



Parents/Guardians: Please complete this short check list each morning before your child leaves for school. Monitoring daily symptoms can help detect the early onset of illness so that students and staff can isolate themselves from others and reduce their risk of spreading disease. Everyone has a role to play in protecting themselves and others.

SECTION 1: Symptoms

If your child has any of the following symptoms, it may indicate a possible illness that may decrease the student’s ability to learn and put them at risk for spreading illness to others. Please check your child for these symptoms:

	Temperature 100.4 degrees Fahrenheit;
	Sore throat;
	New uncontrolled cough that causes difficulty breathing or shortness of breath (for students with chronic allergic/asthmatic cough, a change in their cough from baseline);
	Diarrhea, vomiting, or abdominal pain;
	New onset of severe headache, especially with a fever;
	Loss of taste or smell.

SECTION 2: Close Contact/Potential Exposure

	Had close contact (within 6 feet of an infected person for at least 15 minutes) with a person with confirmed COVID-19**;
	Had close contact (within 6 feet of an infected person for at least 15 minutes) with person under quarantine for possible exposure to SARS-CoV-2**;
	Traveled to or lives/lived in an area where the local, Tribal, territorial, or state health department is reporting large numbers of COVID-19 cases as described in the Community Mitigation Framework

** Note: This is irrespective of whether the person with COVID-19 or the contact was wearing a cloth face covering or whether the contact was wearing personal protective equipment (PPE).

If your child answers “yes” to any of the questions above, please keep them home from school, contact the school office to report absences and call the school nurse to discuss symptoms, if needed. It is extremely important that you immediately report the results of a COVID-19 test so that we can take steps to protect our school community. Your family’s health conditions will be kept confidential, and they will only be used to take any appropriate and necessary steps to mitigate the spread of disease.