

HEALTH SERVICES COVID-19 PROTOCOL

AS OF 2/22/2021

Your child's safety is our top priority. We are following guidelines from the CDC, as well as state and local health officials, and we will act in accordance with government directives and recommendations. Our licensed medical professionals are on site daily monitoring the health and safety of all students and staff while working closely with the Tarrant County Health Department. We are aware that changes will occur, sometimes frequently, as the pandemic evolves. When we need to make changes to our protocol, we will notify you immediately.

All faculty and staff members underwent health and safety training education specific to COVID-19 precautions prior to the start of school. This included, but was not limited to, strict hand hygiene, social distancing, appropriate face coverings, and cleaning and disinfecting procedures.

Please review the CDC's guidelines regarding individuals who are at higher risk for severe illness and discuss with your primary care physician if you have questions or concerns about your child. Contact our school nurses to discuss your child's situation.

<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html>

Drop-off and Arrival Procedures:

- Anyone entering campus is required to comply with screening procedures.
- Trinity Valley School does not conduct daily temperature checks or screenings on students, faculty, or staff. In keeping with best practices, families and faculty/staff perform daily self screenings, including temperature checks, at home, and enter the information into the MyMedBot app on their mobile device, prior to arrival at school. Your collaboration with this will allow for a more thorough screen to ensure health and safety on campus.
- We are continuing to evaluate our screening and drop-off procedures. With information changing often, we want the TVS drop-off protocols to be as accurate and up to date as possible. As with all safety measures, we will change these as necessary to meet guidelines.
- Parents and non-TVS siblings are required to remain in their vehicle during drop-off. Due to the circumstances and our focused efforts on reducing the spread of COVID-19, everyone arriving on campus must go through the carpool lines. For student safety, TVS prohibits parking in the Lower School or Middle School parking lot and releasing students to walk through those lots to their classrooms. Until further notice, only students and faculty will be permitted outside of cars while on campus.
- If you accidentally select the wrong button while filling out the MyMedBot app in the morning, please turn on your hazard lights as you enter campus and a member of our team will speak with you.

Masks:

- For students in grades 1-12, looped masks are **MANDATORY** while on campus. Students should wear masks properly, with mouth and nose covered, for the duration of the school day. Mask breaks will occur during lunch and snack times, when students are distanced outdoors, and as needed throughout the day.
- For students in Pre-K and K, looped masks are **HIGHLY RECOMMENDED** in the classroom, and required when they are lining up and during other times when they are not able to meet distancing recommendations. We understand that most of our youngest students will find it challenging to wear masks; however, it is the best practice to follow. Faculty and staff will encourage the wearing of masks.
- Each family is responsible for providing your child's mask(s). Please ensure that your child's mask covers the nose and mouth. There are many online resources for purchasing non-medical

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masks for children. One such source is <https://www.etsy.com/market/masks>.

- **Proper mask wearing requires covering the nose and mouth.** All faculty and staff reinforce the proper wearing of masks. Note: vented masks are not allowed. “Gaiter” style face coverings will only be allowed during athletic periods and after-school practices.
- All staff members will be required to wear a mask (they may remove it while outside if meeting the required social distancing from others).
- We offer frequent breaks from wearing masks any time students are outside, if they simply need a break, and of course while having lunch or a snack. During those times, children are encouraged to stay six feet apart to meet social distancing requirements. There is signage throughout campus to help with spacing and to remind students of proper distancing.
- It is best to have several masks at home so that you can wash them on a regular basis. **Sending an additional clean mask, packed in a ziploc bag, in your child’s backpack is recommended.** For more information on mask wearing and recommendations, we have included a link to the CDC. <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>
- **Disposable masks:** If your child will be wearing a disposable mask, please note that he/she will need a new mask each day and an extra on hand while at school.
- **Face Shields:** It is not known if face shields provide any benefit as source control to protect others from the spray of respiratory particles without a mask. The CDC does not recommend the use of face shields for normal everyday activities or as a substitute for cloth face coverings. A face shield is sometimes used when sustained close contact with other people is expected. If face shields are used without a mask, the shields should wrap around the sides of the wearer’s face and extend to below the chin. Disposable face shields should only be worn for a single use. Reusable face shields should be cleaned and disinfected after each use.

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

Hand Hygiene Procedures:

- All students, faculty, and staff are required to wash hands upon arrival at TVS. We have added additional handwashing stations throughout the campus.
- Throughout the duration of each day, we remind students about safe hand hygiene practices. There will be required hand hygiene intervals via handwashing and hand sanitizer. These include, but are not limited to:
 - Daily arrival to campus
 - Prior to eating (lunch and/or snack)
 - Following lunch or snacks
 - After using the restroom
 - After sneezing or if using a tissue to blow their nose
 - Before and after playing outside or activities
 - Prior to going home each day

Room Capacities and Distancing:

- Classroom capacities will be closely monitored and aligned with safety measures per the CDC guidelines.
- Classrooms and other spaces on campus have been measured to determine the number of students that can be in the space while maintaining distance requirements.
- While students are on campus, we are practicing and encouraging social distancing of six feet or more.

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Lunch and Snack Procedures:

- All students wash hands prior to lunch.
- If eating in the classroom, their desks are sanitized prior to eating.
- While eating lunch, students are spaced according to recommended distancing (approximately six feet apart). More details regarding lunch services will be provided by each division head.
- Following lunch, students wash hands or apply hand sanitizer and reapply their mask.
- For snacks, students wash hands and are spaced to follow distance requirements.
- Students are reminded not to share any part of their lunch or snacks with others.
- Following snacks, students wash their hands or use hand sanitizer.

Outdoor Procedures:

- While students are outside during the school day for activities or play, they are reminded of social distancing and wash hands upon re-entering the building.

Facility Policies and Procedures:

- All classrooms will be cleaned and disinfected on a daily basis.
- Toys and teaching aids will be routinely cleaned and disinfected.
- All restrooms will be cleaned and disinfected on a regular basis.
- High-touch surfaces such as door handles will be cleaned and sanitized throughout the day.
- All students must bring their own personal labeled water bottle. Water fountains are not available at this time; however, there are bottle-filling stations available.

COVID-19 Symptoms, Positive Cases, and Return to School:

Symptoms of COVID-19 may develop within 2-14 days after exposure to the virus and may include the following:

- Fever
- Cough
- Shortness of breath or difficulty breathing
- Headache
- Sore throat
- Muscle pain
- Chills
- New loss of smell or taste
- Nausea, vomiting, or diarrhea

Sick Procedures:

- If your child is showing signs or symptoms of any kind of illness and you send him or her to school, this can result in exposure to staff and other students' families which could be fatal. **PLEASE DO NOT SEND YOUR CHILD TO SCHOOL IF HE OR SHE DISPLAYS ANY SIGNS OR SYMPTOMS OF ANY ILLNESS. CONTINUE TO MONITOR AT HOME.**
- If your child is experiencing any symptoms of COVID-19, we recommend that you contact your pediatrician and follow CDC and local health department guidelines regarding self-quarantine for the student AND any siblings.
- If your child gets sick while at school or simply is not feeling well, he or she will be sent or taken (depending on age) to the nurse's office to be assessed by one of our registered nurses.
- If your child develops ANY COVID-19 symptoms while at school (example: even a headache, sore throat, cough), you will be notified and asked to pick up your child immediately. If you are not able to arrive within an hour of the call, please be sure you have someone that is available to pick up your child.

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- A nurse will walk your child to the pickup circle and will wait with him/her until you arrive.
- Depending on the presentation of the child and his/her symptoms, we may be able to offer a Cook Children's Telemedicine visit for further evaluation, but the child will still need to go home after the visit is complete.
- If your child is sent home due to symptoms and is not evaluated by a physician, you will need to contact the nurses prior to return to school for clearance.
- If your child is not evaluated by a physician and continues to have any symptoms of COVID-19, he or she will need to remain at home and follow the CDC isolation/quarantine guidelines.
- If your child presents with COVID-19 symptoms and is not already wearing a mask, the medical staff will place a mask on the student.
- If your child is being tested for COVID-19 and/or has symptoms, please contact Ben Timson, COVID-19 Coordinator; Amy Coats, RN, BSN; or Kim Bartell RN, BSN. We will request a follow up with the results in order to move forward with contact tracing and the proper disinfection procedures. The same practices will be followed for TVS faculty and staff.
- Any form of positive test (molecular or antigen) will result in a minimum 10-day isolation period from school. Individuals will not be able to test out of isolation or quarantine by producing a negative test prior to the end of the required isolation or quarantine period. Should there be conflicting test results, TVS will err on the side of caution and treat the case as positive for COVID-19.
- If your child routinely experiences chronic issues (e.g., headaches or allergy symptoms), expect increased communication from TVS nurses as we determine how to most effectively differentiate these issues from COVID-19 symptoms. We will assume symptoms are indicative of COVID-19 until determined otherwise. We ask for your cooperation as we navigate this.
- Note regarding **off-campus** sports: If a team member tests positive for COVID-19, all members of the team will be quarantined for 10 days. If the opposing team has a player test positive for COVID-19 and a sporting competition or activity is held during the infectious period, then the entire team will be quarantined for 10 days. This guidance is directly from the Tarrant County Health Department.
- Please refer to the [TVS Athletics - Return to Play Guidelines](#) for further information regarding athletic participation **on-campus**.
- Contact information for TVS COVID-19 Medical Team:
 - Ben Timson - timsonb@trinityvalleyschool.org, (817) 321-0156
 - Amy Coats - coatsa@trinityvalleyschool.org, (817) 321-0132
 - Kim Bartell - bartellk@trinityvalleyschool.org, (817) 321-0132
 - Carrie Morrison - morrisonc@trinityvalleyschool.org, (817) 321-0173

Isolation Procedures:

- Students and staff presenting with signs and symptoms of COVID-19 will be referred to the school nurses for evaluation. Students and staff that either test positive or suspected to be COVID-19 positive, will be sent home and required to enter isolation until the following three criteria have been met:
 - 10 days have passed since the onset of symptoms or date of positive test,
 - Symptom severity has improved over time,
 - 24 hours fever free without the use of fever reducing medication.
- Following isolation of a suspected COVID-19 case, the student and/or staff with COVID-like symptoms may be approved to return to school should they obtain a negative COVID-19 PCR test result, or receive an alternate diagnosis from an appropriately licensed medical provider (i.e. strep, allergic rhinitis). The decision to remove someone from isolation early will be determined on a case by case basis.

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Quarantine Procedures:

- In accordance with updated guidelines from both the CDC and Tarrant County Health Department, effective 1/18/21, all TVS students and staff members identified as close contacts of a COVID-19 positive individual will be required to enter a 10 day quarantine period at home. Quarantine can end at the completion of day 10 without testing as long as no symptoms developed during daily monitoring throughout the quarantine period.
- Close contacts are defined as a person who has physical contact or is within 6 feet of a COVID-19 positive individual during their infectious period (48 hours prior to the onset of symptoms or date of positive test and 10 days afterwards) for a cumulative total of 15 minutes or more during a 24 hour period. This policy will apply to both masked and unmasked interactions. There are additional division-specific policies to determine close contacts inside the classroom based on cohorts and seating charts. Decisions to quarantine are made following guidance and recommendations from the CDC and local health authorities.
 - Per the Tarrant County Health Department, faculty and staff that wear a mask and an additional piece of PPE (wrap around eye protection, face shield, additional mask) while interacting with individuals inside the classroom will not be considered close contacts in the event of an exposure.
 - Individuals who are within 90 days of a confirmed positive COVID-19 infection themselves, will not be required to quarantine when deemed a close contact. A screenshot of the positive test result and date must be submitted to a member of the health and wellness team for review.
 - Close contacts will not be required to enter quarantine until a positive COVID-19 test result has been confirmed (Per Tarrant County Health Department).
- Close contacts of symptomatic or suspected COVID-19 positive individuals should continue to closely monitor for signs and symptoms and practice social distancing and mask guidelines in quarantine while awaiting test results.

Students and staff will receive email notification of the return to school/work timeline as well as information on how to effectively isolate and quarantine in the home.

Procedures for Vaccinated Students/Staff:

- Students and staff are considered fully vaccinated > 2 weeks following receipt of either the second dose in a 2 dose series or the first dose in a single-dose vaccine.
- Students and staff must submit proof of vaccination by emailing a scanned copy of the vaccination record including all appropriate dates to TVS Medforms at medforms@trinityvalleyschool.org
- When identified as a close contact, fully vaccinated individuals will be exempt from quarantine under the following conditions:
 - Individual is within 3 months of the receipt of the last vaccine dose in a series, and
 - Individual has remained symptom free since the current COVID exposure.
- Fully vaccinated individuals will continue to follow current policies and procedures outlined within this document, including all mask wearing and social distancing requirements.

Updated 2/22/2021

Return to School:

- Please review and follow the CDC's Return to School information here: **[When You Can be Around Others After You Had or Likely Had COVID-19](#)**
- If your child is given an alternative diagnosis (examples: strep throat, pink eye, flu, ear infections, etc), please send a note from your physician to the nurses for clearance to return to school.

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- Students and parents will receive follow-up phone calls at the midpoint and end of the isolation and quarantine periods (days 5 and 10). Calls are made to monitor the presence/absence of signs and symptoms of COVID-19, confirm testing results, and verify a return to school date. All students must be cleared by a member of the TVS medical team prior to returning to campus.
- To reduce the risk of a cardiac event, all students grades 7-12 who are COVID-19 confirmed or assumed positive will complete a COVID-19 Return to Play Protocol upon return to school for all physical education and athletic related activities. A link to the TVS COVID-19 Return to Play Protocol and policy can be found [here](#).

Family Commitment:

We understand that you are entrusting us with your child. TVS continues to focus on the goal of providing in-person school as safely as possible. We are committed to working hard in the coming weeks and months, and we ask that you also commit to the role that your family plays in making school the safest experience for everyone. The safety of your children and TVS employees depends on practicing good safety and health protocols off campus as well, so we ask you to heed the measures below to help keep everyone safe and healthy.

It is important to note that if your child is showing signs or symptoms of any kind of illness and you send him/her to school, this can result in exposure to staff, other students, and their families which could be fatal.

- **PLEASE DO NOT SEND YOUR CHILD TO SCHOOL IF HE OR SHE DISPLAYS ANY SIGNS OR SYMPTOMS OF ANY ILLNESS. CONTINUE TO MONITOR AT HOME AND CONSULT WITH YOUR PEDIATRICIAN.**
- **Please check your child's temperature at home before coming to school.** If your child has a temperature of 100.0 or higher, STAY HOME and contact your pediatrician's office for further instructions.
- If your child seems "off" and is not eating or drinking as he/she normally does prior to coming to school, he/she may be getting sick. STAY HOME and continue to monitor his/her condition.
- Please do not give your child fever-reducing medications prior to school. If he/she has a headache, sore throat, or other symptoms, please KEEP HIM/HER HOME and continue to monitor. Medications such as Tylenol (Acetaminophen) and Advil/Motrin (ibuprofen) will mask a fever and could result in exposing others to COVID-19 or other illnesses.
- If your child has vomited or had diarrhea within 24 hours of attending school (no matter what you may think the cause could be), KEEP HIM/HER HOME. These are now also symptoms of COVID-19. Please contact your pediatrician to discuss further and to clear your child to return to school. The child may not return to school until it has been 24 hours since his/her last episode of vomiting or diarrhea.
- If a family member in your household is diagnosed with COVID-19 or awaiting results of testing, YOUR CHILD WILL NEED TO STAY HOME and follow the recommended quarantine guidelines by the CDC and local health officials.
- If your child is sick and unable to attend school, please contact your child's division office and a member of the TVS Medical team will follow up with you to discuss further.

For further questions or clarification regarding existing policies, please contact Ben Timson, COVID-19 Coordinator at (817) 321-0122 or timsonb@trinityvalleyschool.org.