

Monday 1st March





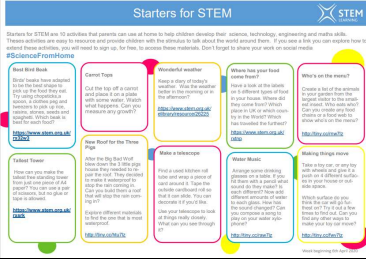


Southam Primary School Non-Screen/
Wellness Day

Thank you for your feedback on the introduction of NON-SCREEN MONDAYS last half term.

We will be asking you to compete **TWO COMPULSORY ACTIVITIES** each week and offering a section of activities for you to choose **ONE OR TWO EXTRA ACTIVITIES** from too.

Where there are hyperlinks included, we intend these as a reference point for you. We would like all of your leaning together on these days to be away from computers, tablets, laptops and televisions.

Please choose three activities from the non-screen/ wellness grid and share photographs on Tapestry, of anything that you have created or enjoyed throughout the day. Activities will change each week.

<p>Maths session Compulsory</p>	<p>Revision of money: playing shops, ice-cream prices and design 3 ice-creams. See maths plan for more detail.</p>
<p>PSHE session Compulsory</p>	<p>The best dress ever: a story about never giving up. See lesson plan for more details.</p>
<p>Maker Hour</p> 	<p>Make some role play resources for our space topic. Here are a few Cbeebies links to watch before the day to give you ideas. You might need to have a look out for things going into your recycling and save them for Monday.</p> <p>https://www.bbc.co.uk/cbeebies/makes/presents-space-helmet-make</p> <p>https://www.bbc.co.uk/cbeebies/makes/the-lets-go-club-rocket-jet-pack</p>
<p>Fitness Hour</p> 	<p>Welly Walk</p>  <p>Explore the outside and go looking for letters. Can you find every letter of the alphabet? Make a list to tick off as you walk around, car registration plates, shop windows and street signs are great places to spot letters.</p>
<p>Genius Hour</p> 	<p>Choose an activity...</p> <p>03 Starters for STEM 6 Apr.pdf</p> 
<p>Wellness Hour</p> 	 <p>Children's Mental Health Week (magheraprimarieschool.com)</p>