

WHS Sports: UPDATES!

Updated 2/22/21

Season 1 **Football** starts February 10th
Remaining fall sports, **Cross Country, Golf, Cross-Country, Girls' Soccer** and **Volleyball** starts February 15th; **Girls' Swim** starts on February 22

Cross Country

Practice Info: February 15th thru March 26th Weekdays; 3:00 PM to 5:00 PM; meet in the aux gym
February 20th thru March 27th Saturdays; 9:00 AM to 11:00 AM; meet at the theater steps **(Transportation on your own.)**

Coach: Allen Culp Email: aculp@fpschools.org

Football

Practice Info: Check-in is 3:00 PM; practice runs 3:30 PM-5:30 PM; enter thru the door behind the aux gym **(Transportation on your own.)**

Coach: Mike Von Rueden Email: mvon_rueden@fpschools.org

Girls' Soccer

Practice Info: Mondays, 3:00 PM-5:00 PM; Tuesday, 10:00 AM-12:00 PM; meet at the baseball fields **(Transportation on your own.)**

Coach: Sienna Wedde Email: swedde@fpschools.org

Girls' Swim (Begins February 22)

Practice Info: Lakewood YMCA, [9715 Lakewood Dr SW, Lakewood, WA 98499](https://www.lakewoodymca.org/); Monday-Thursday from 6:30-8:30pm; Friday (TBD) will be a dryland day in a virtual or in-person format depending on space and availability **(Transportation on your own.)**

Coach: Jordan Morton Email: Jmorton@fpschools.org

Golf

Practice info: Monday, Wednesday, Friday; 3:00 PM to 5:00 PM; meet at the Lake Spanaway Golf Course **(Transportation on your own.)**

Coach: Jacob Robinson Email: jrobinson@fpschools.org

Volleyball

Practice Info: Saturdays; 3:00 PM to 5:00 PM; enter thru the door behind the aux gym **(Transportation on your own.)**

Coach: Paul Souza Email: searider40@comcast.net

Athletes must have a current physical on file. Physicals are good for two years.

Open link to athletics registration: <https://www.familyid.com/organizations/washington-high-school>.

FPSD Daily Screening Protocols

- All coaches, student-athletes and approved school personnel are required to complete an in-person COVID-19 screening PRIOR to entrance to the training session.
- Temperature will be taken of each person attending the training session.
- Screening questions will be asked of each person attending the training session. This allows coaches to interact directly with the student athlete.
- Any coach or student-athlete answering yes will not be allowed to enter the facility or practice. Contact parent/guardian immediately about next steps and pick-up from practice.
- No parents or spectators will be allowed at Fall Training in-person practices. Only coaches, student-athletes cleared for practice, athletic trainers, and approved school personnel will be permitted. Others are welcome to wait in their vehicle or return after practice for student pick-up.
- Coaches will receive training/instruction on all screening protocol prior to conducting any training session.

Other Requirements:

- Cloth masks will be properly worn by student-athletes any time they are not participating in drills. Entering and exiting the facility, moving around the facility, occupying the sideline, etc. To the extent possible masks should be worn during training.
- Students will bring their own clothing, towels, and other personal equipment. Sharing of any equipment is NOT allowed.
- Everyone will bring their own container of water to drink. Sharing is NOT allowed. Water faucets will not be available to use.

Washington High School

Game Schedule & Spectator Information

This week's games:

Tuesday, February 23, 2021	WHS	Soccer, Girls	V	Steilacoom	Franklin Pierce Stadium
Tuesday, February 23, 2021	WHS	Volleyball	JV, V	Steilacoom	Steilacoom High School
Wednesday, February 24, 2021	WHS	Cross Country	JV, V	Eatonville	Marymoore Event Center
Thursday, February 25, 2021	WHS	Soccer, Girls	V	Fife	Fife Trojan Memorial Stadium
Thursday, February 25, 2021	WHS	Volleyball	JV, V	Fife	Washington High School
Friday, February 26, 2021	WHS	Football	V	Eatonville	Franklin Pierce Stadium

Here are the following guidelines regarding fan attendance this season.

Spectator Information

- Each suited up athlete will have the ability to invite up to two guests per home game.
- Each guest fan will be required to complete attestation form upon arrival.
- No food will be permitted.
- Masks are required with no exceptions.
- No visiting or away fans/Home fans only
- Number of fans per sport:
 - **Volleyball** – 2 tickets per athlete on roster
 - **Soccer** – 2 Tickets per athlete on roster
 - **Football** – 1 ticket per athlete on roster (**Due to Covid capacity guidelines and size of football teams we are only permitted to allow one guest per suited up athlete for the sport of football**)

Fall Sports

If you would still like to join one of our fall sports programs, there is still time! Those sports include (Volleyball, Cross Country, Girls Soccer, Girls Swim, Boys Golf, Girls Golf, and Cheer/Dance). If you wish to participate, then you will need to register in FamilyID and be certain you have a current physical submitted to the athletic office. You can turn a copy of your physical into the main office at Washington High School or you can scan and upload a copy of the physical into FamilyID during the registration process. Here is the link to registration if you have not yet registered. Here is the link to register for a sport:

<https://www.familyid.com/organizations/washington-high-school>.

Fall Sports Coach Contacts (WHS)

Football – Mike Von Rueden – mvon_rueden@fpschools.org

Cross Country (Boys and Girls) – Allen Culp aculp@fpschools.org

Golf (Boys) – Jacob Robinson – jrobinson@fpschools.org

Golf (Girls) – Jacob Robinson – jrobinson@fpschools.org

Soccer (Girls) – Sienna Wedde – Swedde@fpschools.org

Volleyball (Girls) – Paul Souza – Searider40@comcast.net

Swim (Girls) – Jordan Morton – jmorton@fpschools.org