



## PARENT/GUARDIAN INFORMATION REGARDING MEDICATIONS IN SCHOOL

I certify that I am the parent, legal guardian, or other person in legal control of this student. I request and authorize the school to administer the medication prescribed, as authorized by RCW 28.A210.260-270 and RCW 18.71.030 (3). This includes oral, inhaled, topical, nasal, rectal, eye and ear drops that shall be given at school **only when absolutely necessary**. Designated/trained employees shall administer this medication in compliance with Licensed Health Care Provider (LHCP) orders.

I understand the medication must be furnished in the **current, original container** from the pharmacy with the student's name, the name of the medication and the amount to be given. Non-prescription medication must be furnished in the original container from the manufacturer. All medication must be in a form ready to be administered and **must not** require any preparation by building staff. If the dosage or time should change, new orders and container will be provided.

I understand it is **my** responsibility to deliver and maintain an adequate supply of the medication at school.

I understand medication orders are only valid for the current school year (including summer school). Any medication remaining at the end of the school year, not picked up immediately after the last day of school, will be disposed, with the exception of Extended School Year students.

If self-administration is requested (and approved by principal/nurse), I certify that my child has the skill level necessary to do so, and that the school will assume no responsibility/liability for the administration of the medication or its use. Student may only carry a one day supply of oral medication.

### ASTHMA ACTION PLAN

- Intermittent** has symptoms of wheezing and coughing no more than 2 days a week, with nighttime flare-ups twice a month or less. Outside to these few episodes, a student is free of symptoms.
- Mild** Symptoms occur more than twice a week but less than once a day, flare-ups may affect activity.
- Moderate** Symptoms occur daily, flare-ups usually last several days. Symptoms disrupt normal activities and make it difficult to sleep.
- Severe** Symptoms occur daily and often, also curtail the student's activities and disrupt sleep.

WARNING SIGNS OF AN ASTHMA ATTACK:	EMERGENCY RESCUE PLAN:
<ul style="list-style-type: none"> <li>• Constant cough</li> <li>• Difficulty breathing with struggling or gasping for breath, or an audible wheeze with breathing</li> <li>• Stooped body posture</li> <li>• Trouble walking or talking, or stops playing and can't start activity again</li> <li>• Lips or fingernails are grey or blue (light complexion only)</li> <li>• _____</li> </ul>	<ul style="list-style-type: none"> <li>• Remove student from known triggers, if possible.</li> <li>• Accompany student to health room</li> <li>• Give medication as prescribed:</li> <li>• Keep student sitting up and reassure student</li> <li>• Encourage student to drink warm fluids</li> </ul>
<ul style="list-style-type: none"> <li>• No improvement 15-20 minutes after initial treatment with medication.</li> </ul>	<ul style="list-style-type: none"> <li>• Notify parent.</li> <li>• Call school nurse</li> <li>• If parents are unable to come within 10 min call 911</li> </ul>
If student is in severe distress	<b>Call 911.</b> Notify parent, principal and school nurse.