March 2021

Albany Area Elementary





School Information: MENU SUBJECT TO CHANGE WIHTOUT NOTICE.



Nutrition Tip: March is National Nutrition Month! To celebrate, try getting more creative in the kitchen and trying a new recipe or cuisine you haven't had before.

References: Academy of Nutrition & Dietetics

Monday	Tuesday	Wednesday	Thursday	Friday
Hamburger on a Bun Baked Beans Fresh Veggies Fresh/Canned Fruit 5 Ham Sandwich	Chicken Nuggets Steamed Peas Fresh Veggies Fresh/Canned Fruit Turkey Sandwich 1	Hamburger over Mashed Potatoes Green Beans Dinner Roll Fresh/Canned Fruit Bologna Sandwich 2	Pancakes Sausage Patty Tri Tator Hashbrowns Fresh Veggies Fresh/Canned Fruit Summer Sausage Sandwich 3	Cheese Pizza Carrot Coins Fresh Veggies Fresh/Canned Fruit Build your own Cheese Pita
Breaded Chicken Patty on a Bun Steamed Peas Fresh Veggies 5 Fresh/Canned Fruit Ham Sandwich	Italian Dunkers with Meat Sauce Green Beans Fresh Veggies Fresh/ Canned Fruit 1 Turkey Sandwich	Scalloped Potatoes W/ Ham Patty Carrot Coins Fresh Veggies Fresh/Canned Fruit 2 Bologna Sandwich	BBQ Rib Patty on a Bun Waffle Fries Broccoli Fresh Veggies 3 Fresh Canned Fruit Summer Sausage Sandwich	At Home Learning Day 12
Mini Corn Dogs Smile Potatoes Baked Beans Fresh Veggies Fresh/Canned Fruit Ham Sandwich	Pepperoni Pizza Steamed Carrots Fresh Veggies Fresh/Canned Fruit Turkey Sandwich	Spaghetti w/ Meat Sauce and Bread Stick Green Beans Fresh Veggies Fresh/Canned Fruit Bologna Sandwich	Grilled Chicken Burger on a Bun Baby Bakers Fresh Veggies 3 Fresh/Canned Fruit Summer Sausage Sandwich	Cheese Quesadilla Carrot Coins Fresh Veggies Fresh/Canned Fruit Cheesy Pull-Apart
Chicken Alfredo Bread Stick Fresh Veggies Fresh/Canned Fruit Ham Sandwich	Nachos w/ Taco Meat Refried Beans Fresh Veggies Fresh/Canned Fruit 1 Turkey Sandwich	Chicken Strips Mashed Potatoes & Gravy Corn Fresh/ Canned Fruit 2 Dinner Roll Bologna Sandwich	Hot Dog on a Bun Baked Beans Fresh Veggies Fresh/Canned Fruit Summer Sausage	No School 26 Staff Development Day
Cooks Choice Hot Vegetable Fresh Veggies Fresh/Canned Fruit Ham Sandwich	Mandarin Orange Chicken w/ Brown Rice Steamed Peas Fresh Veggies 5 Fresh/Canned Fruit Turkey Sandwich	Pork Steak Mashed Potatoes w/Gravy Carrot Coins Fresh/Canned Fruit 1 Dinner Rolls Bologna Sandwich		