

COVID-19 Rapid Antigen Testing Information & Instructions

All St. Mary's Academy faculty, staff, and students who plan to come to campus for any reason for the remainder of the school year are required to receive a COVID-19 test prior to returning to school. The only exceptions are:

- **If you have tested positive for COVID-19 in the last 90 days.**
You will need to obtain and submit documentation of the positive test result from your physician attesting that you are free of symptoms. Please submit your documentation to safetyconcerns@smapdx.org.
- **If you have tested positive for COVID-19 in the last 14 days, do not come to campus.**
You are still in the active phase of the virus and could potentially spread it to others. Please submit documentation of the positive test result from your physician when you are free of symptoms and have completed your quarantine.

Schedule & Instructions for NW Mobile COVID-19 Testing:

If your student chose the March 1 on-campus start date (or comes to campus for athletics, etc.), she will need to sign up on:

Saturday, 2/27/21: Faculty/Staff & Cohort A

Sunday, 2/28/21: Cohort B & Make-up

Please note: If you are unable to attend the St. Mary's Academy onsite testing, please email testing@nwmobiletesting.com and NW Mobile Testing will contact you to discuss testing options. Please note that students will not be able to attend in-person learning until they have received a negative test.

If your student chose one of the later start dates for in-person hybrid learning, she will be tested after Spring Break. Cohort assignments will be sent with student schedules on Monday, 2/22/21.

Prior to testing:

- Step 1: Complete the Intake Forms:** Follow the link below to a set of forms that **must** be filled out in order to receive a COVID-19 test. It is important to fill these out **prior** to the day of testing. http://bit.ly/StMary_SignUp
- Step 2: Register for a Time Slot:** To prevent long lines and help maintain physical distancing during testing, you must sign up for an assigned time slot. Follow the link below to sign up and reserve your testing spot. Please sign up using your child's name as we use these sign ups to create check in cards. If you have more than one

child getting tested, please sign up for a spot for each child. **The sign-up will close at midnight on Thursday, February 25 to allow time to prepare check in cards.**
http://bit.ly/SMA_Register

Step 3: Receive Test Results: Test results will be delivered to you from nwmobiletesting@protonmail.com within 24 hours of testing. Use the following password to access results: SMATESTS.

Step 4: Questions: If you have any questions or concerns about the testing process, please email: testing@nwmobiletesting.com.

Day of Testing:

If you are currently exhibiting any symptoms (new or worsening cough, fever/chills, muscle aches, headache, sore throat, diarrhea, nausea/vomiting, changes in smell/taste, runny nose/congestion, fatigue, chest pain/pressure, difficulty breathing/shortness of breath) or have recently been exposed to someone who has tested positive for COVID-19, please email safetyconcerns@smapdx.org and **do not come to campus for testing.**

Safety protocols: You are required to wear a mask at all times while on campus and maintain at least six feet from the person in front and behind you. To assist you with this, we have spots marked on the floor. Please have your temperature taken at the kiosk and use hand sanitizer upon entering and exiting the building.

Where to enter? Please arrive no more than 5 minutes prior to your reserved time slot as we are doing our best to observe best practices for social distancing and safety protocols. Please enter the building through the main entrance. Testing will take place in the gym and you will exit out the 6th and Market St. door.

What to expect? After you enter the building, you will be directed to the gym. **Please exit when you have completed your testing.** This is very important for maintaining the health and safety of our community.

How will you be notified of your result? Test results will be delivered to you via a secure e-mail within 24 hours of receiving your test. This email will be sent from nwmobiletesting@protonmail.com and you will use the following password to access the results: SMATESTS.

What happens if I get a positive test? In the event you receive a positive test result, NW Mobile Testing will call you on your provided contact number. You will be requested to receive a molecular PCR test through your health care provider. In the meantime, you will be asked to follow [CDC recommended isolation procedures](#). If you feel sick or develop symptoms of COVID-19, you should contact your health care provider.

What does it mean if I test negative for COVID-19? If you test negative for COVID-19, you probably were not infected at the time your sample was collected. However, that does not mean

you will not get sick. The test result only means that you did not have COVID-19 at the time of testing. You might test negative if the sample was collected early in your infection and test positive later during your illness. You could also be exposed to COVID-19 after the test and get infected then. This means you could still spread the virus. If you develop symptoms later, you might need another test to determine if you are infected with the virus that causes COVID-19.

It is important to continue to practice safe behavior. Wear a mask over nose and mouth, practice physical distance and stay six feet away from others, avoid crowded spaces, avoid poorly ventilated spaces, wash your hands often, clean and disinfect, and monitor your health daily. For more information on how to protect yourself [please visit](#).

Will I test positive if I have received the COVID-19 vaccination? No, the vaccine won't cause you to test positive on a COVID-19 viral test, such as the PCR or antigen tests. However, you may test positive for the antibody test, due to developing an immune response. At this time, NW Mobile Testing is not performing antibody testing.