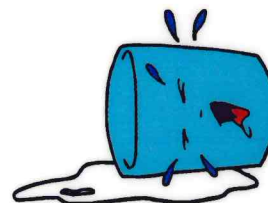




SLIPS

A SLIP OCCURS WHENEVER THERE IS TOO LITTLE FRICTION OR TRACTION BETWEEN YOUR FEET AND THE SURFACE YOU ARE WALKING ON. THREE COMMON CAUSES OF SLIPS ARE:

- ⇒ Constantly wet surfaces
- ⇒ Occasional spills
- ⇒ Weather hazards



Wet Indoor Surfaces

You can cut down the risk of slipping on wet indoor surfaces by following these tips:

- ⇒ Shorten your stride to keep your center of balance under you
- ⇒ Walk with your feet pointed slightly outward, creating a stable base
- ⇒ Make wide turns at corners

Traction and Footwear

Wearing proper footwear can help reduce slips:



- ⇒ Wear slip-resistant footwear appropriate for the conditions and the job
- ⇒ Use abrasive strips to increase traction
- ⇒ Clean up spills when you see them. If that is not possible, draw attention to the spill in some way so others will see it and go around. Report the problem as soon as possible so it can be cleaned up.

Inclement Weather

You can reduce the risk of slipping when outdoors in inclement weather if you:

- ⇒ Pay attention to the conditions
- ⇒ Slow down to react to a change in traction
- ⇒ Wear slip-resistant shoes or overshoes and carry your work shoes
- ⇒ Be careful of wet shoes on a dry floor—they can be just as slippery as dry shoes on a wet floor



Provided by the VSBIT Multi-Line Intermunicipal School Program

Adapted from "Slips, Trips & Falls" Costal Communications