

Teen Link for Parents!



Is your teen struggling during these difficult times? Do you suspect they might be using drugs or alcohol as a way to cope? If so, please call our **free Substance Use Prevention line** to talk directly with a Substance Use Prevention Clinician.

Our team is here to provide you with the support you need to help your teen and answer any questions you may have about substance use prevention and treatment.

Our clinicians are available from 2 - 10 PM Tues– Sat by **phone, chat, or text**. Our support line is toll free, we have translation services available, and we are here to help.

Substance Use Prevention line: 1-866-833-6546 x2

For additional helpful resources for parents and families related to COVID-19 visit:

<https://www.samhsa.gov/coronavirus>

<https://www.dcyf.wa.gov/coronavirus-covid-19/families>

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- The Teen Link Team

1-866-TEENLINK (833-6546)

www.teenlink.org