

What's on the Menu?

Rochester Community Schools: ATPS Lunch Menu March 2021

A full student lunch includes a choice of entrée supplying protein and grain, 1/2 cup fruit side, 1/2 cup of vegetable side, and 1% or skim white milk.

	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
CHOICE A:	Corn Dog Fresh Baby Carrots Cupped Fruit	Cheeseburger Tater Tots Fresh Fruit	Grilled Cheese Sandwich Fresh Vegetable Whole Fruit	Waffles w/ Syrup Turkey Sausage Patty Tater Tots Cupped Fruit	Cheese Quesadilla Seasoned Corn Cupped Fruit
	8	9	10	11	12
CHOICE A:	Bosco Sticks with Pizza Sauce Dried Fruit	Chicken Patty Sandwich Celery Sticks Whole Fruit	Breaded Chicken Leg w/ WG Cheddar Goldfish Crackers Fresh Vegetable Fresh Fruit	French Toast w/ Syrup Turkey Sausage Patty Tater Tots Cupped Fruit	French Bread Pizza Green Beans Cupped Fruit
	15	16	17	18	19
CHOICE A:	Corn Dog Fresh Baby Carrots Cupped Fruit	Cheeseburger Tater Tots Fresh Fruit	Grilled Cheese Sandwich Fresh Vegetable Whole Fruit	Waffles w/ Syrup Turkey Sausage Patty Tater Tots Cupped Fruit	Cheese Quesadilla Seasoned Corn Cupped Fruit
	22	23	24	25	26
CHOICE A:	Bosco Sticks with Pizza Sauce Dried Fruit	Chicken Patty Sandwich Celery Sticks Dried Fruit	Breaded Chicken Leg w/ WG Cheddar Goldfish Crackers Fresh Vegetable Fresh Fruit	French Toast w/ Syrup Turkey Sausage Patty Tater Tots Cupped Fruit	French Bread Pizza Green Beans Cupped Fruit
	29	30	31		
CHOICE A:	No School	No School	No School		Always wash your hands before you eat.
CHOICE B:	Italian Combo Hoagie	Turkey and Cheese Sandwich	Italian Combo Hoagie	Turkey and Cheese Sandwich	Wowbutter Sandwich



Questions or comments?
 Food Service Director Tracy Hizer 248-726-4650 Assistant Directors
 Tamara Brazeton 248-726-4601 or Marci Flaherty 248-726-4603
 Go to MyPlate.gov for online personal wellness resources for you and your family.

This institution is an equal opportunity provider.

