

AT HOME COOKING INSTRUCTIONS

If food is not being cooked immediately please store in freezer or refrigerator. If under refrigeration discard if not used in 5 days.

ALL ITEMS NEED TO REACH A MINIMUM INTERNAL TEMPERATURE OF 165°F FOR OPTIMAL FOOD SAFETY

BREAKFAST MENU ITEMS	OVEN INSTRUCTIONS	MICROWAVE INSTRUCTIONS
Pancakes/Waffles	Remove from packaging Place on baking sheet or oven safe shallow pan **Bake @ 350°F for 8-12 minutes	Remove from packaging Place on microwave- safe plate Cook for 1-2 minutes
French Toast Sticks		
Egg Patty		
Sausage Patty/Sausage Links		
Pancake on a Stick		
Biscuits		
Gravy (cook covered)		

LUNCH ENTRÉE MENU ITEMS	OVEN INSTRUCTIONS	MICROWAVE INSTRUCTIONS
Bean and Cheese Burrito		Remove from packaging. Place on microwave safe plate. Heat for 45 seconds. Let rest for 15 seconds. Heat for another 15 seconds. Let rest 1 – 2 minutes before eating.
Cheese Breadsticks		
Fajita Chicken/Diced Chicken	Remove from packaging Place on baking sheet **Bake @ 350°F for 8-12 minutes	Remove from packaging Place on microwave- safe plate Cook covered for 1-2 minutes
Corndog		
Rib-b-que		
Cheeseburger/Veggie Burger		
Chicken Nuggets/Popcorn Chicken/ Fish Sticks	Remove from packaging Place on baking sheet **Bake @ 400°F for 10-12 minutes	Remove from packaging Place on microwave- safe plate Cook for 1-2 minutes
Chicken Sandwiches		
Cheese Pizza		
Chicken Drumstick		Heat from frozen. Remove from packaging Place on microwave- safe plate Heat for 2 min 30 secs to 3 mins

POTATO MENU ITEMS	OVEN INSTRUCTIONS	MICROWAVE INSTRUCTIONS
French Fries/Tater Tots	Remove from packaging Place on baking sheet **Bake @ 400°F for 10-12 minutes	Remove from packaging Place on microwave- safe plate Cook for 1-2 minutes
Potato Wedges		
Emoji Potatoes		
Sweet Potato Fries		

VEGETABLE MENU ITEMS	OVEN INSTRUCTIONS	MICROWAVE INSTRUCTIONS
Broccoli	Remove from packaging Place on baking sheet **Bake @ 350°F for 10-12 minutes	Remove from packaging Place on microwave- safe plate Cook covered for 1-2 minutes stirring halfway through
Carrots		
Corn		
Green Beans		
Refried Beans/Charro Beans		
Peas		

Please discard any food left at room temperature for more than 2 hours due to potential food safety risk.

** Indicates recommended cooking method for best quality.