turn the electromagnet off. Allow the electromagnet to cool down before using again.

#### 0914

\$39

#### Registration Deadline May 31, 2021

Once registered, the kit will be mailed directly to your home within one week.

## **Sign Language for Kids (Ages 10-12)**

According to the National Association of the Deaf (NAD), approximately 48 million Americans have some degree of hearing loss - which translates to 10% of our population . Learning ASL is not only a marketable skill but it can make you a better listener and communicator. Students will be engaged through fun activities as they are introduced to this skill. Topics that will be touched on: Animals, environments, ABCs and Numbers, etiquettes that they would have some conversation with deaf friends and family. Class will be conducted through ZOOM.

Mondays

You will be contacted by your instructor with a link prior to class.

#### 0930

04/05/21 5:00 - 5:30 PM \$18

Sessions: 4

Online Instructor: Sabrina Hubmer

### **Bunny (Grades K-5) Online**

It's bunny time. Join Sunshine and Roses from home. All of our classes are also available in a To Go Kit with video option! This class will have pre-recorded instructions. Participants will pick up art supplies (video, paint, 11 x 14 canvas and a plate) around March 18 and will be able to paint the picture during the upcoming week. Pre-recorded lessons are great as participants will be able to stop/



pause and rewind as needed. An email will be sent to when supplies are available. Supplies can be picked up at Roosevelt Community School during regular business hours of 8 am-4 pm. Registration deadline is March 12. Adults and older children can participate as well. Instructor is Penni Kittelson Owner of Sunshine and Roses Traveling Art Studio http://www.sunshineandrosescanvaspainting.com

#### 0935

\$24

Online Instructor: Penni Kittelson

### You Are My Sunshine (Grades K-5) Online

Hello Sunshine! Join Sunshine and Roses from home. All of our classes are also available in a To Go Kit with video option! This class will have pre-recorded instructions. Participants will pick up art supplies (video, paint, 11 x



14 canvas and a plate) around March 18 and will be able to paint the picture during the upcoming week. Pre-recorded lessons are great as participants will be able to stop/pause and rewind as needed. An email will be sent to when supplies are available. Supplies can be picked up at Roosevelt Community School during regular business hours of 8 am-4 pm. Registration deadline is March 12. Adults and older children can participate as well. Instructor is Penni Kittelson Owner of Sunshine and Roses Traveling Art Studio - http://www.sunshineandrosescanvaspainting.com

#### 0936

\$24

Online Instructor: Penni Kittelson

## **Community Education** YOUTH—SPECIAL INTEREST/ART

## Husky Hobby Hub: Jungle Mosaic Kit (Ages 8-14)

The Husky Hobby Hub is here to break up the day and inspire some

creativity, fun & imagination! This kit includes two boards, a tiger and gorilla, nine sheets of adhesive-backed foam shapes, and instructions. Product board is about 8 inches x 8 inches \*\*Available for pick up only\*\* No refunds available. Pick up at Roosevelt Community School, 122 E McKinley St, in Owatonna. Registration will remain open until kits are gone.

#### 0939

Kit to pick up and complete at home \$14.00

## Husky Hobby Hub: Butterfly Mosaics (Ages 4-14)





butterflies, seven sheets of adhesive-backed foam shapes, and instructions. Product boards are about 6.25 inches x 11 inches \*\*Available for pick up only\*\* No refunds available. Pick up at Roosevelt Community School, 122 E McKinley St, in Owatonna. Registration will remain open until kits are gone.

#### 0938

Kit to pick up and complete at home \$14.00

## **FOLLOW US ON TWITTER:** @OWATONNACOMMED





### **Martial Arts for Kids (Ages 3-5yrs)**

It's good to know...Tae Kwon Do! Children will learn the importance of simple Tae Kwon Do techniques such as: punching, kicking, blocking, breaking boards, coordination, balance and much more all in a FUN setting! Social interaction and respect will be focus on learning these techniques. Please wear comfortable clothing and come ready for some FUN! Class will be held at the National Taekwondo Institute studio- 212 W. Bridge St.

#### 0918

03/31/21 1:00 - 1:30 PM \$23

Wednesdays Sessions: 6

National Taekwondo Institute - Studio Instructor: Esmaeil Torabpour

## Martial Arts For Kids (Ages Kindergarten-12 years)

These classes are designed to give children self-confidence, respect, perseverance, discipline, patience, courtesy and humility all while having fun. Physically, children will gain agility, strength, flexibility, and coordination. These classes are being held at the National Taekwondo Institute studio located at 212 West Bridge St. Instructor: Esmaeil Torabpour

#### 0919

03/31/21 6:30 - 7:30 PM \$32

Wednesdays Sessions: 6

National Taekwondo Institute - Studio Instructor: Esmaeil Torabpour

## **Community Education** YOUTH—SUMMER CAMPS

### **Youth Fitness Class (Ages 12-18)**

It's back again!! Our very popular youth athlete class! Sign up before it fills up quick! For dedicated youth athletes. Maximized Athlete Speed Training, Plyometrics, Cardio and Agility, Improved Performance, Muscle Balance and Injury Prevention, Individual Goal-setting.

Tuesday's- Cross-training // Speed and Conditioning Thursday's - Strength and Muscle Balance

#### 0932

03/30/21 3:15 - 4:00 PM

Tuesday/Thursday Sessions: 14 \$149

Owatonna Fitness - Workout Studio

Instructor: Owatonna Fitness - Reagan West and Tanya Anderson

## Clay for Kids: Pottery Wheel 10yrs +

How do you throw clay on the wheel? It's not what it seems. Learn how to use the wheel to create three dimensional forms and vessels. Demonstrations will cover the basics of wedging, centering, pulling, trimming, and forming useable vessels. Beginners come and get your hands muddy! If you are accustomed to clay, come fine tune your skills, learn a new technique, and challenge yourself with larger, more complex forms. Dress for a mess and wear tennis shoes. Come to the first class with ideas, excitement and inspiration! Call instructor at 507-835-1192 or call the OAC 507-451-0533 if you have any questions.

\*A limited number of scholarships are available for this class, through the Art Center. Please call 444-7900 to see if you qualify.\*

#### 0963

03/31/21 5:00 - 6:30 PM \$84

Owatonna Arts Center - Studio I Instructor: Joan Mooney

Wednesday Sessions: 7

## **WE NOW ACCEPT DISCOVER CARDS.**







We also still accept VISA and MasterCard.







Jelly Fish

Silly Birds

Aurora Borealis

### **How to Draw at Home Camp (Grades K-5)**

At home art kits with online instructional videos are now available from Kidcreate Studio! These art kits are so much fun, it's like having your very own private art teacher. Price includes shipping. Kits can be picked up at Roosevelt Community School. Participants will be called when packages have arrived at Owatonna Community Ed, and are ready for pick up. This kit/camp contains: 4 projects, an easy to follow lesson plan, a link to a correlating online instructional video taught by a Kidcreate Studio art teacher (please include an email address to send link to at registration if needed), art materials needed to create your masterpiece and additional suggestions for online learning that relate to the art lesson.

#### 0906

\$68

This class is meant to be done at home, when you have time. Registration will remain open until May 28, orders will be placed at the end of March, April and May.









Clay Mosaic Clay Coil Bowl

Clay Owl

Oops a La Mode

## Youth At Home Clay Camp (Grades K-5)

At home art kits with online instructional videos are now available from Kidcreate Studio! These art kits are so much fun, it's like having your very own private art teacher. Price includes shipping. Kits can be picked up at Roosevelt Community School. This kit/camp contains: 4 clay projects, an easy to follow lesson plan, a link to a correlating online instructional video taught by a Kidcreate Studio art teacher (please include an email address to send link to at registration if needed), and art materials needed to create your masterpiece and additional suggestions for online learning that relate to the art lesson. Participants will be called when packages have arrived at Owatonna Community Ed so they can come and pick them up.

#### 0908

\$68

This class is meant to be done at home, when you have time. Registration will remain open until May 28, orders will be placed at the end of March. April and Mav.

## **Community Education** YOUTH—SUMMER CAMPS

### **Once Upon a Time Princess Camp**

Wear your finest princess attire and join your little friends in celebrating the princess in you! Come each day to explore all things Princess. We will write our own Princess Story, make a princess crown, scepter and a castle. Our week includes a royal tea with surprise princesses.

#### 3940 (Ages 3-4)

06/07/21

9:00 - 11:00 AM Monday-Thursday Sessions: 4 \$39

Roosevelt Community School - Room 122

#### 3941(Ages 5-7)

06/07/21

1:00 - 3:00 PM Monday-Thursday Sessions: 4 \$39

Roosevelt Community School - Room 122

### **Give a Mouse a Cookie (Ages 3-7)**

Get to know Mouse, Pig, Moose, Dog, Cat and their favorite kids. When everyone gets together, one thing always leads to another in the most unexpected ways. Although you never know where things will end up, you can be sure that if Mouse and Friends go on an adventure together, THEN they will just have to have fun the whole time!

#### 3942

06/14/21

9:00 - 11:00 AM Monday-Thursday \$39 Sessions: 4

Roosevelt Community School - Room 122

#### 3943

06/14/21

1:00 - 3:00 PM Monday-Thursday Sessions: 4 \$39

Roosevelt Community School - Room 122

### **Monster Mash (Ages 3-7)**

A week filled with Monster books, Monster crafts, Monster art projects, and sensory play. Learning never looked so gooey!

#### 3944

06/21/21

9:00 - 11:00 AM Monday-Thursday Sessions: 4

Roosevelt Community School - Room 122

#### 3945

06/21/21

1:00 - 3:00 PM Monday-Thursday Sessions: 4

Roosevelt Community School - Room 122

## **Superheroes (Ages 3-7)**

It's a bird, it's a plane, it's a Super camper! Show us your super powers while we explore our favorite superheroes and discover our own super human abilities. Costumes encouraged!

#### 3946

06/28/21

9:00 - 11:00 AM Monday-Thursday Sessions: 4

Roosevelt Community School - Room 122

#### 3947

06/28/21

1:00 - 3:00 PM Monday-Thursday Sessions: 4

Roosevelt Community School - Room 122

## **TEACHING A COMMUNITY ED CLASS**

The Owatonna Community Education Office hires many individuals throughout the year to instruct classes. You are invited to learn about instructor qualifications and responsibilities, and needs within the program. If you have talent and skills to share, consider visiting with us. Instructors are needed for youth, teen and adult classes. Please call us at 444-7900 to set up a visit.

#### Fairy Tales (Ages 3-7)

Step into the magical realm of Fairy Tales! Each day campers will listen and discuss a new fairy tale, create an art project, and retell the day's tale with dramatic play.

#### 3948

07/12/21

9:00 - 11:00 AM Monday-Thursday Sessions: 4 \$39

Roosevelt Community School - Room 122

3949

07/12/21

1:00 - 3:00 PM Monday-Thursday Sessions: 4 \$39

Roosevelt Community School - Room 122

#### **Zookeeper (Ages 3-7)**

Learn all about being a zoo keeper from feeding the animals to creating enrichment, to building habitats as we learn from stories, play and activities!

#### 3950

07/19/21

9:00 - 11:00 AM Monday-Thursday Sessions: 4 \$39

Roosevelt Community School - Room 116

#### 3951

07/19/21

1:00 - 3:00 PM Monday-Thursday Sessions: 4

Roosevelt Community School - Room 122

## **WE NOW ACCEPT DISCOVER CARDS.**







We also still accept VISA and MasterCard.

#### Pokemon (Ages 3-7)

Become a Pokemon master at camp! We will play our own version of Pokemon Go, make our own Pokeballs, design our own Pokemon characters, make Pikachu masks and have a blast playing Pokemon battles. Don't miss your opportunity to "catch them all!"

#### 3952

07/26/21 Monday-Thursday \$39 Sessions: 4

Roosevelt Community School - Room 122

#### 3953

07/26/21

1:00 - 3:00 PM Monday-Thursday Sessions: 4 \$39

Roosevelt Community School - Room 122

#### Doc is In (Ages 3-7)

It's time for a checkup. Join us and bring your favorite stuffed animal and learn from Doc Mcstuffins through stories, songs, dramatic play and how to take care of our special stuffed friends!

#### 3954

08/02/21

9:00 - 11:00 AM Monday-Thursday Sessions: 4 \$39

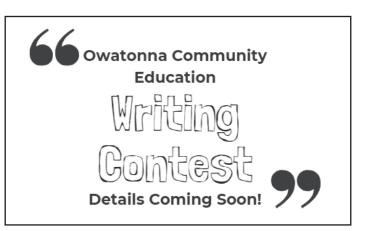
Roosevelt Community School - Room 122

#### 3955

08/02/21

1:00 - 3:00 PM Monday-Thursday \$39 Sessions: 4

Roosevelt Community School - Room 122



#### **Arctic Freeze (Ages** 3-7)

Kids will focus on learning about Polar Bears & penguins and other Arctic animals too! Cool off at camp this week with Arctic and animal stories, winter activities, arts and crafts.



#### 3956

08/09/21 9:00 - 11:00 AM

Monday-Thursday Sessions: 4

Roosevelt Community School - Room 122

#### 3957

08/09/21

1:00 - 3:00 PM Monday-Thursday Sessions: 4 \$39

Roosevelt Community School - Room 122



#### **Youth Art Intensive Summer Camp (Ages 8-13)**

This is a motivating class where students are sure to have their artistic creativity sparked! Dar Brooks is an award winning artist who has been teaching children and adults for over twenty five years, she is well known for her mastery of mixed media techniques. Students will learn the visual elements of design. These elements include line, shape, value, color, space and texture. While learning they will be enjoying an extravaganza of unique art materials and techniques. As time permits the class will include: Clay sculpting, drawing favorite subjects then painting, watercolor and acrylic painting, collage and paper arts, print techniques-handmade stamps, or ancient patterns and personal symbols Dar facilitates the artistic process so that students manifest artistic expression from their creative core, and are able to create art that is uniquely theirs. She makes every hour a new adventure! There will be short demos, individual help, and lots of encouragement to give students the confidence they need to create art that is uniquely theirs. There are no mistakes in this exciting art adventure! All levels welcome. Students need to wear paint clothes, be prepared to go outside, bring: paper towels, sketch book, 2 snacks, lunch and beverages. Note: At 2 pm the last day of class we will celebrate each student's creations with an Art Show. All are welcome. Please request an information sheet at class. Questions please call Dar at 612-940-2094.

#### 3969

08/03/21 10:30 AM - 2:30 PM \$135

Owatonna Arts Center - Studio I Instructor: Dar Brooks

Tuesday-Thursday Sessions: 3

THANK YOU! Our enrichment instructors bring a wealth of information and diverse backgrounds to the classroom setting. Many of our instructors donate a portion of their time in planning and preparation for the class experience as a community service to ensure their class is meaningful, enjoyable, enriching and informative.

Thank you, enrichment instructors, for all you do!

## **Community Education**

## YOUTH-SUMMER CAMPS



#### **All About Cows-Rookie Camp (Grades 1-8)**

All About Cows: Rookie Camp (Entering Grades 1-8) How would you like to train your very own baby cow? Cows are awesome and you will get to spend four mornings getting to know one you can call your own. Camp will include baby cows, teen-age cows, milking cows, grandma cows, cow games, cow crafts and "dress up like a cow" fun! This camp includes two off-site trips to spend time on a local Steele County dairy farm. You will get hands-on experience feeding your cow, leading your cow, and giving your cow a bath! Cows will come to camp with us on the final day and we will have our own Rookie Cow Camp Show at Roosevelt Community School for our family and friends. All camp cows will be 4 months of age or younger. Please note that baby cows do not go home with you – all "lov'in and hug'in" happens at camp. Cows return to their farm at the conclusion of camp. A letter detailing camp activities and locations will be sent to participants prior to the start of Rookie Cow Camp. The first session on July 19th will be held at Roosevelt Community School.

#### 3980

07/19/21 9:00 AM - 12:00 PM Monday-Thursday Sessions: 4 \$59 Roosevelt Community School - Classroom 126 Instructors – Farmers Glenn & Deb Johnson of Clover Glen Farms and Cow Camp Graduates.

## TEACHING A COMMUNITY ED CLASS

The Owatonna Community Education Office hires many individuals throughout the year to instruct classes. You are invited to learn about instructor qualifications and responsibilities, and needs within the program. If you have talent and skills to share, consider visiting with us. Instructors are needed for youth, teen and adult classes. Please call us at 444-7900 to set up a visit.

#### **All About Cows - Pro Camp**

All About Cows: Pro Camp Pro Cow Camp is designed for cow campers who have participated for at least two-years in Rookie Cow Camp. (If you can't remember how many camps you've participated in, the Community Education Office has a list of eligible Pro Campers.) This camp experience will provide a one-on-one assignment to a young dairy heifer so showmanship and herdsmanship skills can be perfected. Campers and their heifer will show in the Steele County American Dairy Associations Youth Show at the Steele County Free

Campers must be available for all dates and times listed below. Adult supervision will be provided for the following dates and times. Families will need to schedule one additional training session at the farm to complete grooming of their animal prior to the fair. Available appointments will be provided to campers at their first training.

July 26, 28 9:00-11:30 Pick out your heifer/Training Day August 2, 4, 9, 11 9:00-11:30 Training/Showmanship/Grooming \*\*\*Dates subject to change as the schedule at the farm is better known\*\*\* Exhibit Preparation

August 16 9:00-2:00 Exhibit/Stall Preparation @ Fair \*Bring a sack lunch

August 17 Noon-3:00 Steele Co. Free Fair

August 18 7:00-3:30 \*Junior Dairy Show ending time dependent on pace of dairy show. Steele Co. Free Fair

Letter with transportation and daily camp details will be sent out prior to the start of camp.

Due to the high interest in this program and the limited number of animals available, Pro Cow Campers will be limited to 2-years of enrollment. Students wishing to participate beyond two-years will be guided in leasing an animal from a local dairy farm as a 4-H, FFA or individual fair project.

#### 3981

07/26/21 9:00 - 11:30 AM

Sessions: 9

Roosevelt Community School - Classroom 126

Instructor - Farmers Glenn Johnson and Deb McDermott-Johnson of Clover Glen Farms and Steele County Dairy Youth Ambassadors.

## **Community Education**

## YOUTH-SUMMER CAMPS

#### Science Explorers' Preschool Chemistry Fun Activity Kit (Ages 4+)

This kit will have your budding scientist exploring the Science side of STEM with engaging experiments and activities. First, learn about primary and secondary colors with Color Mixing Magic. Then, in States of Matter your scientist will investigate the three most common states in our environment with four exciting experiments. Finally, with Silly Slime, learn why slime is delightfully bouncy, stretchy and sticky as your scientist mixes up their own batch of slime and explores it's properties. This kit is more than hands-on...it's hands in! Be prepared to have fun and get messy. **Kit does not include:** water, paper towels, scissors, bowl and cups, markers, glue, small waterproof containers of different size and shape for pouring water (optional paintbrush). After June 1, once registered, kit will be mailed directly to your home within one week.

Recommended Ages: Ages 4-8 experimenting with an adult.

Ages 8+ experimenting under adult supervision.

**Kit Warnings: WARNING:** Items in this kit are for external use only. Do not eat or drink any substance contained in this kit. Keep out of eyes, nose, and mouth. **WARNING:** CHOKING HAZARD--Small parts. Not for children under 3 years of age.

#### 3910

\$48

Registration Deadline August 27, 2021 Kits will begin being shipped after June 1.

# thank vou

THANK YOU! Our enrichment instructors bring a wealth of information and diverse backgrounds to the classroom setting. Many of our instructors donate a portion of their time in planning and preparation for the class experience as a community service to ensure their class is meaningful, enjoyable, enriching and informative.

Thank you, enrichment instructors, for all you do!

#### Science Explorers' Young Inventor Kit (Ages 8+)

The Young Inventors Kit is a child's first step into tinkering and inventing. You don't need to have gray hair and wrinkles to be an inventor. Children are natural inventors and are curious and imaginative all on their own. Did you know that a child invented the Popsicle or that a 16 year old invented the trampoline? Encourage your child's tinkering spirit with this fun and engaging kit as they build an electrical circuit and learn about pneumatics. Your child will be designing, building, and creating for hours on end. They may just invent the next "big thing". **The 175+piece kit contains** tools, adhesives, building materials, craft items, and a 16 page Activity Guide. It is packed with screwdrivers, screws, pliers, 1.5 volt hobby motor, batteries and holder, scissors, wheels, clamps, and much, much more. Once registered, kit will be mailed directly to your home within one week.

Recommended Ages: Ages 8+ experimenting with an adult.

Ages 12+ experimenting under adult supervision.

**Kit Warnings: WARNING:** CHOKING HAZARD--Toy contains small ball. Not for children under 3 years of age. **WARNING:** SHARP EDGE HAZARD--Toy contains function sharp edges. Not for children under4 years of age. **WARNING:** The motor's shaft spins at 1500 rpm. Keep shaft away from eyes, face and hair. Contains 2AA batteries.

#### 3912

\$70

Registration Deadline August 27, 2021 Kits will begin being shipped after June 1.





#### Science Explorers' STEM Kit--pH Testing and Art Bot (Ages 8+)

Have fun with two STEM topics...engineering and chemistry with pH. Take your first steps into engineering by designing and building your own Art-Bot. These fun and silly robots are popular with both children and adults. Using the Activity Guide, with detailed picture instructions, the fun begins as you build your own ArtBot with a motor, battery holder and more! Then, give your robot a personality with the craft supplies included in the kit. This STEM kit is not just handson....it is hands-in. Then, step into your own science lab to test the pH of six everyday substances. The exciting part of testing for pH is that the mixture changes color. The final color will indicate if the substance tested is an acid, a base or a neutral. This experiment will have your child excited about the science side of STEM! Plus, enough pH indicator will be provided so this experiment can be conducted again to test other items found around your home. The kit does not **include:** tape, glue, scissors, paper 2-7 clear cups and optional paper towels. After June 1, once registered, kit will be mailed directly to your home within one week.

\*\*Recommended Ages: Ages 8+ experimenting with an adult. Ages 12+ experimenting under adult supervision.

**Kit Warnings: WARNING:** Items in this kit are for external use only. Do not eat or drink any substance contained in this kit. Keep out of eyes, nose, and mouth. **WARNING:** This kit contain citric acid, which is a naturally occurring weak acid found in fruit. Wash hands after conducting experiments. If left on hands, can cause skin irritation. **WARNING:** CHOKING HAZARD--Small parts. Not for children under 3 years of age. WARNING: The motor's shaft spins at 1500 rpm, so keep shaft away from eyes, face and hair. Kit includes 1 AA battery.

#### 3914

\$39

Registration Deadline August 27, 2021 Kits will begin being shipped after June 1.



Owatonna Community Education customers using South Country Health Alliance, a state-certified Health Maintenance Organization, may qualify for reduced course fees. Call or bring in your SCHA ID card at registration to qualify. Please note that effective January 1st, 2012, there is now a 5 class maximum per year per person for participating SCHA members.



#### **Youth Fitness Class (Ages 12-18)**

It's back again!! Our very popular youth athlete class! Sign up before it fills up quick! For dedicated youth

athletes. Maximized Athlete Speed Training, Plyometrics, Cardio and Agility, Improved Performance, Muscle Balance and Injury Prevention, Individual Goal-setting.

Tuesday's- Cross-training // Speed and Conditioning Thursday's - Strength and Muscle Balance

#### 3932

06/15/21

3:15 - 4:00 PM \$149

Sessions: 14

Owatonna Fitness - Workout Studio

Instructor: Owatonna Fitness - Reagan West and Tanya Anderson

Tuesday/Thursday

#### Creative Summer Adventures

Join us for a fun week of creative adventures. Explore art media to make your own personal creations. Some projects include: Clay tile, printmaking, and Alcohol inks.

\*A limited number of scholarships are available for this class, through the Art Center. Please call 444-7900 to see if you qualify.\*

#### **3963A (Ages 7-10)**

06/14/21

10:30 AM - 12:00 PM Monday-Thursday Sessions: 4 \$39

Owatonna Arts Center - Studio I

Instructor: Christa Kain

#### 3963B (Ages 11-14)

06/14/21 1:00 - 2:30 PM

Monday-Thursday Sessions: 4 \$39

Owatonna Arts Center - Studio I Instructor: Christa Kain









Clay Mosaic Clay Coil Bowl

Clay Owl

Oops a La Mode

#### **Youth At Home Clay Camp (Grades K-5)**

At home art kits with online instructional videos are now available from Kidcreate Studio! These art kits are so much fun, it's like having your very own private art teacher. Price includes shipping. **Kits can** be picked up at Roosevelt Community School. Participants will be emailed when kits arrive. This kit/camp contains: 4 clay projects An easy to follow lesson plan. A link to a correlating online instructional video taught by a Kidcreate Studio art teacher. Art materials needed to create your masterpiece and additional suggestions for online learning that relate to the art lesson.

#### 3908

\$68

This class is meant to be done at home, when you have time. Registration will remain open until August 13, orders will be placed at the end of June, July, and beginning of August.

#### **Creative Summer Adventures**

Join us for a fun week of creative adventures. Explore art media to make your own personal creations. Some projects include: Clay tile, printmaking, and Alcohol inks.

\*A limited number of scholarships are available for this class, through the Art Center. Please call 444-7900 to see if you qualify.\*

#### 3964A (Ages 7-10)

07/19/21

10:30 AM - 12:00 PM Monday-Thursday Sessions: 4 \$39

Owatonna Arts Center - Studio I Instructor: Christa Kain

#### 3964B (Ages 11-14)

07/19/21

10:30 AM - 12:00 PM Monday-Thursday \$39 Sessions: 4

Owatonna Arts Center - Studio I Instructor: Christa Kain









Jelly Fish

Silly Birds

#### **How to Draw at Home Camp (Grades K-5)**

At home art kits with online instructional videos are now available from Kidcreate Studio! These art kits are so much fun, it's like having your very own private art teacher. Price includes shipping. Kits can be picked up at Roosevelt Community School. Participants will **be emailed when kits arrive.** This kit/camp contains: 4 projects An easy to follow lesson plan. A link to a correlating online instructional video taught by a Kidcreate Studio art teacher. Art materials needed to create your masterpiece and additional suggestions for online learning that relate to the art lesson.

#### 3906

\$68

This class is meant to be done at home, when you have time. Registration will remain open until August 13, orders will be placed at the end of June, July, and August 13.

# **Community Education**

## YOUTH-SUMMER CAMPS









#### The Masters at Home Camp (Grades K-5)

At home art kits with online instructional videos are now available from Kidcreate Studio! These art kits are so much fun, it's like having your very own private art teacher. Price includes shipping. Kits can be picked up at Roosevelt Community School. Participants will be emailed when kits arrive. This kit/camp contains: 4 projects An easy to follow lesson plan. A link to a correlating online instructional video taught by a Kidcreate Studio art teacher. Art materials needed to create your masterpiece and additional suggestions for online learning that relate to the art lesson.

#### 3904

\$68

This class is meant to be done at home, when you have time. Registration will remain open until August 13, orders will be placed at the end of June, July, and August 13.

#### Flag Football (Entering Grades 2-5)

Get ready to dash to the end zone with our high-octane Flag Football course. Develop your basic passing, catching, defending, and teamwork skills. Safety and sportsmanship are emphasized. Each week we do basic skill-building exercises followed by action-packed games to cement those skills. Sure to energize young athletes!

#### 3921A

06/14/21

10:30 AM - 12:00 PM Monday-Friday Sessions: 5

Owatonna Middle School - Gym

#### 3921B

08/09/21

10:30 AM - 12:00 PM Monday-Friday Sessions: 5 \$64

Owatonna Middle School - Gym

#### **Fencing (Entering Grades 2-12)**

New and returning students invited. Youth Enrichment League {YEL!} fencing has evolved. Olympic Coach Ro Sobalvarro now heads up {YEL!}'s curriculum, instructor training and tournament consultation. Coach Sobalvarro brings with him an immense knowledge of youth, national and international fencing. We keep it fun, too. Your favorite instructors return with more knowledge, refined coaching skills and, of course, your favorite fencing games and arm bands. Safety is our first priority. We supply safety swords, protective masks, chest plates and jackets, in a high-octane, inclusive environment. Visit YELKids.com for a more thorough explanation of our fencing program, coaches and philosophy. Sign up today to join this sport deemed the "sport of the intellectual athlete!"

#### 3924A

06/28/21

9:00 AM - 12:00 PM Monday-Thursday Sessions: 4 \$124

Wilson Elementary - Gym

#### 3924B

08/02/21

9:00 AM - 12:00 PM Monday-Thursday Sessions: 4 \$124

Wilson Elementary - Gym

#### **Project Runway (Entering Grades 4-8)**

Sweet summer projects! A tres-chic skirt, tie-top blouse, headband and more. No experience necessary. Students will make, showcase, and take home all their projects. Hand and machine sewing techniques are taught with SAFETY FIRST always in mind. The final day is a showcase where friends and family are invited to see the projects in action. Sign up today to THINK, LEARN and PLAY WELL with {YEL!}.

#### 3920

06/21/21

9:00 AM - 12:00 PM Monday-Friday \$149 Sessions: 5

Roosevelt Community School - Room 126 Instructor: Youth Enrichment League

#### **Chess Summer Camp (Entering Grades 1-6)**

All levels welcome. The {YEL!} Teach It!...Practice It!...Play It! method keeps chess students progressing with 60+ chess lessons and thousands of puzzles as well as guided games and an end-of-week in-class tournament. Class fee includes ChessKid.com membership for the session. Battle summer brain drain...sign up today to THINK, LEARN and PLAY WELL with {YEL!}.

#### 3926

07/12/21

9:00 AM - 12:00 PM Monday-Thursday Sessions: 4 \$109

Roosevelt Community School - Room 126 Instructor: Youth Enrichment League

#### **Coding (Entering Grades 2-5)**

STEM Video Game Enrichment for the 21st Century learner. Each {YEL!} Coding class follows four basic components: • Teach It!... Students learn different video game and storytelling design techniques (movement blocks, control blocks, basic animation, adding scores, etc.) •Code It!... Students use Scratch® to code their own story and video games. •Explore It!...Students can write their own story and video game code, experiment with it and test new options. Our collaborative learning environment encourages students to learn from each other. • Keep It!... Students keep their stories and video games online with Scratch® and can access it and expand upon it at anytime. Sign up today to THINK, LEARN and PLAY WELL with {YEL!}. Scratch® is an MIT created and monitored, kid-safe web interface. It uses a drag and drop programming interface to teach students of all levels coding practices. Your child will receive a Scratch user name and password so they can access their projects from any computer at anytime.

#### 3928

06/14/21

9:00 AM - 12:00 PM Monday-Friday Sessions: 5

Roosevelt Community School - Classroom 126

Instructor: Youth Enrichment League

#### **Varsity Builders Camp (Entering Grades 1-6)**

For engineers and builders ready for a challenge using LEGO® bricks! We've saved our most challenging engineering projects for this summer camp. Students build a robotic DogBot, a motorized BugBot, geared up Racer and a scary Bat...all challenging for any connoisseur of LEGO® bricks. Students then use these projects (and more) to investigate engineering concepts. We keep it fun too with open ended, creative projects for the students. Unshackle the ball and chain of summer brain drain. Sign up today. Visit YouthEnrichmentLeague. com for sample pictures and more details. LEGO® is a trademark of the LEGO Group of companies which does not sponsor, authorize or endorse this site or program.

#### 3923

07/26/21

9:00 AM - 12:00 PM Monday-Thursday \$104 Sessions: 4

Roosevelt Community School - Room 126 Instructor: Youth Enrichment League

#### **Track and Field Decathlon (Entering Grades 1-4)**

Javelin, discus, shot put, long jump, relay race, hurdles and much more. This high-octane decathlon class is designed for beginners and experienced track and field athletes. Safety is our first priority. We use foam padded javelins and hurdles, as well as lightweight safety shot put and discus materials. Get pumped and primed to get your face on the next Wheaties® box. Sign up today for another excellent enrichment class offered by Youth Enrichment League.

#### 3922

07/19/21

9:30 - 11:00 AM Monday-Friday Sessions: 5

Owatonna Senior High - Track & Field Complex

Instructor: Youth Enrichment League

#### **WE NOW ACCEPT DISCOVER CARDS.**







We also still accept VISA and MasterCard.

## **Community Education** Early Childhood Programs

## Infants & Toddlers

#### **Terrific Two's** 23 - 35 MONTHS

The two-year-old's world is full of wonder and discovery. They are fascinated as they explore their world. They are learning to talk, to think for themselves, and to act independently. These "terrific twos" also challenge every rule and say "NO" with new-found confidence. Come share with other parents ways to help your shaker and mover deal with frustration, learn to share, and build self-esteem. Participate with your child in a variety of fun, developmentally appropriate activities!

**231** Wednesdays — 10:30-11:45 am (separating), Room 123

#### **Mixed Ones and Twos 11-35 MONTHS**

Join us for time with your one and two year-old to share with other parents ways to help your "shaker and mover" deal with frustration, sharing, and building self-esteem. Participate with your child in a variety of fun, developmentally appropriate activities!

**1211** Mondays — 10:30-11:45 am. Room 123 **1212** Mondays — 5:15-6:30 pm, Room 123 **1241** Thursdays — 8:45-10:00 am. Room 123

## 2 - 5 Year Olds

#### **Preschool Experience (Ages 3-5)** Child-only classes

Families who enroll in identified parent/child classes, have the opportunity to provide their child with an additional early learning experience designed for the child-only.

Ages 3-5: **34551** Fridays - 8:30-10:00 am, Room 122 **34552** Fridays -10:30-Noon, Room 122 Ages 3-5:

To be eligible for enrollment in Friday Child Only Classes, families must be enrolled in any of the following parent/child classes: 34511 - 34521 - 34531 - 34541

Children may only attend this class if they have attended their parent/child class each week. If a family misses their parent/child class during the week, the child will not be expected for the Friday, child-only class. Families may have one exception per trimester to this practice if they have called in for the Parent/Child class with an illness or medical appointment. Tuition will be \$35 for the Trimester. This is in addition to the tuition paid for the parent/child class. There is no sliding fee. Child must be 3 years old by March 8th. Registration will be on a first-come, first-serve basis. Families will need to re-enroll for the child-only class each trimester when they enroll for their parent/child class. Class size will be limited in each section.

#### **Spring Fun Shops for Toddlers** 2-3 Yr Olds (**Tuesdays**.

**3:45-4:45 PM)** These special playtimes focus on a specific theme with fun family activities for parent and child. Family activities in art, music, motor skills and math/ science exploration will be prepared each week. Parent/child will stay together for the full 633 March 9 - Nursery Rhymes 638 April 20 - Pajama Party 634 March 16 - Community Helpers 639 April 27 - Camping 635 March 30 - Hop into Spring 640 May 4 - Gardening 636 April 6 - Going to the Beach 641 May 11 - Outside Fun 637 April 13 - Under the Sea

FUN SHOP TOPICS FOR 2-3 YR OLDS all in room #123

hour and explore the planned activities prepared by an Early Childhood teacher. Activities will be specifically designed for toddlers 2-3 year olds. This is a great activity for grandparents to enjoy as well. Workshops are \$2 per week, pre-registration is required. See topics below for classes and dates.

#### Mixed Preschoolers 31+ months to "not yet in kindergarten"

Every member of a family brings unique strengths that help build and strengthen the family unit. Intentional parents notice and support each family member's efforts to grow and develop all aspects of the individual; cognitive, physical, emotional, social, moral, and spiritual. Parents will learn how to be intentional in their everyday interaction with their children. Content of the class will be parent driven to support the parenting journey. Come share your ideas and strategies to see each member of your family uniquely and help them develop into strong, healthy members of your family and your community. A child/parent experience with an early childhood educator begins the first 20 minutes of class before separating for parent discussion. This class is open to families with children ages 31 months to not yet in kindergarten.

**34511** Mondays — 5:30-6:45 pm, Room 122 **34521** Tuesdays — 5:30-6:45 pm, Room 122

#### **Spring Fun Shops for 4 and 5 Year Olds (Mondays, 3:45-**

**4:45 PM)** These special playtimes focus on a specific theme with fun family activities

for parent and child. Family activities in art, music, motor skills and math/science

733 March 8 - Things That Go 739 April 19 - Going to the Beach 734 March 15 - Paiama Party **740** April 26 - Junale 735 March 29 - Hop into Spring **741** May 3 - Camping **736** April 5 - **ABC Fun** 742 May 10 - Outside Fun 737 April 12 - Under the Sea

FUN SHOP TOPIGS FOR 4-5 YR OLDS all in room #122

exploration will be prepared each week. Parent/child will stay together for the full hour and explore the planned activities prepared by an Early Childhood teacher. Activities will be specifically designed for 4-5 year olds. This is a great activity for grandparents to enjoy as well. Workshops are \$2 per week, pre-registration is required. See topics below for classes and dates.

# **Community Education** Early Childhood Programs



#### **Early Childhood Family Education**

ECFE is a program for Owatonna School District families with children between the ages of birth to kindergarten entrance. ECFE is part of the district's Community Education Program.

Classes are organized around specific age groups of interests. The 75 minute classes meet once a week for nine weeks. Each class includes:

- Parent/child interaction time
- Children's activities
- Parent discussion time

Tuition is available on a sliding fee scale. Parents are their children's first and most important teachers. ECFE's goal is to enhance the ability of all parents to provide the best possible environment for their child's learning and growth. Our program is fun, informal and flexible to fit busy family schedules. You'll enjoy the special time ECFE gives you to play with your child and observe their curiosity and creativity. It is also a great place to meet families in our community and share common parenting experiences.

**For current registration information contact us** at 507-444-7900, or check us out on the web at www.owatonnacommunityed.org

**Early Childhood Screening** is required for all children entering public school kindergarten in Minnesota. Recommended age of screening is between the ages of 3 to 4.



Screening is a quick and simple check to how your child is learning and growing. It identifies possible health or learning concerns so children can get help before starting school.

**To set up a screening appointment,** please call 507-444-7900. There is no charge for the screening.

**Bright Beginnings Preschool** is a center-based preschool for children ages 4 and 5. Three-day and four-day programs are available. Registration is on-going. Tuition is available on a sliding fee scale.



Bright Beginnings is a preschool with a required parent component that helps families prepare their children for kindergarten and practice skills necessary to support their child's school experience.

**For current registration information contact us** at 507-444-7900, or check us out on the web at www.owatonnacommunityed.org



## **More Information Available:**

Owatonna Community Education 122 E McKinley Street Owatonna, MN 55060 507-444-7900



**Amazing Newborn Clinic** Amazing Newborn Clinic is an opportunity for parents of infants 0-6 months of age to get their baby's weight checked, health and development questions answered and meet parents of newborns in our community.

Stay tuned to Owatonna Community Ed Facebook page and amazingnewbornclinic.com for updates.

**Lil Learners** is a targeted-service preschool for children who are 3 years old by September 1, 2021. It is for children not enrolled in other school district or community child-only preschool programs. Applications are required.

For information contact us at

507-444-7900, or check us out on the web at www.owatonnacommunityed.org

# Owatonnas PUBLIC LIBRARY

www.owatonna.info

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NYOB ZOO!





Serving the Owatonna Community and Steele County Since 1900

#### **Children's Services**

Owatonna's place for kids, books & fun!! Call the Library to check out books, DVD's, and books on CD's.

## **Storytime with Darla**

Join us at 10:30 a.m.
Tuesdays for Storytime
Online With Darla! Visit
the OPL Children's
Services Facebook page.

# Browsing and Computer Appointments

Browsing and computer use is available by appointment only right now. Call 507-774-7006 and leave a message. A staff member will then return your call to set up your individual appointment.



#### **No Contact Pick-up**

The Owatonna Public Library (OPL) building remains closed until further notice. OPL librarians are offering no-contact pickup for library materials. Staff will call you when your requests have arrived and pickups will be openly available (no appointments) Noon-4:00 p.m. on Mondays, Wednesdays, & Fridays, and 4:00-6:00 p.m. on Tuesdays & Thursdays.

#### **Contact Info**

105 N Elm Avenue, Owatonna, MN, 55060 507-444-2460 (v) 507-444-2465 (f)



## Adult Learning Center

Roosevelt Community School 122 E. McKinley Street Owatonna, MN 55060 444-7900

The Adult Learning Center is for adults to receive personal and confidential attention to their educational needs. Instruction is offered in the areas of ESL, GED prep, college prep, online learning and employment entry and job retention.

Pre-registration for classes is required. Contact Kim at 444-7925 or Lydia at 444-7921 for registration and enrollment information.

#### **Adult Learning Center Hours**

8:00 a.m. - 5:00 p.m. Monday - Thursday 8:00 a.m. – 12:30 p.m. Friday Evenings – see schedule below

#### 2021 Spring Class Schedule March 29 – May 27

	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 am –	• ESL	• ESL	• ESL	• ESL	
11:30 am	Level 1	Level 1	Level 1	Level 1	
	Level 2	Level 2	Level 2	Level 2	
	Level 3	Level 3	Level 3	Level 3	
8:30 am –					
11:30 am	<ul> <li>Transitions to</li> </ul>	<ul><li>Transitions to</li></ul>	<ul> <li>Transitions to</li> </ul>	<ul><li>Transitions to</li></ul>	• GED
	Career & College	Career & College	Career & College	Career & College	Testing
	(ESL Levels 4 and 5)	(ESL Levels 4 and 5)	(ESL Levels 4 and 5)	(ESL Levels 4 and 5)	
12:30 pm - 2:30 pm	• GED Skills Prep	GED Skills Prep	<ul><li>Online ESL (1- 3pm)</li><li>GED Skills Prep (3- 5pm)</li></ul>		
5:30 pm - 7:30 pm	• ESL – Multi Level	• ESL – Multi Level		* All classes subject to change/cancellation based on student enrollment.	

Continuing this Spring - Learn valuable pre-employment skills for the career pathways of Manufacturing, Health Care and Carpentry. Practice your English skills while learning about career opportunities in these fields of study. Career activities built into ESL and Transitions to Career & College classes.

Computer Skills Training for Today's Workplace - Do you need a way to demonstrate basic computer and digital literacy skills to employers? Competing the Northstar Digital Literacy Assessments can identify your areas of proficiency and areas still needing practice. Free instruction is available - online learning is available to build up your skills. Adults completing this course will earn the Northstar Digital Literacy Certificate. Time in the computer lab is flexible to meet your work and family schedules. Call us to start your personalized schedule!

Contact us for more information or to register: Kim Reyant, Adult Learning Center Supervisor

444-7925 or kreyant@isd761.org

Lydia Yahnke, Adult Education Program Specialist

444-7921 or lyahnke@isd761.org





## **Summer School-Age Care**

June 7, 2021—August 20, 2021 ● 6:30 AM—5:30 PM ● Mon.—Fri. All registration will be done online at https://owatonna.ce.eleyo.com/

**Activities:** Arts and crafts, sports, games, creative and dramatic play, outdoor play, science. special events, community exploration, field trips and much more!

**Locations:** Roosevelt Community School

**Current SAC families:** (those who have been enrolled in Summer SAC for at least a year) Registration will begin on Monday, March 29, 2021 at 6 AM.

**New family registration:** (those who have never been in Summer SAC or who haven't been enrolled for 2 years) Registration will begin on Friday, April 2, 2021 at 6 AM.

## School-Age Care for 2021-2022 School Year

September 1, 2021–June 2, 2022 ● 6:30–8:00 AM | 2:30–5:30 PM ● Mon.–Fri. All registration will be done online at https://owatonna.ce.eleyo.com/

**Activities:** Arts and crafts, sports, games, creative and dramatic play, outdoor play, science. enrichment sessions, special events, community service, field trips and daily choice time!

**Locations:** Lincoln, McKinley, Washington, and Wilson Elementary Schools

**Current SAC families:** (those who have been enrolled in SAC for at least a year) Registration will begin on Monday, April 26, 2021 at 6 AM.

**New family registration:** (those who have never been in SAC or who haven't been enrolled for 2 years) Registration will begin on Friday, April 30, 2021 at 6 AM.

For more information call 444-7900 or 444-7922

**Meet Steele County Dairy Princesses** and Dairy **Ambassadors** 



Provided by Steele County **American Dairy Association** 



Ride the Kiddy Train Pet Animals in the Petting Zoo

**Tour the Barns** 

Jump in the Bouncy House

Take a Picture with a Calf

**Make Butter** 

Craft in the **Youth Activity Tent** 

June 12, 2021

Time: 8:00 AM - 12:00 PM

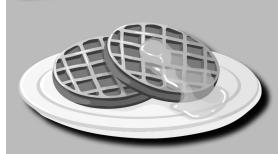
**Place:** Aaron Schroht Farm—Schrohaven

**Cost:** \$5.00 per person, 5 years and under eat free

**Serving:** Waffles, Sausage, Cheese, Milk, and Coffee

Free bus transportation available from the Steele County Fairgrounds, starting at 8:00 AM. Last bus departure to farm at 11:30 AM.

Handicap parking only at the farm.



## **Community Education Policies and Information**

#### **General Information**

The Community Education program will begin in September. See the course listings for time, date and building. The Community Education classes are open to any interested person. District 761 will not deny any person the opportunity to participating in any program on the basis of race, color, creed, religion, national origin, sex, age, marital status, status with regard to public assistance or disability. Families and school-age children are encouraged to enroll in any classes which are appropriate for their skill level and maturity.

#### **Inclement Weather**

When bad weather or other emergencies cause cancellation of the regular day school program, Community Education activities scheduled during the day, after school or evening are also cancelled. KRFO radio station will announce any cancellation of Community Education programs after 3:00 p.m. Because inclement weather is unpredictable and difficult to plan round, class sessions cancelled due to bad weather may not be refunded or rescheduled.

#### **Learners with Disabilities**

You are invited to participate in the classes and activities in this catalog. We will make every effort to provide the accommodations necessary to help make your Community education experience enjoyable. Accommodation requests are needed two weeks prior to class start date. Contact the Community Education office at 444-7900 to request assistance.

#### **Handicapped Accessibility**

If handicapped accessibility information is required, please call Community Education at 444-7900. We will make every effort to provide information to you as requested.

#### **Waiver of Tuition**

A limited number of scholarships are available. Contact the Community Education Office at 444-7900 for more information.

#### **Refund Policy**

Community Education reserves the right to cancel any activity due to insufficient enrollment. When an activity is canceled, Community Education will make every effort to contact registrants 2 days before the scheduled start of the activity. Complete refunds are given when this occurs. Persons needing to withdraw their registration must do so no later than five business days before the activity is scheduled to start. A \$5.00 per class service fee will be deducted from each refund request. Please remember, if you are unable to attend an activity, you may send someone in your place. ABSOLUTELY no refunds are given to those persons withdrawing five business days before the start of an activity. Also, no refunds are given for trips. There are no exceptions.

#### **Payment Collections**

When you provide a check as payment, you authorize Owatonna Public Schools either to use information from your check to make a one-time electronic fund transfer from your account or to process the payment as a check. When we use information from your check to make an electronic fund transfer, funds may be withdrawn from your account as soon as the same day you make your payment, and you will not receive your check back from your financial institution.

In the event that any unpaid course fees are placed for collections, with Advantage Collection Professionals, Inc., and/or placed with an attorney to obtain judgment or otherwise satisfy payment of these accounts, a fee of 40% of the unpaid balance will be added to the total amount due. This amount shall be in addition to any other costs incurred directly or indirectly by Owatonna Community Ed and Owatonna Public Schools, ISD #761 to collect amounts owed under this agreement such as court costs, sheriff's fee, and interest, late fees, etc.

#### **Registration Information**

You may register in person, by mail or online at www.owatonnacommunityed.org or by phone. Please note that all registrations must include payment. We accept, cash, personal checks, Visa, MasterCard, Discover and debit cards.

#### **Enrollment**

When registering for a class, you may sign up yourself and one other family. Enrollment for most classes is limited, therefore, priority for admittance is given in order the registrations are received.

#### **Withdrawals & Additions**

Community Education reserves the right to withdraw a course due to lack of enrollment or loss of suitable facilities.

## Class Suggestions and Teachers Wanted!

To offer comment on current course offerings, to share new class ideas for future offerings, curriculum or instructor resources, please contact Lydia Yahnke at 444-7900.

#### **Please Note**

Community Education operates and coordinates program offerings to avoid duplication with other agencies. Please give us a call if you find duplication in our services. Community Education may want to photograph, videotape or interview program participants for use in publications. The pictures may be of groups or individual snapshots. If you do not want your photograph used or if you do not want your child's photograph used, please contact the Community Education office at 444-7900.

#### **Non-endorsement Policy**

Owatonna Community Education contracts with specialists in their fields who are interested in presenting classes in their areas of expertise to the community. We do not endorse the opinions or business affiliations of the instructors.

#### Disclaimer

Fitness courses can be strenuous. By enrolling in these courses you indicate that you have no physical conditions or health history that would make your participation hazardous to your health.

#### Information

All questions should be directed to Community Education Staff at 444-7900.

## GIVE A COMMUNITY EDUCATION Gift Certificate!

Call 507-444-7900

Save this Catalog! Inside you will find APRIL – AUGUST events at Community Education.

Watch for our next catalog in SEPTEMBER which will include FALL events!



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## FEATURED EVENT



## **Youth Photo Contest - Ages 17 and Under**

The rules for the bimonthly youth photo contest is simple: youth must take the photo, email or drop off to Owatonna Community Education by the deadline listed below and have fun! Every other month there is a different theme and the deadline is the first Friday of the month. We will call/email participants if they won. We hope winners will come in to take a picture with their winning photo so we can officially announce on the following Friday. Prizes will be given and may

include CE gift certificates, picture located on an upcoming brochure, featured on social media etc.

#### Email submission to communityed@isd761.org or drop photo off at Community Education.

#### To qualify:

One picture/youth
Picture taken by youth
Picture submitted by deadline
Picture is high resolution (in order to be in brochure)
Picture must be taken this year 2021

Deadlines, Theme
May 7, Rainfall
July 8, Generations
September 10, Fun in the Sun
November 5, Nature
January 7, 2022 Cooking/baking
March 4, 2022 Mystery Shot

Register Online www.owatonnacommunityed.org





