

## Seniors! Class of 2021

Hooray! Our yearbook staff is able to extend the deadline for senior portraits to March 1st, as we are still taking portraits on campus.

If you attended your free on-campus

portrait session, we will prioritize the ON-CAMPUS PHOTO for your senior portrait. Thank you to Alumni and Parent Lia Garcia for her a m a z i n g photographic skills!



**Seniors** - if you decide to forego the oncampus sessions, please select a portrait and submit: <a href="https://forms.gle/ziGgpLYdQfKMcrB28">https://forms.gle/ziGgpLYdQfKMcrB28</a>. Families - please be aware that the Google Form above is only accessible by students. Questions? Contact Miranda Jue at miue@sbunified.org.

Graduation Orders: In the Herff Jones Senior Informational packet given to Seniors on Friday January 29th, the Early Bird Deadline has been extended to February 28th. If you order after this time, the price goes up! We encourage all seniors to order a cap and gown as we prepare to have a graduation ceremony. Even though we do not know what this graduation ceremony will look like, as we will be following the directives of Santa Barbara County Public Health guidelines, we will find a way to safely celebrate the Class of 2021.

## Student Announcements - Check it Out

Ever wonder what information students receive each week? Well, here is access to the <a href="Student Announcements slide deck">Student Announcements slide deck</a>. Feel free to review it weekly as we add new information.

## Signs of Suicide Prevention Program, Cultivating a Healthy School Environment

During this challenging year, school staff are working to teach students about mental health and how to seek help if they are worried about themselves or a friend. The SOS *Signs of Suicide* program teaches students about this difficult topic and encourages them to seek help. Research has proven that by cultivating social and emotional health, connection to community resources, and responding particularly to students' unique needs, we can help make schools safer. Through the program, students learn:

- •that depression is treatable, so they are encouraged to seek help
- •how to identify depression and potential suicide risk in themselves or a friend
- •to ACT (Acknowledge, Care and Tell a trusted adult) if concerned about themselves or a friend
- •who they can turn to at school for help, if they need it

SBHS will be rolling this out to our 9th graders on March 16th and 17th. We will roll this out to our 12th graders on April 13th and 14th. If you have any questions about SOS, please contact Dean Nate Mendoza, nmendoza@sbunified.org