### North Hill News February 12, 2021

#### **Upcoming Dates**

Monday, February 15 & Tuesday, February 16 — NO SCHOOL—Winter Recess

Wednesday, February 17 — 8:30—11:30—Synchronous Remote Learning for all students

Thursday, February 18 & Friday, February 19 --- Cohort B Students In Person

Monday, February 22—All In-Person Students Return to the Building—Full School Day—8:55 am—3:58 pm,

Return to school information on Page 2 of this newsletter.

Have a Wonderful Winter Recess North Hill Families! Enjoy these beautiful writings about **love** from our 2nd graders.

Valentine's Day

Love is a variety of feelings, emotions, and attitude. Love is bigger than you love itself cannot be bought.

Love cares What becomes of you, because Tove know that we all interconnected.

This is true nature of love, and

love itself cannot be manipulated

OMMUNITY SCHOOLS

PRIDE IN EXCELLENCE

Evenyone heeds to be loved to five a proper and hearthy life. Love is "necessity in everyones life:

Name Aven

What is love?

or restrain.



What is Love? By Aubrey V.

Love is caring about your family. One example is if your mom gets mad at you she still will love you. Or if you got mad at your Dad you would still love him. To show you love someone you can give them a big hug and kiss.

What is love? (the words of 2nd grader Rachit G.)

Love is when my mom comes to tuck me in bed every night. Love is when my dad tickles me every weekend.

Love is when Riya runs around playing make believe stores with me. Love is when my grandparents call to make sure to send me on my birthday.

Love is when my uncle comes every Friday for dinner and watch a movie with me.

Love is when I see Mrs. Conner's smiley face at the drop-off loop. Love is when Mrs. Mattei remembers to print me extra worksheets. Love is when I'm overjoyed to see Mina and Nolan at the playground during recess.





North Hill Elementary 1385 Mahaffey Rochester Hills, MI 48307 248.726.4300

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<u> #PositivityInAction</u>



As we get ready to welcome all of our students back to the building on February 22, careful consideration has been given to put safeguards in place.

See below.

- Students will continue to be spaced at our lunch tables in the cafeteria and have assigned seating. There will be one grade level per lunch period and students are seated with their own class cohort and allergy safe seating is still in place.
- 10 minutes for cleaning the cafeteria is built into the schedule between lunch periods.
- Traffic flow into and out of the cafeteria is one way. Students enter from the hallway and exit via the receiving door directly outside.
- The playground and surrounding areas have been zoned and students will have an assigned zone each day for recess. They will remain with their own class in their designated zone while outside and we will ask that they social distance while playing. Classes will rotate daily allowing all classes access to the zones during the week.
- Teachers are spacing student seating in their classrooms. They will continue using a seating chart in the classroom. Students will continue to use their own materials and supplies in the classroom.
- Cleaning protocols of high touch areas throughout the building will continue on specific schedules assuring that all are cleaned multiple times per day.
- Students will not eat snack in classrooms as this requires unmasking. A schedule to provide a time for a quick snack in the cafeteria with only one grade level at a time is being determined and teachers can always take students outdoors for a snack break at a time that works in their schedule.
- PARENTS- please be sure to complete the daily health screener before your child enters the building each day. This is found on your ParentVue account.

### March 4 & 8



North Hill students will be photographed during the school day with their class. The schedule is being finalized and will be communicated to families when available. Mrs. Garland, parent volunteer, has begun to work on the yearbook with her volunteer team. The yearbook will also include our Virtual campus students. Our Virtual campus students are welcome to be photographed between 4:30 and 5:30 on these days. Picture packages can be pre-ordered now using the link below, code is 2020NHILL

https://preorder.kaiserstudio.com





#### #PositivityInAction

	Happy Birthday !	
	12—Rachit G.	15—Jane B.
	12—Reilly P.	18—C. Franklin
	12—Andrea S.	19—Avery I.
FEBRUARY	13—Mackenzie B.	19—Tyler I.
	13—Ainsley H.	20—Selena R.
North Hill	14—Raquel B.	21—Isabelle K.
	14—Nora M.	22—James D.
OWLS	More February birth	lays coming next week!

#### FREE BREAKFAST AND LUNCH IN THE CAFETERIA THROUGH JUNE, 2021

FREE MEALS! The USDA approved a waiver effective August 31, 2020, that provides breakfast and lunch meals, free of charge, for all children 18 years of age and younger, including ATPS students 26 years of age and younger. Meals, which meet guidelines from the USDA and Michigan Department of Education, will be distributed through the Rochester Community Schools food service program. There is no need to sign up, your child will let their teacher know which choice they would like. There are currently two choices available every day. The menu is available on the RCS website under "Food Service".

DAILY BUILDING SCHEDULES Elementary (TK-5) hybrid learning model, begins Jan. 25, 2021.							
	Monday	Tuesday	Wednesday	Thursday	Friday		
Cohort A	In-person Early start 8:10 – 2:33 Late start 8:55 – 3:16	In-person Early start 8:10 – 2:33 Late start 8:55 – 3:16	8:30 - 11:30 Synchronous remote learning	Asynchronous learning	Asynchronous learning		
Cohort B	Asynchronous learning	Asynchronous learning	Teacher planning/ collaboration in the afternoon	In-person Early start 8:10 – 2:33 Late start 8:55 – 3:16	In-person Early start 8:10 – 2:33 Late start 8:55 – 3:16		
Cohort C ASD, SXI, CI, EI	In-person Early start 8:10 – 1:33 Late start 8:55 – 2:16	In-person Early start 8:10 – 1:33 Late start 8:55 – 2:16		In-person Early start 8:10 – 1:33 Late start 8:55 – 2:16	In-person Early start 8:10 – 1:33 Late start 8:55 – 2:16		
Cohort E ECSE Early Childhood Special Education	In-person 9:00 - 11:00 a.m. session 1:00 - 3:00 p.m. session	In-person 9:00 - 11:00 a.m. session 1:00 - 3:00 p.m. session	Asynchronous learning/ Synchronous learning for students not attending in person	In-person 9:00 - 11:00 a.m. session 1:00 - 3:00 p.m. session	Asynchronous learning		

#### #PositivityInAction

Wishes from our former Chinese Teacher, Laoshi Cheng. February 12 is the Chinese Lunar New Year. Laoshi Cheng is teaching this year at Meadowbrook, McGregor and Hampton.





A GIANT valentine for Mr. Murphy! We added some green and white hearts because we think they are Mr. Murphy's favorite colors!





### Blankets of Hope

Lots of heartfelt letters, from Pre-K through 5th grade, have been received for the Blankets of Hope project. The letters will be attached to the blankets next week. Thank you families for donating to this project!



#### #PositivityInAction



## Congratulations to our 2021 Founders Day Honorees: Mrs. Mary Clor, Mrs. Cathy Adams, and Mr. Clark Crews

What is Founders Dav?

It's a day when we recognize the substantial role that PTA plays locally, regionally, and nationally in supporting parent involvement and working on behalf of all children and families. It's a time to reflect and take pride in our many accomplishments, and to renew our commitment to be a powerful voice for all children, a relevant resource for parents, and a strong advocate for public education. RCS hosts an annual Founders Day Celebration complete with a wonderful ceremony honoring incredible PTA volunteers and RCS staff across the district who make a lasting impact on our children and at our schools. This year, Founders Day will be celebrated virtually on Thursday, February 18. Stay tuned for more background on our amazing Honorees and how they've made a difference over the years at North Hill.



Save the Date! **CHIPOTLE RESTAURANT NIGHT** Wednesday, Feb. 24 3-8pm



Have you joined OwlLink yet? Be sure to create an account! Go to: www.northhillpta.membershiptoolkit.com to join today! The app is awesome and FREE! Search "Membership Toolkit" in the app store.



We are thrilled to announce that we exceeded our goal by \$900!! Blankets The extra funds will be donated to a district in need of achieving their goal--so we get to spread kindness in two ways! North Hill will of Hope be giving 216 blankets to those in need in our area! THANK YOU for your support of this awesome project!

#### Are you interested in being a part of the PTA Executive board? **ALL POSITIONS ARE OPEN!**

We'd be happy to talk to you if you have any questions about it! It's a one-year commitment and tons of fun! We also have several committee openings for 2021-2022 as many volunteers are "graduating" this year!

Email nhillpta@gmail.com for more information!

**Questions?** Comments? Concerns?

Email the PTA at: nhillpta@gmail.com Follow us on Facebook: North Hill Elementary PTA https://www.facebook.com/NorthHillPTA/ www.northhillspiritwear.com Open 24/7





## Do you want to support your North Hill PTA?

We are looking for volunteers for the PTA Executive Board for the 2021-2022 school year. The PTA works with the administration to plan several fun events and support our students! This is a great opportunity to get to know other North Hill parents and families!

Positions include: President Vice President Vice President of Committees Treasurer Secretary



Questions? Ready to commit? Email Alainavavrick@gmail.com



#### The PTA is excited to announce the 2021 Virtual Science Fair!

• Student have the opportunity to submit a science project via Flipgrid

5<sup>th</sup> Grade - <u>https://flipgrid.com/2cf39a3c</u>

4<sup>th</sup> Grade - <u>https://flipgrid.com/3f8e05f3</u>

3rd Grade - https://flipgrid.com/2d48f4f8

2<sup>nd</sup> Grade - <u>https://flipgrid.com/39955a55</u>

1st Grade - https://flipgrid.com/90628637

Kindergarten - https://flipgrid.com/de657ac8

- Projects can be submitted from February 1- March 7
- Science Fair participation is <u>Mandatory for 5<sup>th</sup> grade</u> and highly encouraged for everyone else
- Students are encouraged to view and comment on their classmates work
- Categories of participation can be found in the Flipgrid link
- The Kindergarten-4<sup>th</sup> grade class with the highest % participation will win the traveling science trophy



In this session we will discuss:

- How to request an evaluation
- The IEP process
- The structure of Special Education staffing and chain of command
- How to address issues and resolves conflicts
- Recovery Services related to COVID closures
- Open Q&A

#### Wednesday, April 7, 6:00 - 8:00pm

RSVP to receive the zoom link and other updates on our webpage, <u>RCSPAC.com</u>

#### Brought to you by:



Follow the PAC: <u>RCSPAC.com</u> and <u>facebook.com/PAC.Rochester.MI</u>

#### SPARKLE AWARDS! May 22, 4:00 PM – 6:00 PM



Mark your calendar and join us to honor all of those who have supported Special Education this year at the Stoney Creek High

School Stadium! Back up plan will be an online stream. Nominations forms will be available in March.

Find all the details at www.rcspac.com!

# Make a Difference by Recycling your Eyeglasses!

In conjunction with the local Lions Club, the North Hill Green Schools committee will be collecting used eyeglasses from 2/8-3/5.



Please drop off your eyeglasses in the box located at North Hill front vestibule or Alaina Vavrick's house at 307 Drace St, Rochester 48307.

(Note: we are collecting any <u>prescription</u> glasses, including sunglasses and reading glasses)

THANK YOU!

Questions? Please email: Alaina.vavrick@gmail.com





## HUMILITY/MODESTY

VIA Survey calls this strength Humility



**Parent virtue: Temperance**. Strengths of temperance protect us from excess. Strengths comprised in this virtue are forgiveness, humility/modesty, prudence, and self-control.

#### WHAT DOES HUMILITY MEAN?

## You do not seek the spotlight. You let your actions speak for themselves.

Humble people have an accurate (not underestimated) sense of their abilities and achievements. They hold the capacity to acknowledge their mistakes and limitations, and are open to advice and new ideas. They do not show off their possessions or accomplishments.

Humility and modesty are often characterized as synonymous with shy or meek. This is false. True humility is a sign of strength; it is a quiet confidence in who you are. It requires an honest self-reflection on your strengths and weaknesses, and self-control over ego, arrogance, and vanity. It encapsulates a person's feelings, thoughts, and actions. It includes resistance to false modesty or the "humble brag."

#### WHY DOES IT MATTER?

Developing humility is associated with positive developmental outcomes in individuals. It allows a person to honestly reflect on their abilities and acknowledge how and where they can improve. Humility opens them up to new ideas, advice, and (consequently) abilities that pride, arrogance, or pretentiousness often block. Therefore, humility makes them desired members of a team.

American society has overemphasized individual selfesteem to the point that narcissism is up 30% since the early 1980s. Narcissism, a fragile and defensive variety of self-esteem, is correlated with feelings of entitlement and a belief that all one's failures are a result of external factors. This increased focus on self and decreased focus on others is harmful to group cohesion and success. Humility, then, is vital to team, community, and societal achievement. Humble groups, composed of humble people, do what's necessary without making a big deal of it; always remaining focused on what's next.

## Individuals with this strength might be described as:

- Unassuming Down-to-earth
- Unpretentious
- JS Pure • Deferential
- Modest

#### Individuals with this strength are likely to think, feel, or behave in the following ways:

- Actions speak louder than words.
- I prefer to let my actions speak for themselves.
- An unhealthy craving for awards and accolades will make you less likely to obtain them.
- Do what's expected of you and don't tell people you did it.
- Give credit where credit is due. All achievements take a team effort.
- "One-upping" people is sad. If others want to brag, I just let them without needing to talk about myself.

## **LL** QUOTES ON HUMILITY

"There is nothing noble in being superior to your fellow man; true nobility is being superior to your former self."

#### -ERNEST HEMINGWAY

"I'm surrounded by nothing but great people. I've been blessed with that, so really, I've got no choice but to be an all-around good person." -TIM DUNCAN

*"It is unwise to be too sure of one's own wisdom. It is healthy to be reminded that the strongest might weaken and the wisest might err."* 

"A true genius admits he knows nothing." -ALBERT EINSTEIN