



GO AMHERST COMETS!

MARCH

AJH Lunch Menu

Menu subject to change
WEDNESDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Beefy Cheesy Nachos or STUFFED CRUST PIZZA SALAD LUNCH Fiesta Rice/ Refried beans FRUIT/VEG CHOICES MILK	2 Chicken Fryz/smiles PIZZA SALAD LUNCH FRUIT/VEG. CHOICES MILK	3 CHICKEN PATTY PIZZA WAFFLE FRIES SALAD LUNCH FRUIT/VEG CHOICES MILK	4 Mac. and cheese/soft pretzel Pizza SALAD LUNCH FRUIT/VEG CHOICES MILK	5 Hot Dog/baked chips SALAD LUNCH FRENCH BREAD PIZZA BAKED BEANS FRUIT/VEG CHOICES MILK
8 Fiestada STUFFED CRUST PIZZA SALAD LUNCH Fiesta Rice/Refried beans FRUIT/VEG CHOICES MILK	9 Popcorn Chicken Bowl/roll PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	10 CHICKEN PATTY PIZZA SALAD LUNCH BAKED SMILES FRUIT/VEG CHOICES MILK	11 Mozzarella Sticks/Marinara PIZZA SALAD LUNCH DESSERT milk	12 Spicy Chicken Patty/chips FRENCH BREAD PIZZA Salad Lunch baked beans FRUIT/VEG CHOICES MILK
15 Buffalo chicken dip/chips STUFFED CRUST PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	16 POPCORN CHICKEN PIZZA SALAD LUNCH BAKED TRI TATER S FRUIT/VEG CHOICES MILK	17 CHICKEN PATTY PIZZA SALAD LUNCH BAKED SMILES FRUIT/VEG CHOICES MILK 	18 Toasted cheese/tots PIZZA SALAD LUNCH FRUIT/VEGS CHOICES milk	19 CHEESEBURGER/baked chips FRENCH BREAD PIZZA SALAD LUNCH BAKED BEANS FRUIT/VEG CHOICES MILK
22 WALKING TACO STUFFED CRUST PIZZA SALAD LUNCH Fiesta Rice/ Refried beans FRUIT/VEG CHOICES MILK	23 CHICKEN NUGGETS/SMILES PIZZA SALAD LUNCH FRUIT/VEG. CHOICES MILK	24 CHICKEN PATTY PIZZA BAKED FRIES SALAD LUNCH FRUIT/VEG CHOICES MILK	25 BOSCO STICKS/MARINARA Pizza SALAD LUNCH FRUIT/VEG CHOICES MILK	26 CORNDOG/CHIPS SALAD LUNCH FRENCH BREAD PIZZA BAKED BEANS FRUIT/VEG CHOICES MILK
29			31	
			<p>OFFERED DAILY: Pizza or Pepperoni Roll PB & J Sandwich SALAD BAR ASSORTED FRUIT CHOICES ASSORTED MILK</p>	<p><i>Lunch price of \$3.25 includes 5 components: Protein, Grain, Fruit, Vegetable & Milk. Students must choose 3-5 components, one being a fruit or vegetable.</i></p>

USDA is an equal opportunity provider and employer

Email Deanne Pastva, RD, LD with any questions about the National School Breakfast & Lunch Programs:

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