

What's on the Menu?

Rochester Community Schools: Breakfast Menu February 2021

A full student breakfast includes a choice of entrée supplying protein and grain, 1/2 cup fruit sides, and 1% or skim white milk.

	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
Hybrid In Person	WG Bagel w/ Cream Cheese 100% Fruit Juice	Blueberry Muffin with String Cheese Fresh Fruit		WG Bagel w/ Cream Cheese 100% Fruit Juice	Blueberry Muffin with String Cheese Fresh Fruit
	8	9	10	11	12
	Breakfast Cereal with Graham Cracker 100% Fruit Juice	Benefit Bar Fresh Fruit		Breakfast Cereal with Graham Cracker 100% Fruit Juice	Benefit Bar Fresh Fruit
	15	16	17	18	19
	No School	No School		WG Stuffed Cinnamon Cream Cheese Bagel 100% Juice	Egg and Cheese WG English Muffin Sandwich Cupped Fruit
	22	23	24	25	26
	Breakfast Cereal with Graham Cracker 100% Fruit Juice	Benefit Bar Fresh Fruit	Apple Cinnamon Texas Toast 100% Fruit Juice	Breakfast Cereal with String Cheese Fresh Fruit	Egg and Cheese WG English Muffin Sandwich 100% Juice

Questions or comments? Food Service Director Tracy Hizer 248-726-4650
 Assistant Directors Tamara Brazelton 248-726-4601 or Marci Flaherty 248-726-4603
 Go to MyPlate.gov for online personal wellness resources for you and your family.
 Make Checks Payable to RCS Foodservice.

This institution is an equal opportunity provider.

