

## What's on the Menu?



## Rochester Community Schools Elementary: Lunch Menu March 2021

A full student lunch includes a choice of entrée supplying protein and grain,1/2 cup fruit side, 1/2 cup of vegetable side, and 1% or skim white milk.

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Choice A Boscos with Pizza Dipping Sauce Choice B Muffin Fun Lunch	Choice A Dr. Seuss Jello Dish! French Bread Pizza Choice B Turkey and Cheese Sandwich	Choice A Turkey Corn Dog Choice B Cereal Fun Lunch	Choice A Waffles w/ Egg & Cheese Omelet Choice B Strawberry Parfait	Choice A Cheese Pizza Choice B Sunbutter and Jelly Sandwich
8	9	10	11	12
Choice A Cheeseburger Choice B Muffin Fun Lunch	Choice A Grilled Cheese Choice B Turkey and Cheese Sandwich	Choice A  Hot Dog on a Bun Choice B Cereal Fun Lunch	Choice A French Toast w/ Turkey Sausage Choice B Strawberry Parfait	Choice A Homemade Cheese Pizza Choice B Sunbutter and Jelly Sandwich
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Choice A Chicken Patty Sandwich Choice B Muffin Fun Lunch	Choice A Cheese Quesadilla w/ Salsa Choice B Turkey and Cheese Sandwich	Prize with Lunch! Choice A Homemade Mac and Cheese Choice B Cereal Fun Lunch	Choice A Pancakes w/ Egg & Cheese Omelet Choice B Strawberry Parfait	Choice A Homemade Cheese Pizza Choice B Sunbutter and Jelly Sandwich
22	23	24	25	26
Choice A Boscos with Pizza Dipping Sauce Choice B Muffin Fun Lunch	Choice A French Bread Pizza Choice B Turkey and Cheese Sandwich	Choice A Turkey Corn Dog Choice B Cereal Fun Lunch	Choice A Waffles w/ Turkey Sausage Choice B Strawberry Parfait	Choice A Homemade Cheese Pizza Choice B Sunbutter and Jelly Sandwich
29				
NO SCHOOL	NO SCHOOL	NO SCHOOL		

Questions or comments?

Food Service Director Tracy Hizer 248-726-4650
Assistant Directors
Tamara Brazelton 248-726-4601 or Marci Flaherty 248-726-4603
Go to MyPlate.gov for online personal wellness resources for you and your family.

