






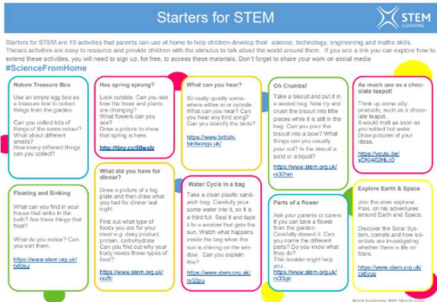

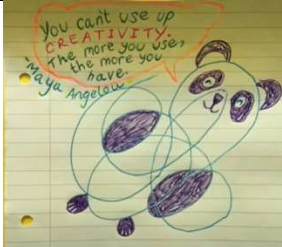
## Southam Primary School Non-Screen/ Wellness Day

Thank you for your feedback on the introduction of NON-SCREEN MONDAYS last half term.

We will be asking you to compete **TWO COMPULSORY ACTIVITIES** each week and offering a section of activities for you to choose **ONE OR TWO EXTRA ACTIVITIES** from too.

Where there are hyperlinks included, we intend these as a reference point for you. We would like all of your leaning together on these days to be away from computers, tablets, laptops and televisions.

Please choose three activities from the non-screen/ wellness grid and share photographs on Tapestry, of anything that you have created or enjoyed throughout the day. Activities will change each week.

<p><b>Maths session Compulsory</b></p>	<p>Make a pretend sharing picnic. Can you share half? See the main maths plan for more details</p>
<p><b>PSHE session Compulsory</b></p>	<p>Dreams and Goals session 1 Story: The magic of yet Draw a challenge See PSHE lesson plan for more detail</p>
<p><b>Maker Hour</b></p> 	 <p><b>Project 7: Superhero</b></p> <p>This project offers the opportunity for children to build on their confidence, resilience and determination as they put on their capes and face the new term.</p> <p><a href="https://www.place2be.org.uk/media/w0rjhn5u/the-art-room-at-home-superhero-project.pdf">https://www.place2be.org.uk/media/w0rjhn5u/the-art-room-at-home-superhero-project.pdf</a></p>
<p><b>Fitness Hour</b></p> 	<p><b>Welly Walk</b></p>  <p>Explore the outside and go looking for mud, puddles and secret dens! Talk about the different things you see and explore nature...can you use your senses to work out what season we're in?</p>
<p><b>Genius Hour</b></p> 	<p>Choose an activity to investigate</p> <p><b>02 Starters for STEM.pdf</b></p> 
<p><b>Wellness Hour</b></p> 	 <p>Play the squiggle game: watch a demo here <a href="https://www.youtube.com/watch?v=ozKW1M97JXE&amp;feature=youtu.be">https://www.youtube.com/watch?v=ozKW1M97JXE&amp;feature=youtu.be</a></p>